

When the educational psychologist has spoken with you they will check what you are happy for them to share with the adults.

However, if you tell the educational psychologist something which makes them think you may be in real danger, they may have to share this with another adult who can help. If you are not sure, you can ask the educational psychologist about this before you tell them anything.

If you have any questions about what the educational psychologist does:

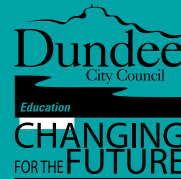
- Ask the teachers at school
- Ask your parent/carer
- Ask the educational psychologist when you meet them

The name of the educational psychologist in

is

## Comments Compliments or Complaints

Any comments about the Educational Psychology Service should be communicated first to the educational psychologist involved. Most concerns or complaints can be resolved at this level but, where this is not possible, the Principal Educational Psychologist should be contacted. The service will do all that it can to resolve problems. Where this has not proved possible then the matter can be referred to the Head of Support for Learning.



Dundee Educational Psychology Service  
St Ninian's Primary School  
Dochart Terrace  
DUNDEE DD2 4HB  
Tel: 01382 432980

[www.dundee.gov.uk/education/psychologydept](http://www.dundee.gov.uk/education/psychologydept)

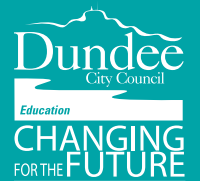
**We can provide this information in large print or in another format that meets your needs.**

Chinese	欲知詳情，請致電：01382 431563
Russian	Более подробную информацию можно получить позвонив по телефону: 01382 431563
Urdu	مزید معلومات کے لئے برائے مہربانی 01382 431563 پر فون کریں۔
Polish	po dalszą informację zadzwoń pod numer 01382 431563
Other formats	For more information please phone 01382 434503.



## Dundee Educational Psychology Service

Information for  
children, young people  
and their parents/carers



## ○ What is psychology?

Psychology tries to help us understand ...



## ○ What is an educational psychologist?

An educational psychologist is part of a team of people who work in schools and other places to support children and young people.

They are trained in psychology and use this to try to help people get on well at school.

## ○ Why has the educational psychologist been asked to help?

Sometimes things can be difficult at home or in school and the adults around try to help.

Usually the educational psychologist is asked to become involved because the adults want help to understand more about what might be happening and what might help things to be better.

## ○ What might the educational psychologist help with?

They help with things that make school better for you. Like when you:-

- Feel angry and upset
- Find school work difficult
- Are not getting on with friends or being bullied
- Feel unhappy at home or get into trouble

## ○ What will happen?

When the educational psychologist is asked to be involved they might do different things such as:

- Talk with people who know you well to find out more information
- Talk to you to hear what you think, maybe once or more often
- Spend some time in your classroom to see what sort of work you do
- Work on some games or other activities with you.

They might not do all the things on the list above; sometimes they might just do one or two.

Once the educational psychologist has collected more information they will talk with you and adults about what everyone can do next to help things to be better.

Often the educational psychologist will continue to talk with the people involved to see whether things are getting better. They are interested in finding out if what everyone is doing is working or if doing something different would be more helpful.

## ○ What will it be like to meet the educational psychologist?

The educational psychologist knows that sometimes it is hard to talk about what you are thinking or feeling.

The educational psychologist will want to help you feel as comfortable as possible.

They will take time to listen carefully to what you want to say.

