



# Reduce Reuse Recycle

An easy guide for  
Dundee householders

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# Reduce Reuse Recycle

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# Foreword

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There are many environmental issues facing us today including climate change, destruction of the rainforests and species facing extinction. Sometimes it feels as if there is little we can do to help. Looking at the way we deal with our waste is one of the ways that we can all make a positive contribution to protecting the environment.

Reducing, reusing and recycling our waste minimises the environmental damage that is caused by extracting fresh natural resources from the Earth. It can also reduce the pollution that is caused by manufacturing processes and waste disposal and it saves energy. All this helps prevent global climate change.

## Reduce

Consider whether you really need new items and if something is broken, see if it can be fixed rather than buying new.

## Reuse

If you don't want something any more try selling it or giving it to somebody who could use it.

## Recycle

If you have to throw it away because it is no use, recycle it if possible.

**Any other options are just rubbish!**

Dundee has consistently held one of the highest recycling rates in Scotland and new recycling facilities and schemes are being introduced to make recycling even easier.

This guide goes a step further and helps YOU find a home for things that would be wasted in your bin. This is an opportunity to ask everybody to help in the effort to improve our sustainability but new suggestions for improving future performance are very welcome. The citizens of Dundee have been terrific recyclers and now it has become even easier to reduce, reuse and recycle and help save the world.

Julie Sturrock

*Convener of Environmental Services and Sustainability*

# How to use this guide

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## **Reduce, Reuse, and Recycle**

pages 7 - 12

Provides more detail about what the three Rs mean

## **Materials A-Z**

pages 13 - 49

This section lists materials in alphabetical order and gives easy hints and tips about how you can **Reduce**, **Reuse** and **Recycle** your household waste. Some entries give more information about specific materials, and commercial information is also included in some entries. Many organisations have been listed, but space has limited the detail included under some headings. Where this is the case, you have been signposted to **Sort It** ([www.sort-it.org.uk](http://www.sort-it.org.uk)), and you can also contact Dundee City Council's Waste Management Dept on 01382 432777 or visit [www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle). Where a word is in **bold**, this is a cross reference to another entry in the guide.

## **Recycled Products**

page 50

A short overview of recycled products that are available in Dundee, and also further afield.

## **Residual waste journey**

page 52

This section helps you to see what happens to the waste which you don't reduce, reuse or recycle.

## **Useful contacts**

pages 53 - 57

Addresses and contact details for all organisations listed in the A-Z section, including more information on some of Dundee's charities and charitable bodies.

## **Recycling Centres & Points**

inside back cover

A map of the Centres & Points in Dundee, to help you find your nearest recycling facilities.

# Reduce



**Reducing** waste means not producing it in the first place. We often think that the best way to deal with our household waste is to recycle more, but whilst recycling is better than landfilling or burning waste, it's not the best solution. Recycling still means that lorries have to travel round the city, waste must be stored and bulked, and factories must be built to process and remanufacture the waste.

If we reduce the amount of waste we produce by putting into practice some of the ideas overleaf, we won't have to think about how to deal with it.

The important thing about reducing waste is that everyone's individual behaviour is important. Waste reduction means we make decisions before buying things – e.g. choosing items with less packaging, and only buying what is needed.

Reducing waste often saves money as well as the environment – most of us would object to paying for something which we're going to throw away!

# Reduce



## How can I reduce my waste?

**Repair** – make tools, furniture, soft furnishings, clothing and shoes last longer before you throw them away.



**Reject unwanted mail** – register with the Mailing Preference Service to reduce the amount of advertising mail delivered to your home.



**Use solar and mechanical power** – using equipment which is powered by renewable energy or mains electricity will reduce battery waste.



**Use services** – instead of buying new equipment or outfits which you may only require once, why not use hire services? Consider giving a voucher for a restaurant, theatre or beauty salon instead of a gift which would require wrapping.

# Reuse



If we can't reduce our waste, the next best thing is to try to **reuse** it – this means we make things last longer, or try to think of alternative uses for items that are no longer required.



Thinking creatively before throwing things away will often give you ideas about how to reuse waste at home – e.g. containers can be washed and refilled, rechargeable batteries can be used instead of single-use ones, packaging can be reused.



If you can't reuse your own waste, think about allowing someone else to use it – this may involve donating items in good condition to charity. Dundee has a wide range of charities that accept a huge variety of goods!

Buying goods second hand can often save money, and it also helps the environment. We sometimes forget that lots of the items we have at home can be sold to other people – this is a great way to reuse waste. Many things, including mobile phones, furniture, toys, CDs and DVDs can be sold at car boot sales, swap shops, or on internet auction sites.

# Reuse



## How can I reuse my waste?

**Avoid disposables** – buy products which can easily be reused. For example, try to buy washable plates, cups and cutlery (or hire them) for functions and parties, rather than using ones made from paper or plastic. Think about using modern washable nappies rather than disposable ones.



**Refill** – try to use household cleaning and beauty products which can be refilled instore or use refills which create less waste. Try to reuse juice and water bottles for taking drinks when playing sports, or going to work and school.

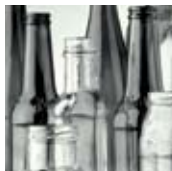


**Buy recycled** – by buying goods made from recycled materials, you are helping to “close the loop”. For more information, see page 50.

# Recycle



**Recycling** means using old materials to manufacture new products. If something can't be reused, then the next best thing is to recycle it. Recycling was a new concept a few years ago, but now most people in Dundee have kerbside recycling collections, or live near a Recycling Centre or Point.



Dundee City Council are committed to extending kerbside recycling collections and increasing the number of Recycling Centres and Points, which will make it even easier for residents of Dundee to recycle.



Recycling rates are rising across the whole of Scotland, but we still need to keep on improving to achieve government targets for the next 15 years. For more information about this, visit

**[www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle)**

Many materials can be recycled – most people know that waste paper is recycled into new paper, but did you know that your empty milk bottles can be recycled and made into fleece clothing?

There is a map at the back of this guide containing locations of Recycling Centres & Points.

# Discovery Compost



Garden waste can be recycled in your brown bin at the kerbside, or at Recycling Centres in Dundee.



This is collected, and transported to the Riverside Composting facility, where it is shredded, riddled and put in large piles called windrows. The windrows are turned regularly.



After approximately 9 months, your garden waste is turned into Discovery Compost. This is a high-quality alternative to peat-based products, and is available to purchase at Riverside.



Each windrow supports a vast array of tiny creatures which break down the waste. The temperature is carefully controlled to allow these creatures to thrive.

For more information, please visit [www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle) or phone 01382 432719.



# Materials



**Hints  
and  
tips on  
how to**

**Reduce**  
**Reuse**  
**Recycle**

## Aerosol cans

**Reduce** Use “trigger sprays”, or alternative products in packaging which can be recycled more easily, such as glass bottles or type 1  or type 2  plastic bottles.

**Dispose** These cannot currently be recycled in Dundee. Please dispose with your general waste.

## Aluminium cans

**Reduce** Use a refillable juice bottle.

**Recycle** These can be recycled at almost all Recycling Points & Centres throughout Dundee (see page 58). Check whether cans are steel or aluminium by using a magnet – aluminium doesn’t stick to magnets.

**Did you know...?** Aluminium is one of the easiest materials to recycle. Making an aluminium can from recycled cans takes about 5% of the energy required to make a can from raw materials – and it helps save the earth’s resources.

Dundee City Council runs a “cash for cans” scheme. You will get 40p per kilo of cans collected – why not set up a collection for your school, office or community group? For more information, visit [www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle) or phone the Waste Management Dept (see page 54).

## Aluminium foil

**Reduce** Reduce the amount of aluminium foil you use by storing food in reusable containers. You could also use washable non-stick sheets in the grill or oven to avoid using foil – these sheets are available from many local cookshops and hardware stores. If you need to use foil, try to use only the minimum amount required.

**Reuse** Clean pieces of foil can be reused in the kitchen or for arts and craft activities.

**Recycle**

Aluminium foil can be taken to Tayside Recyclers (see page 53). It will be recycled into aluminium products such as car components.

**Asbestos**

Asbestos has to be removed by a licensed contractor. Check the Yellow Pages under "Asbestos Removal".

**Ash**

**Reduce**

Wood ash can be mixed into a home compost bin (see **Home composting**).

**Dispose**

Cold ash can be disposed of with your general waste.

**B**

**Bags**

See **Plastic bags**

**Batteries**

See also **Car batteries**

**Reduce**

You can reduce the number of batteries you use by using mechanical power (e.g. wind-up radios and torches, or toys that do not require batteries), solar power (e.g. garden lights) and mains power. Suppliers of mechanical and solar-powered products are listed on **Sort It**. Remember to switch off battery-powered appliances when not in use.

**Reuse**

Using rechargeable batteries helps you to avoid disposables. See **Sort It** for a list of local suppliers.

**Recycle**

Most jewellers will accept used silver oxide (button cell) batteries for recycling. Please check before depositing your batteries. Dead rechargeable batteries can often be recycled by returning them to the manufacturers – please check **Sort It**.

**Did you know...?** Batteries are made from composite materials. This is why they are difficult to recycle. For more information on batteries please visit **Sort It**.

## Bed linen

See also **Clothes & textiles**

### Reuse

Starter Packs Dundee, the Carolina House Trust, most charity shops, and Tayside Recyclers accept donations of bed linen in good condition (see page 53).

### Recycle

Clean bed linen can be recycled via the Clothes & Textiles Points at Recycling Centres & Points in Dundee.

**Did you know...?** Starter Packs Dundee are a voluntary organisation who make up packs for people who are given tenancy of a house or flat but do not have access to basic household goods. Each "Starter Pack" contains a variety of small household items - clean bed linen in good condition is always welcome (see page 53 for contact details).

## Beds

See **Furniture, Mattresses**

## Bicycles

### Reduce

See if your bike can be repaired before replacing it. Stores supplying parts and repair services are listed in the Yellow Pages – check under "Cycle Shops", or visit **Sort It**.

### Reuse

Consider buying or selling your bike **Second hand**, or donating it to Tayside Recyclers or a charity shop.

### Recycle

Unwanted bikes can be taken to Recycling Centres in Dundee. Bikes in good condition are reclaimed and refurbished. Bikes in poor condition are recycled with scrap metal.

## Books

- Reduce** Consider joining your local library – membership is free. Try downloading books or chapters of books from the internet to your computer to avoid unnecessary printing (e.g. [www.amazon.co.uk](http://www.amazon.co.uk), [www.ebooks.com](http://www.ebooks.com)).
- Reuse** Try buying or selling **Second hand**, or donating to one of the charitable organisations listed on page 56, schools or local libraries.
- Recycle** There are a number of Books & Music Recycling Points in Dundee. Paper-backed books can be recycled in your blue bin. If you have hard-backed books that cannot be reused, please remove the covers, and recycle pages only. Cardboard covers can be recycled in Cardboard Recycling Points.

## Bottles & jars

See **Glass, Plastic bottles**

## Bric-a-brac

See also **Bed linen, Crockery & cutlery, Curtains**

- Reuse** Many charity shops, the Carolina House Trust and Tayside Recyclers accept donations of general household goods (e.g. ornaments), which they will re-sell. Alternatively, why not try selling items **Second hand**?

## Bulky goods

See also **Electrical & Electronic equipment, Fridges & freezers, Furniture**

- Reuse** Tayside Furniture Project and the Carolina House Trust accept donations of most bulky household goods in good condition. Tayside Recyclers will accept donations of almost all bulky household items, even if they are in need of repair (they usually have a wide range of spare parts for many appliances – drop in to see if they have what you require!). See page 53 for contact details.

## Recycle

Items made entirely from wood or metal may be recycled via the Wood or Scrap Metal Points at Recycling Centres (see page 58).

## Dispose

Bulky domestic goods which are not suitable for reuse can be taken to your local Recycling Centre for disposal.

Dundee City Council offers a Special Collections service for a small charge (see page 54 for contact details).

**Did you know...?** The Carolina House Trust is a charitable organisation based in Dundee. They offer support and training to children and young people, and run a furniture project to help young people make the transition to independent living. Donations of most household goods are gratefully accepted. See page 54 for contact details.

## Buy recycled

See **Recycled Product** section – page 50.



## Cans

See **Aluminium cans, Steel cans**

## Car batteries

**Recycle** All of the Recycling Centres in Dundee accept car batteries for recycling. These will be dismantled and the components reused.

## Cardboard

**Reduce** Choosing products with less packaging can reduce your cardboard waste. See also **Home composting**.

**Reuse** Schools and children's groups may be able to reuse cardboard boxes, toilet roll tubes etc. for craft activities.

**Recycle** You can recycle cardboard (e.g. cereal packets, kitchen roll tubes, corrugated cardboard) at almost all Recycling Centres & Points in Dundee (see page 58).

For more information on commercial cardboard recycling collections, contact the Waste Management Dept on 01382 432781.

## Cards

See also **Postcards**

**Reduce** Reduce the number of greetings cards you use (and save postage) by sending free electronic greetings cards on the internet, e.g. [www.birthdayalarm.com](http://www.birthdayalarm.com), [www.foe.org.uk/cards](http://www.foe.org.uk/cards)

**Reuse** Primary schools or children's groups may accept donations of card for craft activities. See page 50 for information on purchasing greetings cards and craft papers made from recycled material.

**Recycle** Greetings cards and other thin card can be recycled via your kerbside paper collection and at Recycling Points & Centres. During January, WHSmith and Tesco often collect Christmas cards in conjunction with the Woodland Trust - see in stores for details.

## Carpets & rugs

See also **Furniture**

### Reuse

Unwanted new carpet or clean rugs in good condition can be donated to the Tayside Furniture Project. The Carolina House Trust may also accept donations of carpets and rugs (see page 53).

### Dispose

Carpets unsuitable for reuse cannot be recycled in Dundee – dispose of these in the mixed waste skips at Recycling Centres.

## Carrier bags

See **Plastic bags**

## Cartridges

See **Printer, fax & photocopier cartridges**

## CDs & tapes

### Reduce

Consider borrowing CDs and tapes from your local library rather than buying them. Visit [www.dundee.gov.uk](http://www.dundee.gov.uk) or phone 01382 431500 to find out where your nearest library is. Music tracks can be downloaded from various websites, including [www.virgin.net](http://www.virgin.net), [www.tescodownloads.com](http://www.tescodownloads.com), [www.gogettem.com](http://www.gogettem.com) Why not consider getting a scratched CD repaired? This is much cheaper than replacing CDs and allows you to reuse them. One company which does this is Scratchbusters (see page 56 for details).

### Reuse

Buy and sell music **Second hand**. Some local stores also operate music exchanges (check the Yellow Pages under “Record, CD and Tape Retailers”). You can donate your CDs and tapes to many charity shops. Libraries may also accept donations.

### Recycle

There are Books & Music Points at some Recycling Points & Centres in Dundee (see page 58).

CDs and their plastic cases (please remove paper inserts) can be

recycled by sending them to Polymer Reprocessors (see page 55). These are recycled into a variety of products including light fittings, coat hangers and artificial “wood” garden furniture.

## Christmas

### Reduce

Waste produced at Christmas can be reduced by buying gifts that don't require wrapping, e.g. experiences or vouchers for a restaurant, theatre or beauty salon. You could consider giving a charity-based gift (see websites such as [www.greatgifts.org](http://www.greatgifts.org), [www.oxfamunwrapped.com](http://www.oxfamunwrapped.com), [www.worldlandtrust.org](http://www.worldlandtrust.org)). Consider sending electronic cards (see example websites listed under **Cards**), and choosing products with minimal packaging. Shredded Christmas trees can be added to a home compost bin (see **Home composting**).

### Reuse

Store decorations and good pieces of wrapping paper for reuse. Consider buying a synthetic reusable Christmas tree, or a real tree which can be planted out and used again next year. Sell unwanted gifts or donate to a charity shop. See page 56 for a list of charity shops in Dundee. Try to buy gifts and cards made from recycled materials (see page 50) – you might be surprised at the wide range of recycled gifts available!

### Recycle

Wrapping paper and Christmas cards can be recycled via your blue bin or at Recycling Centres & Points. Tesco and WHSmith often collect cards in January in conjunction with the Woodland Trust. Recycle your real Christmas tree in January by phoning the Waste Management Dept (see page 54). Uplift is free and your tree will be recycled into **Discovery Compost**.

## Clothes & textiles

### Reduce

Consider mending clothes before discarding them. In Dundee many dry cleaners and tailors will repair or alter clothes and soft furnishings. Check the Yellow Pages under “Tailors – Repairs and Alterations” or visit **Sort It** for more information.

**Reuse**

Many charity shops and charitable organisations accept donations of clothes and other textiles (e.g. soft furnishings, tablecloths) in good condition.

Try thinking of someone you could give unwanted clothes to, or cut them up to make something else (e.g. dusters, patches, other clothes).

**Recycle**

Clean and dry clothes, shoes and textiles (i.e. anything made of fabric) can be placed in the Clothes & Textiles Points at Recycling Centres & Points throughout Dundee. Textile Points are owned and emptied by Nathan's Waste Savers. Clothes and shoes are sorted – those which are suitable for reuse are either sold in charity shops or sent to developing countries. Those which are not suitable for reuse are shredded and manufactured into industrial cleaning cloths.

**Coins**

**Reuse**

Help the Aged collect donations of unwanted foreign currency at their shops. For large quantities, they will arrange a collection from you (see page 55).

**Compost**

See **Discovery Compost, Home composting**

**Computers**

See **IT equipment**

**Cooking oil**

See **Oil (vegetable/cooking)**

**Corks**

See also **Home composting**

**Recycle**

Corks can be recycled at Marchbanks Recycling Centre.

**Craft materials**

See **Scrapstores, Recycled Product** section (page 50)

## Crockery & cutlery

- Reduce** Avoid disposable plates and crockery for functions, parties, etc. Many caterers will supply crockery, or you could hire catering equipment (see the Yellow Pages under “Caterers” and “Catering Equipment Suppliers”). Many supermarkets in Dundee also offer a free glass-hire service – enquire at supermarkets for details. Some off-licences also offer this service. See **Sort It** for more information.
- Reuse** You can donate small household items (e.g. cutlery, crockery, utensils) to Starter Packs Dundee and the Carolina House Trust. They will be sorted and given to people with new tenancies in Dundee. See page 53 for more information.

## Curtains

See also **Clothes & textiles**

- Reuse** Starter Packs and the Carolina House Trust are always keen to receive donations of clean curtains and other soft furnishings (see page 53). Charity shops may also accept donations.
- Recycle** Curtains which cannot be reused can be placed in Textile Recycling Points (see page 58).



## Discovery Compost

**Did you know...?** Garden waste is collected from brown kerbside bins and Recycling Centres in Dundee, and transported to the Riverside Composting Site. It is then shredded, windrowed and riddled. About 9 months later, your garden waste will be turned into Discovery Compost – a high-quality alternative to peat-based products, available for the public to purchase. For more information, please telephone 01382 432719 or visit [www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle)

## Disposable cups

See **Plastic cups**

## DIY

See also **Tools**

### Reduce

Try to reduce waste from DIY projects by using materials which will last for a long time and can be reused. You could also consider minimising use of products which are not easy to reuse or recycle. Consider using screws instead of nails, which makes things easier to reuse!

### Reuse

Consider using reclaimed timber or salvaged materials for a DIY project at home. Visit [www.salvo.co.uk/Tayside/index.html](http://www.salvo.co.uk/Tayside/index.html) or [www.smartwaste.co.uk](http://www.smartwaste.co.uk) to search for reclaimed building products and salvage yards in your area.

### Recycle

Wood which cannot be reused can be placed in the Wood Points at Recycling Centres in Dundee (see page 58).

**Did you know...?** A "Design Guide" is available to download free from [www.seda2.org](http://www.seda2.org), which helps you to design building projects to minimise waste.



## Drinks cans

See **Steel cans, Aluminium cans**

## DVDs & videos

### Reduce

To save buying films, why not hire or borrow them from libraries or a friend? You could think about setting up a video/DVD club at school or work to allow you to share with other people. Many films can be downloaded on to recordable DVDs or videotapes, or purchased via “pay-per-view”, helping you avoid packaging. Why not consider getting a scratched DVD repaired? This is much cheaper than replacing DVDs and allows you to reuse them. One company which does this is Scratchbusters (see page 56).

### Reuse

Most blank videotapes can be reused to record programmes/films many times without wearing out. Think about donating your unwanted films to charity shops, or depositing them at a Books & Music Recycling Point. Consider buying **Second hand**. Try trading in your unwanted DVDs and videos at hire shops – e.g. Blockbuster stores will buy used films.

## Egg Boxes

See also **Home composting**

**Reduce** Buy eggs in cardboard boxes rather than plastic or polystyrene packaging which cannot be recycled.

**Reuse** Cardboard egg boxes can be used as seed pots – these boxes are biodegradable, so once the seeds have grown they can be planted straight into the garden.

Reuse egg boxes to carry eggs home when purchased from shops or markets that sell eggs loose, or children's groups may accept donations for craft activities.

**Recycle** Cardboard egg boxes can be recycled at most Recycling Centres & Points in Dundee (see page 58).

## Eggshells

See also **Home composting**

**Reuse** Crushed eggshells can be put around the base of flowers and plants in order to deter slugs and snails.  
Please do not put eggshells in your brown bin.

## Electrical & electronic equipment

See also **Fridges & freezers, IT equipment**

**Reduce** A wide variety of electrical equipment (e.g. vacuum cleaners, televisions, microwaves) can be repaired. See **Sort It** or the Yellow Pages for local repair services.

**Reuse** The Tayside Furniture Project accepts donations in good condition (generally less than three years old), which they will pass on to disadvantaged people. Starter Packs Dundee are keen to receive donations of small household electrical items (such as kettles and irons) which are in good condition. The Carolina House Trust and Tayside Recyclers also accept many electrical items. For information and contact details of these organisations please see page 53.

Some charity shops will accept small electrical items in good working order. Please check with them before delivering items. Consider buying **Second hand**.

## Dispose

Electrical goods which are not suitable for repair or reuse can currently be deposited in the general waste skip at Recycling Centres.

**Did you know...?** The “Waste Electrical and Electronic Equipment Directive” is a piece of European legislation that may soon have an impact on the way we dispose of this type of waste. For the most up to date information of how this applies to you as a householder or business, visit [www.wasteawarescotland.org.uk](http://www.wasteawarescotland.org.uk), [www.dundeeccity.gov.uk/recycle](http://www.dundeeccity.gov.uk/recycle) or phone 01382 432777.

## Energy

The Dundee Energy Efficiency Advice Project (DEEAP) provides free advice to Dundee householders to help save money on fuel bills and make homes easier to keep warm. See page 55 for their contact details.

**Did you know...?** Recycling saves energy – making new bottles from recycled glass uses much less energy than making them from raw materials. Recycling two glass bottles saves enough energy to boil water for five cups of tea. Of course, reducing and reusing waste saves even more energy!

## Engine oil

See **Oil (mineral/engine)**

## Envelopes

## Reduce

Reduce envelopes by rejecting **Unwanted mail**. Consider whether you could send an e-mail to save both paper and envelopes.

**Reuse**

Re-use labels for envelopes are available from stationers and some of the suppliers in the **Recycled Product** section on page 50. Try to remember to reuse internal mail envelopes at work, or use old envelopes as scrap paper.

**More info**

Envelopes cannot currently be recycled in Dundee as the adhesive causes problems for the reprocessors.

**F**

**Fluorescent light tubes**

**Recycle**

These can be taken to Recycling Centres (see page 58). The bulbs are processed and broken down into their component parts which are sent for recycling. Please do not put light bulbs in Glass Recycling Points.

For more information on commercial recycling collections please contact the Waste Management Dept on 01382 432781.

**Fly-tipping**

If you see someone disposing of waste illegally, make a note of the details and phone the Dumb Dumpers Stopleveline on 08452 30 40 90.

**Foil**

See **Aluminium foil**

**Food cans**

See **Aluminium cans, Steel cans**

**Food waste**

See also **Home composting**

**Reduce**

When purchasing food try to judge the quantity required to avoid waste if possible, and save leftovers for the next day or freeze to eat later.

Please do not put any food or kitchen waste in your brown bin.

## Fridges & freezers

See also **Electrical & electronic equipment, Second hand**

**Reduce** Faults with fridges and freezers can often be repaired – see Yellow Pages under “Refrigerator Repairs”.

**Reuse** Tayside Recyclers are able to take some fridges and freezers, and the Furniture Project will take items less than 3 years old. See page 53 for contact details.  
Consider buying a fridge/freezer **Second hand** or selling your old one.

**Recycle** Fridges and freezers can be taken to your local Recycling Centre. Components will be reused or recycled.  
Household and commercial fridges can be uplifted by Special Collections (see page 54).

## Furniture

See also **Office furniture**

**Reduce** Visit [www.thefurnitureproject.org.uk](http://www.thefurnitureproject.org.uk) for handy tips on how to prevent furniture getting damaged.  
Try to get furniture repaired or reupholstered rather than replacing it. Check the Yellow Pages under “Furniture Repair and Restoration”.

**Reuse** Unwanted furniture in good condition can be donated to the Tayside Furniture Project or the Carolina House Trust (see page 53). Tayside Recyclers and second hand dealers may also accept furniture. Buying **Second hand** furniture is often a great way to get quality items at good prices, at the same time as being good for the environment. Try visiting Tayside Recyclers or look in the Yellow Pages under “Furniture - Secondhand”.

**Recycle** If furniture is entirely made of wood or metal it can be placed in the wood or scrap metal skips at Recycling Centres.

**Did you know...?** The Tayside Furniture Project (Dundee) is a charitable organisation that collects furniture in good condition and distributes it to needy people who are referred to them by one of 89 referring agencies. They helped over 700 individuals and families in Dundee who needed furniture last year. For more information on furniture projects, visit [www.morethanfurniture.org.uk](http://www.morethanfurniture.org.uk)

## Games

### Reuse

Computer games can be bought and sold **Second hand**, or traded in at many shops (see Yellow Pages under "Computer Games" for details). Why not trade or swap them with your friends? Board games can be donated to charity shops or Tayside Recyclers.

## Garden waste

See also **Discovery Compost, Home composting**

### Recycle

Garden waste (e.g. flowers, grass clippings and hedge trimmings) can be recycled in your brown kerbside bin or at Recycling Centres in Dundee. Please do not put kitchen waste, food waste or any other materials into your brown bin. For more information, please call the Waste Management Dept (see page 54).



## Gas cylinders

**Reuse** Gas cylinders can usually be refilled – check the Yellow Pages under “Bottled Gas and Equipment”.

**Recycle** Please return unwanted gas cylinders to the original supplier. Gas bottles deposited at Recycling Centres in Dundee will be returned to suppliers.

## Glass

See also **Fluorescent light tubes, Light bulbs, Spectacles**

**Reuse** Wash and refill glass jars (e.g. for jam-making) or use for a craft activity.  
Some household milk deliveries are still made in returnable glass bottles – consider using this type of service.

**Recycle** You can recycle all glass bottles and jars at your local Glass Recycling Points. Please do not put sheet glass, light bulbs, drinking glasses or Pyrex in Glass Recycling Points, as they cannot be recycled by the same process.

**Did you know...?** Glass is collected from Recycling Points & Centres and commercial premises in Dundee. The colours are kept separate, and the glass is taken to a factory where it is crushed and cleaned. The small pieces are called “cullet”. This is then melted at very high temperatures (around 1500° C), and is used to manufacture new bottles and jars.  
Recycling glass uses less energy than making brand new glass – 587,000 tonnes of glass were recycled in 2001 in Britain, saving as much energy as it takes to launch 10 space shuttle missions!

For more information on commercial glass recycling in Dundee, please phone 01382 432781.

## Glasses

See **Spectacles**

## Hazardous waste

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For more information on disposal please phone the Waste Management Dept (see page 54).

## Hearing aids

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### Reuse

You can send any unwanted (non digital) hearing aids to Help the Aged (see page 55).

These are cleaned and tested before being sent to India where they are distributed and fitted by HelpAge India.

## Home composting

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See also **Wormeries**

Please note, this applies to home composters, not your brown garden waste kerbside recycling bin.

### Reduce

You can reduce the amount of waste you throw away and produce a useful end product for your garden by purchasing or making a home compost bin. These are available at many local garden centres and hardware stores.

In your home composter, you can compost a variety of kitchen waste and garden waste, including coffee & tea, egg shells, flowers & plants, grass, hedge trimmings, leaves, sawdust, cork & bark, fruit & vegetables, cardboard, paper, and items marked "biodegradable".

If you want to compost meat, fish, cooked food and dairy products you are advised to use a Green Cone or Green Johanna (see page 55).

Eggshells contain lime and can be crushed and added to your home compost bin or wormery to reduce acidity and balance pH.

You can find out more information about composting by visiting the Home Composting section of the Waste Aware Scotland website at [www.wasteawarescotland.org.uk](http://www.wasteawarescotland.org.uk)

**Recycle**

You can recycle your garden waste only in your brown wheelie bin or by taking it to your local Recycling Centre. Your garden waste is turned into **Discovery Compost**.

**IT equipment**

See also **Electrical & electronic equipment, Second hand**

**Reduce**

Computers can be repaired by many companies and organisations in Dundee – check the Yellow Pages under “Computer Maintenance”.

You could consider leasing or renting equipment rather than purchasing it (see Yellow Pages under “Computer Leasing and Rental”).

**Reuse**

Tayside Recyclers accept computer equipment for refurbishment and reuse. They and many other outlets in Dundee sell used IT equipment (see Yellow Pages under “Computer Services”).

**Recycle**

Computer Recycling Services in Dryburgh Industrial Estate refurbish and recycle unwanted computer equipment (see page 54).

Hard drives of computers can be wiped to ensure confidentiality and allow re-sale of equipment (check Yellow Pages for companies offering this service).

**J**

**Jars**

See **Glass**

**Junk mail**

See **Unwanted mail**

## **Kerbside recycling**

For more information about commercial or domestic kerbside recycling schemes available in your area, please phone the Waste Management Dept (see page 54) or visit [www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle)

## **Kitchen foil**

See **Aluminium foil**

## **Kitchen waste**

See **Home composting**

# L

## **Lawnmowers**

See **Tools**

## **Leaves**

See **Garden waste**

## **Light bulbs**

See also **Fluorescent light tubes**

### **Reduce**

Use energy-saving light bulbs which last longer.  
Please do not put light bulbs in Glass Recycling Points.

## Magazines

- Reduce** Try changing magazine subscriptions to receive an electronic version, read online or cancel subscriptions that are no longer required.
- Reuse** Consider sharing a magazine subscription with a friend. Many charity shops, libraries, dentists, doctors, and hospital waiting rooms will accept donations of recent issues.
- Recycle** Magazines, plus any loose-leaf inserts and flyers that come with them can be recycled via your kerbside paper recycling service, or Paper Recycling Points.

## Mattresses

See also **Furniture**

- Reuse** Tayside Furniture Project and the Carolina House Trust accept donations of clean mattresses in good condition. See page 53 for more details.
- Dispose** Mattresses which are not suitable for reuse can be taken to Recycling Centres for disposal.

## Metal

See **Scrap metal**

## Mobile phones

- Reduce** Consider whether you need to replace or upgrade a phone – maybe you could keep using your existing one. Consider getting a broken mobile repaired rather than replacing it.
- Reuse** Consider giving away or selling your old mobile (see **Second hand** for ideas about how to do this). A wide range of organisations and charities accept donations that they can refurbish and resell.
- Recycle** Check [www.envocare.co.uk](http://www.envocare.co.uk) for a list of charities and organisations who will recycle unwanted mobile phones.

## N

**Music**

See **CDs & Tapes**

**Nappies****Reuse**

Modern washable nappies are a great alternative to disposables. For more information about Dundee Real Nappy Project, e-mail [real.nappies@dundeecity.gov.uk](mailto:real.nappies@dundeecity.gov.uk) or telephone 01382 432720.

**Newspaper****Reduce**

Most national and local newspapers are now available to read free online, and free internet access is available at local libraries. Consider cancelling subscriptions if they are no longer required.

**Reuse**

Use old newspapers for animal bedding or craft activities.

**Recycle**

Newspaper can be recycled in your kerbside paper collection or at Paper Recycling Points (see page 58).

## O

**Office furniture**

See **Furniture**

**Reuse**

Tayside Furniture Project will accept donations of some office equipment in good condition. Tayside Recyclers will also accept office furniture. Consider visiting them or a second-hand dealer if you require new office furniture.

**Oil (vegetable/cooking)****Reduce**

Consider using spray oils or dry frying to reduce waste (and your waistline!).

**Reuse**

Filter and reuse oil for deep-fat frying.

**Recycle**

Oil is accepted at all Recycling Centres in Dundee. This will go through a cleaning process and be used for fuel.

Please do not pour oil down any drain.

**Oil (mineral/engine)**

**Recycle**

Oil is accepted at all Recycling Centres in Dundee. Please do not pour oil down any drain.

**P**

**Packaging**

See also **Cardboard, Paper, Plastic bags**

**Reduce**

Try to choose products which are not over-packaged, and buy loose products (e.g. fruit and vegetables) whenever possible.

**Reuse**

Keep packaging to reuse at home. Some local charities may accept bubble wrap or other packaging to reuse in shops.

**Recycle**

Choose products with recyclable packaging e.g. cardboard and paper. These can be taken to Recycling Centres & Points throughout Dundee, and paper packaging can be recycled via your kerbside paper collection.

**Paint**

**Reuse**

Store pots of open paint carefully so they will be suitable to use for retouching paintwork.

Some community groups or theatre groups may be happy to accept donations of paint in good condition.

**Dispose**

Paint cannot currently be recycled in Dundee. This may change in the future – check [www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle) or phone 01382 432777 for the most up to date information. Unwanted paint can be deposited at Marchbanks Recycling Centre for safe disposal.

Please do not pour paint down any drain.

## Paper

See also **Home composting, Recycled Product** section on page 50

### Reduce

Cut down on paper use by only printing necessary documents and e-mails. Print double-sided wherever possible, and try setting default print settings on your computer to minimise paper waste.

### Reuse

Consider using real towels or handkerchiefs instead of paper towels/tissues. If you have to use paper towels, use as few as possible.  
Use both sides of paper – you could make a jotter by stapling a few pieces together. Use scrap paper for printing drafts.  
Use recycled paper – this is available from many stationers and supermarkets in Dundee.  
Shredded paper can be used for packaging or animal bedding.

### Recycle

Paper, including newspapers, magazines, catalogues, brochures, junk mail, office-type paper, telephone directories, Yellow Pages and wrapping paper can be recycled via your kerbside recycling service, or at Recycling Centres & Points throughout Dundee (see page 58).

### More info

Envelopes cannot currently be recycled in Dundee.

**Did you know...?** On average, one-fifth of the waste in your bin is paper that can be recycled. This means that each year, Dundee produces around 28,000 tonnes of paper which could be recycled. Recycling paper saves trees, water and energy, reduces air pollution and reduces the need for landfill and incinerators. After paper is collected for recycling it is bulked and sent to a paper mill where it is de-inked and pulped. The pulp is manufactured into new paper products like newspaper, egg boxes and paper packaging, which can be recycled again.

For commercial paper recycling collections, phone 01382 432781.

## Pesticides

Call the Waste Management Dept on 01382 432777 for information on how to dispose of these safely.

## Plastic bags

### Reduce

Use hemp or washable cloth bags for shopping so you can refuse unnecessary plastic carrier bags in shops (See **Sort It** for a list of suppliers). Try the "SNUB" technique (Say No to Unwanted Bags)!

### Reuse

Take bags with you when you go shopping, or buy a "bag for life" from supermarkets. Some supermarkets offer a penny back when you reuse a carrier bag in their stores.

### Recycle

Plastic bags are collected for recycling by some supermarkets in Dundee. Check with your local store to see if they participate.

**Did you know...?** There are many different types of plastic, used for many different purposes. Only some of these can currently be recycled in Dundee. For more information on recycling plastics, visit the Recoup website ([www.recoup.org](http://www.recoup.org)) which contains lots of information about the different plastic types and why some are much more difficult to reprocess than others.

## Plastic bottles – types and

### Reduce

Try to buy products in large sizes or concentrates to minimise packaging waste. Use alternatives such as glass bottles, which are more readily recyclable.



### Reuse

Buy products which can be refilled with the same products in store or using sachets which generate less waste. See **Sort It** for stores selling refillable products in Dundee.

Reuse juice and water bottles to take to work or school. Think about other ways to reuse bottles, e.g. cut up used bottles for mini-cloches in the garden to protect tender plants from slugs.

## Recycle

Plastic bottles can be recycled at some Recycling Points and all Recycling Centres in Dundee (see page 58).

Look on the bottom, side or label of plastic bottles for the  and  symbols – if bottles do not have these symbols, please dispose of them with your general waste.

These are recycled into various products, such as traffic cones, garden furniture and fleece clothing.

## Plastic cups

## Reuse

Use washable glasses/cups or a refillable water bottle where possible.

Try using disposable cups for an arts and craft activity.

## Recycle

Save-a-cup recycle type 6 plastic cups (see page 55).



These are recycled into a variety of products including stationery.

## Plastic film

## Reduce

Try avoiding products wrapped in this type of packaging if possible. Store food in reusable containers.

## Recycle

Polythene wrap that is made from type  or type  plastic can be recycled by sending it to Polyprint. If the wrap has no symbol, try stretching it. If it stretches, it's probably polythene and can be recycled. If it snaps or doesn't stretch, it's likely to be PVC or cellophane, which this company cannot recycle (for contact details see page 55). Please note that the company cannot recycle polythene which is marked as "biodegradable" (see **Home composting** for biodegradable film).

## Polystyrene

See also **Plastic cups**

## Dispose

Polystyrene cannot currently be recycled in Dundee. Please dispose with your general waste.

**Postcards**

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**Reuse** Used and unused postcards can be donated to many charities, including Actionaid (see page 54).

**Printer, fax & photocopier cartridges**

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**Reduce** Try to avoid unnecessary printing and photocopying, and set your printer/copier settings to minimise ink waste (use the “quick print” or “economy” settings).

**Reuse** Consider purchasing recycled or refilled cartridges (for a list of suppliers, visit [www.envocare.org.uk](http://www.envocare.org.uk)).  
 Most printer, fax and photocopier cartridges are refillable – you can refill these yourself at home (refill kits are available from many stationery shops in Dundee), take or send them to a shop where they can be refilled (see **Sort It**), or donate them to charity (for a list of charities accepting donations, visit [www.envocare.org.uk](http://www.envocare.org.uk)).  
 Used cartridges will be refilled and resold, helping charities generate income.

**R**

**Rags**

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See **Textiles**

**Rechargeable batteries**

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See **Batteries**

**Recycled products**

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For more information on where you can buy recycled products, see page 50.

**Refrigerators**

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See **Fridges & freezers**

## Scrap metal

### Recycle

All scrap metal, including steel cans, can be taken to the Recycling Centres in Dundee to be recycled. Alternatively, scrap metal may be taken to a local merchant – see the Yellow Pages for a list of local Scrap Metal Merchants.

## Scrapstores

### Reuse

Scrapstores are growing in popularity around the UK. In Dundee, Tayside Recyclers run one from their premises (see page 53). A wide and changing range of materials is available, including paper, cardboard, paint, packaging materials and timber.



## Second hand

See also **Bicycles, CDs & tapes, Clothes & textiles, DIY, DVDs & videos, Furniture, IT equipment, Scrapstores**

Buying previously used items allows you to reuse waste, and can be a great way of finding a bargain! There are a variety of different ways of doing this, including:

**Auctions** – check the Yellow Pages under “Auction Rooms”, or try one of the many online auction sites, such as [www.ebay.co.uk](http://www.ebay.co.uk)

**Car boot sales** – check local press and poster sites for information about regular or occasional sales in Dundee.

**Small ads/classifieds** – the Courier and the Evening Telegraph in Dundee both carry small ads each weekday.

**Advertisement boards** – at local shops, Post Offices and supermarkets.

**Charity shops** – accept donations of most household goods, bric-a-brac, clothes and shoes in good condition. These are then available to the general public to purchase, and the charity makes money for their work. See page 56 for charities and charitable organisations in Dundee.

**Websites** – these are becoming more widely used as a method of swapping and exchanging unwanted goods. A “Freecycle” group, which allows people to find a new home for their unwanted goods has recently been established in Dundee – see [www.freecycle.org](http://www.freecycle.org) for more details, and sign up to take part!

## Shoes

**Reduce** Several stores in Dundee repair shoes (including soles and heels). Look in the Yellow Pages under “Shoe Repairs” or visit **Sort It**.

**Reuse** Consider buying **Second hand**.

**Recycle** Pairs of shoes in good condition may be tied together and placed in the Textile Recycling Points in Dundee (see page 58).

## Sort It

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Sort It is a web-based tool maintained by Waste Aware Scotland which contains lots of local information about how you can reduce and reuse your household waste – for more information, visit [www.sort-it.org.uk](http://www.sort-it.org.uk)

## Spectacles

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### Reuse

Take unwanted spectacles in good condition to most opticians (check with your optician) or Marchbanks Recycling Centre. These will be graded and sent to developing countries.

## Stationery

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See also **Recycled Product** section on page 50

### Reuse

Use refillable pens and pencils – these are available at most stationers.

Reuse stationery wherever possible – e.g. folders and files.

Consider an annual “stationery amnesty” in your office, to clear desk space and return items suitable for reuse to the stationery cupboard!

## Steel cans

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### Reduce

Some soft drinks are packaged in steel cans. As an alternative, consider using a refillable bottle.

### Recycle

Steel cans can be recycled with scrap metal at Recycling Centres. Please do not place them in Aluminium Can Recycling Points.

**Did you know...?** When residual waste from Dundee homes goes to DERL waste-to-energy plant in Baldovie, an electro-magnet removes all the ferrous metal, including steel. This is then sent to a scrap metal dealer, and is eventually melted down and recycled into new steel products.

**Tapes**

See **CDs & tapes**

**Telephone directories**

See also **Paper**

**Recycle**

These can be recycled via your kerbside paper collection or at Paper Recycling Points (see page 58).

**Telephones**

See also **Mobile phones**

**Reuse**

Buy (or sell) **Second hand** – e.g. auctions, small ads, car boots. Retro phones are surprisingly popular! Donate your unwanted telephones in good condition to Tayside Recyclers (see page 53).

**Recycle**

Recycle your unwanted BT telephone by contacting BT on 0800 800 150 – they will send you a freepost bag in which to return your phone.

**Textiles**

See **Clothes & textiles**

**Timber**

See also **DIY**

**Reuse**

Reuse timber for DIY projects or pass it on to someone else who can use it. Unwanted wood can be donated to Tayside Recyclers, and they also have second hand timber available to purchase.

**Recycle**

Timber that is unsuitable for reuse can be taken to any Recycling Centre in Dundee, and placed in the Wood skip.

## Tin foil

See **Aluminium foil**

## Tins

See **Aluminium cans, Steel cans**

## Toner cartridges

See **Printer, fax & photocopier cartridges**

## Tools

**Reduce** If you only need power tools occasionally, they are available to hire from various stores in Dundee. See the Yellow Pages under "Hire Services" or visit **Sort It**.

**Reuse** Unwanted tools and garden equipment can be donated to Tayside Recyclers. Consider buying or selling tools **Second hand**. The Tayside Furniture Project accepts donations of manual and electrical tools in good condition. See page 53 for more information and contact details.

**Recycle** Tools which are unsuitable for reuse and are made entirely from wood or metal can be recycled at Recycling Centres in the Wood or Scrap Metal skips.

## Trees

See **Christmas, Garden waste**

## Tyres

**Reduce** Maintain tyres regularly to reduce wear – poor maintenance of tyres makes them wear out more quickly.

**Reuse** Tyres can be retreaded at various outlets in Dundee and Tayside. Look in the Yellow Pages under "Tyre Repair & Retreading". Tyres can also be reused in a range of ways, including as planters, children's play equipment or home compost containers.

**Recycle**

Tyres can be taken to Marchbanks Recycling Centre. A maximum of 2 tyres may be deposited at one time. The rubber and metal are mechanically separated and the metal sent for recycling.

**Did you know...?** Some companies make new products from unwanted tyres, e.g. pencil cases and mouse mats (see **Recycled Product** section). Look out for them in stationery stores and supermarkets.

**U**

**Unwanted mail ('junk' mail) & faxes**

See also **Paper, Envelopes**

**Reduce**

Reduce the amount of unwanted mail delivered to you or another named person by registering with the Mailing Preference Service (see page 55 for details). You can also register with the Fax Preference Service to reduce the number of unsolicited faxes you receive.

Reduce the amount of unaddressed mail you receive by writing to Royal Mail Door to Door (see page 55).

**Recycle**

The contents of unwanted mail can be recycled via your kerbside paper collection and in the Paper Recycling Point at your local Recycling Centres and Points.

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**Vegetable peelings**

See **Home composting**

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**Vending cups**

See **Plastic cups**

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**Videos**

See **DVDs & videos**

**W**

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**Water**

Contact Scottish Water to receive free leaflets and information about how to reduce water wastage in your home and garden (see page 56).

**Did you know...?** Recycling saves water! For example, recycling a tonne of paper will use around 30,000 litres less water than making a tonne of paper from wood pulp.

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**White goods**

See **Electrical & electronic equipment, Fridges & freezers**

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**Wood**

See **Timber**

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**Wormeries**

See **Home composting**

**Reduce**

Wormeries are an easy and efficient way of converting ordinary kitchen waste into top quality compost and concentrated liquid feed. They are available to purchase at many online stores (see **Sort It** for more information), and are increasingly available at garden centres and hardware stores.



# Recycled Products

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Buying recycled products completes the “recycling loop”. Even if everyone recycled all their household and office paper, if no-one bought the end product it would be a waste of time! By buying recycled products, you can really help make a difference. Many are available via mail order, internet shopping and in shops and supermarkets around Dundee.

In the past, there has been a misconception that recycled products are of lower quality than non-recycled. Millions of consumers have proved this wrong – see for yourself by checking out some of the products listed below!

## Household

Most supermarkets in Dundee stock toilet roll, kitchen roll and tissues made from recycled paper and bin bags made from recycled plastic. Some health food stores in Dundee stock toiletries and foodstuffs in recycled packaging.

A huge range of recycled products is available on the internet or by mail order – try companies such as Ecotopia ([www.ecotopia.co.uk](http://www.ecotopia.co.uk) or 01453 752345), the Natural Collection ([www.naturalcollection.com](http://www.naturalcollection.com) or 0870 331 3335), or Eco-zone ([www.ecozone.co.uk](http://www.ecozone.co.uk) or 0845 230 4200).





### Stationery

Some local supermarkets stock the “Remarkable” range of stationery, which includes pens and pencils made from recycled plastic cups and bottles, notebooks and jotters made from recycled paper, and pencil cases and mouse mats made from recycled tyres!

Recycled printer/photocopier paper, writing paper and jotters are readily available in most stationers, some stationery superstores and some supermarkets.

Envelope reuse labels, greetings cards and a wide range of craft papers made from recycled paper are available by internet and mail order – try companies such as Recycled Paper Supplies ([www.recycled-paper.co.uk](http://www.recycled-paper.co.uk) or 01676 533832) or Traidcraft ([www.traidcraft.co.uk](http://www.traidcraft.co.uk) or 0845 330 8900).

### Other products

There is a wide range of other products available, from fleece jackets, sleeping bags and garden furniture made from recycled plastic bottles to coasters made from old circuit boards. Try visiting the websites listed above, **Sort It** or the Recycled Product Finder at [www.recycled-products.org.uk](http://www.recycled-products.org.uk)



# Residual Waste

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What happens to waste which I don't reuse or recycle?



Your residual waste is collected from the kerbside and compacted inside the collection vehicle.

Your waste is then transported to either:

the DERL waste-to-energy plant in Dundee...



The waste-to-energy plant incinerates your waste. This means valuable resources are being burned, and using incinerators as a method of waste disposal also increases the risk of climate change. The heat is used to generate electricity and the bottom ash is currently reused during road construction.

or taken to a landfill.



If your waste is landfilled, valuable resources are buried in the ground. Landfill tax is rising, landfill space in Scotland is limited, and environmental risks associated with landfill are high, increasing the risk of climate change.

For more information on the National Waste Strategy for Scotland please visit [www.wasteawarescotland.org.uk](http://www.wasteawarescotland.org.uk)

# Useful contacts and addresses

## 1. Local charitable organisations

## 2. Other organisations & sources of further information

## 3. Local charity shops



### 1. Local charitable organisations

#### **Starter Packs Dundee**

Unit 7 South Dudhope Mill, 73-89  
Douglas St, Dundee. DD1 5AN.

**tel:** 01382 904900

**web:** [thefurnitureproject.org.uk/  
starterpacks.htm](http://thefurnitureproject.org.uk/starterpacks.htm)

**open:** Mon-Fri, 9am-3.30pm

Starter Packs is a national voluntary organisation, supported by local churches. They help individuals and families on low incomes who have been given the tenancy of a house or flat but who don't have access to basic household goods. A "starter pack" is a pack of goods that helps to contribute to a comfortable home, from crockery and bed linen to cleaning materials and toiletries.

#### **Tayside Furniture Project (Dundee)**

Unit 7, South Dudhope Mill, 73-89  
Douglas Street, Dundee. DD1 5AN.

**tel:** 01382 904900

#### **e-mail:**

[thefurnitureproject@btconnect.com](mailto:thefurnitureproject@btconnect.com)

**web:** [thefurnitureproject.org.uk](http://thefurnitureproject.org.uk)

**open:** Mon-Fri, 8.30am-4pm

The Furniture Project is a charitable company. Their main work is in collecting and distributing furniture to those who need it, and are referred to them by a referring agency (e.g. a housing association or Dundee City Council). They accept a wide range of furniture in good condition, and give this away to a wide range of people.

#### **Tayside Recyclers**

Units 1 & 2 South Dudhope Mill,  
Douglas St, Dundee. DD1 5AJ.

**tel:** 01382 228806

**web:** [tfc.org.uk](http://tfc.org.uk)

**open:** Mon-Fri, 9am-5pm

Tayside Recyclers is a not-for-profit organisation. They collect, store and sell a wide range of household equipment and office furniture. They

accept donations of goods in almost any condition – if goods cannot be sold, they are repaired or dismantled for spares. Goods and spares are available to purchase from their premises.

### **The Carolina House Trust**

**office:** 23 Roseangle,  
Dundee. DD1 4LS

**tel:** 01382 202029

**e-mail:** denise@carolina.org.uk

**web:** carolina.org.uk

**shop:** 96-98 Broughty Ferry Road,  
Dundee.

**tel:** 01382 461781

**open:** Tues, Thurs, Fri.

The Carolina House Trust is a charity who provide social care and support for children and young people in Dundee. They accept donations of furniture and equipment and then distribute this to young people who are starting to live independently of the social care system. Items unsuitable for reuse are sold from their shop, and the money raised furthers their charitable aims.



## **2. Other organisations & sources of further information**

### **Actionaid**

Ernie Roberts House,  
13 - 14 High Street,  
St Mary Cray, Orpington,  
Kent. BR5 3NL

### **Compost Association**

**tel:** 0870 160 3270

**web:** compost.org.uk

**e-mail:** scotland@compost.org.uk

### **Computer Recycling Services**

9 Faraday Street, Dryburgh  
Industrial Estate, Dundee.  
DD2 3QQ.

**tel:** 01382 828001

**fax:** 01382 828007

**web:** pc-recycling.com

### **Dundee City Council Waste Management Department**

34 Harefield Road,  
Dundee. DD2 3JW.

**web:** dundeecity.gov.uk

**tel:**

(General enquiries) 01382 432777

(Commercial enq.) 01382 432781

(Special Collections) 01382 432731

**Dundee Energy Efficiency Advice Project**

1 Shore Terrace, Dundee. DD1 3AH

**tel:** 01382 434840

**e-mail:** [deemap@dundeecity.gov.uk](mailto:deemap@dundeecity.gov.uk)

**Friends of the Earth**

Information Department, Friends of the Earth Scotland, Lamb's House, Burgess Street, Edinburgh. EH6 6RD

**tel:** 0131 554 9977

**web:** [foe-scotland.org.uk](http://foe-scotland.org.uk)

**Friends of the Earth Tayside**

Friends Meeting House, Whitehall Crescent, Dundee.

**tel:** 01382 228986

(Meet on the last Wednesday of every month at this address)

**Green Cone**

Freepost, Mid 2305, Nottingham, NG2 1BB.

**tel:** 0800 731 2572

**web:** [greencone.com](http://greencone.com)

**Green Johanna**

Jorvick UK Ltd, Woodbridge, Suffolk, IP13 7SU.

**tel:** 0870 460 3627

**web:** [greenjohanna.se](http://greenjohanna.se)

**Help the Aged**

Hearing Aid Appeal, Freepost LON13616, London. EC1B 1PS.

**tel:** 0207 239 1922

**web:** [helptheaged.org.uk](http://helptheaged.org.uk)

**Mailing & Fax Preference Service**

DMA House, 70 Margaret Street, London. W1W 8SS.

**tel:** 0845 703 4599

**web:** [mpsonline.org.uk](http://mpsonline.org.uk)

(Please note the Mailing Preference Service cannot stop mail from companies with whom you have registered an interest, mail addressed to "the occupier" or unaddressed mail. It could result in you no longer receiving some mail you wish to receive.)

**Polymer Reprocessors**

Reed Lane, Moreton, Wirral. CH46 1DW.

**tel:** 0151 707 3684

**web:** [polymer-reprocessors.co.uk](http://polymer-reprocessors.co.uk)

**Polyprint**

Unit 21a Mackintosh Rd, Rackheath Estate, Rackheath, Norwich. NR13 6LJ.

**tel:** 01603 721807

**fax:** 01603 721813

**web:** [polyprint.co.uk](http://polyprint.co.uk)

**Royal Mail Door to Door**

Room 130, Wheatstone House, Faraday Road, Swindon SN3 5JW

**Save a Cup Ltd.**

Suite 2, Bridge House, Bridge Street, High Wycombe. HP11 2EL.

**tel:** 01494 510167

**e-mail:** [hq@save-a-cup.co.uk](mailto:hq@save-a-cup.co.uk)

**web:** [save-a-cup.co.uk](http://save-a-cup.co.uk)



**Scottish Environmental Protection Agency (SEPA)**

62 High St, Arbroath,  
Angus. DD11 1AW.

**tel:** 01241 874370

**web:** [sepa.org.uk](http://sepa.org.uk)

**Scottish Water e-mail:**

[customer.service@scottishwater.co.uk](mailto:customer.service@scottishwater.co.uk)

**tel:** 0845 601 8855

**web:** [scottishwater.co.uk](http://scottishwater.co.uk)

**Scratchbusters**

Norbert Stein Building,  
Travellers Lane, Welham Green,  
Hertfordshire. AL9 7LB

**tel:** 0870 242 1371

**e-mail:** [info@scratch-busters.co.uk](mailto:info@scratch-busters.co.uk)

**web:** [scratch-busters.co.uk](http://scratch-busters.co.uk)

**Tayside Environmental Network**

**e-mail:** [enquiries@tayside-environmental-network.org.uk](mailto:enquiries@tayside-environmental-network.org.uk)

**web:** [tayside-environmental-network.org.uk](http://tayside-environmental-network.org.uk)

(TEN provides free environmental information to Tayside businesses and organisations.)

**Waste Aware Scotland**

Islay House, Livillands Lane,  
Stirling. FK8 2BG.

**tel:** 01786 468248

**web:** [wasteawarescotland.org.uk](http://wasteawarescotland.org.uk)

**3. Local Charity Shops**

**Please note that these may be subject to change – the Dundee Yellow Pages may contain updated information.**

**Barnardo's**

55, Reform St, Dundee

**tel:** 01382 203373

**British Heart Foundation**

14, Reform Street, Dundee.

**tel:** 01382 223412

**British Red Cross Shop**

314, Perth Rd, Dundee.

**tel:** 01382 640050

**Brittle Bone Society**

112, City Rd, Dundee.

**tel:** 01382 667603

**Cancer Research UK**

Unit 2a, Highgate Centre, High St,  
Lochee, Dundee.

**tel:** 01382 612402

**Cancer Research UK**

198-200, Brook St, Broughty Ferry,  
Dundee.

**tel:** 01382 739807

**Childline Charity Store**

6, Lyon Street, Dundee.

**tel:** 01382 454648

**Children 1st**

189, Perth Rd, Dundee.

**tel:** 01382 646816**Dundee Voluntary Action**

165, Albert St, Dundee.

**tel:** 01382 455859**Dundee Voluntary Action**

179 Albert Street, Dundee.

**tel:** 01382 453257**Lookin' Good**

21 Haldane Avenue, Dundee.

**tel:** 01382 817357**Macmillan Cancer Relief**

58, Bell St, Dundee.

**Tel:** 01382 226150**Oxfam**

71, High St, Lochee, Dundee.

**tel:** 01382 612528**Oxfam**

6, Crichton St, Dundee.

**tel:** 01382 226439**Oxfam**202, Brook St, Broughty Ferry,  
Dundee.**tel:** 01382 739262**PDSA**

125, High Street, Lochee, Dundee.

**tel:** 01382 623207**PDSA**

215 Brook St, Broughty Ferry.

**tel:** 01382 732562**Red Cross**

Perth Road.

**tel:** 01382 640050**Save the Children**

61, Gray St, Broughty Ferry, Dundee.

**tel:** 01382 737594**Shelter**259, Brook St, Broughty Ferry,  
Dundee.**tel:** 01382 477282**Shelter**

268, Perth Rd, Dundee.

**tel:** 01382 665094**Sue Ryder Care**

117, Albert St, Dundee.

**tel:** 01382 456884**The Retired Greyhound Trust**

66, Albert St, Dundee.

**tel:** 01382 454422

# Recycling

## Centres & Points in Dundee

**Map Ref**    **Address**

### Recycling Centres



Marchbanks, Harefield Road



Riverside Drive



Baldovie (closed until Spring 2006 for refurbishment)

### Recycling Points

- 1 Ardlar Village (behind Chalmers Ardlar church)
- 2 Asda, Kirkton
- 3 Asda, Milton of Craigie
- 4 B&Q, Kings Cross Road
- 5 B&Q, Milton of Craigie
- 6 Bell Tree car park, Panmurefield Village
- 7 Broughty Ferry beachfront car park
- 8 Campfield Square, Broughty Ferry
- 9 Dudhope Castle car park
- 10 Dura Street car park
- 11 Gellatly Street, City Centre
- 12 Kings Cross Hospital
- 13 Morrisons, Arbroath Road
- 14 NCR, Fulton Road
- 15 Pennycook Lane car park
- 16 Queen Street car park, Broughty Ferry
- 17 Riverside Drive, near Recycling Centre
- 18 Sainsbury's, West Pitkerro
- 19 Tesco, Lochee
- 20 Tesco, Kingsway West
- 21 Tesco, Riverside Drive
- 22 Tesco, South Road

# Reduce Reuse Recycle



Most **Recycling Points** have facilities to recycle Aluminium cans, Cardboard, Paper, Glass (brown, clear and green). Some also have facilities to recycle Textiles, Books & Music and Plastic bottles. **Recycling Centres** have facilities to recycle a very wide range of household materials. For a comprehensive list of materials and up to date information on any new facilities, please visit [www.dundee.gov.uk/recycle](http://www.dundee.gov.uk/recycle) or phone the Waste Management Department on 01382 432777.



- ★ Recycling Centre
- ☆ Recycling Centre (re-opening soon)
- Recycling Point



SCOTTISH EXECUTIVE

# Reduce Reuse Recycle

## An easy guide for Dundee householders

ਜੇ ਤੁਹਾਨੂੰ ਅੰਗ੍ਰੇਜ਼ੀ ਸਮਝਣ ਵਿਚ ਮਸ਼ਕਲ ਹੋਵੀ ਹੈ ਤਾਂ ਮਿਹਰਬਾਨੀ  
ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਖਤ ਤੇ ਸੰਪਰਕ ਕਰੋ:

如果你不能读英语，需要翻译  
服务，请联络下列地址：

ইংরেজি বুঝতে অসুবিধা হলে অনুগ্রহ করে নিচের ঠিকানায়  
যোগাযোগ করুন।

اگر آپ کو انگریزی پڑھنے میں مشکل پیش آتی تو مجھے درج ذیل پتے پر رابطہ قائم کیجئے

If you would like any of this  
information in Braille or  
other languages please call  
01382 431563/431542

