

# leisureactive

Leisure Memberships for Swim & Sport Centres in Dundee

DUNDEELEISURE - in partnership with Dundee City Council offers a range of great value leisure membership packages at its swim and sports centres (Olympia, Lochee, DISC, Douglas and Lynch Sports Centres and St Paul's and Grove Swim Sport). Train and tone in the Fitness Studio and enjoy an invigorating swim - it's all included in the one price! For a small additional fee you can take advantage of adult fitness classes, including the RPM and Body Combat classes.

## How do I get leisureactive?

Pick up information at any Swim/Sports Centre or Tayside House reception or visit [www.leisure-active.com](http://www.leisure-active.com)

**OLYMPIA LOCHEE DISC DOUGLAS LYNCH ST PAUL'S GROVE**



For further information please contact **01382 433524**. Please note that not all facilities are available at all centres.

## GROVE PRICE LIST

Concession applies to Leisure Concession card holders

### Timetable and Charges from 1 April 2011

	Standard	Concession
Swimming Pool	£3.50	£2.70
Young Scot (Aged 17 and under)		£2.20
Young Scot (Aged 18 to 26)		£3.00
Swimming Lessons		
Booking details at reception. Advance Payment. No refunds. Price is per lesson		
School Age (Block Booking)		£3.70
Adult		£4.80
Fitness Studio	£4.40	£3.40
Sports Hall (per hour)	£41.00	£29.00
Gym Hall (per hour)	£26.50	£20.50
Badminton	£10.20	£6.20
Dance Studio	£23.50	£17.50

For further information during normal opening hours please contact:

**Grove Swim and Sport**  
Claypotts Road, Dundee DD5 1AB

**Tel: 01382 436883**

[enquiries.dundeeleisure@dundeecity.gov.uk](mailto:enquiries.dundeeleisure@dundeecity.gov.uk)



**DUNDEE LEISURE**  
...working in partnership with Dundee City Council



[www.dundeeleisure.co.uk](http://www.dundeeleisure.co.uk)

All information is correct at time of going to print  
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Dundee Leisure Registered Charity • Company Number: SC298444  
Company Address: 30 & 34 Reform Street, Dundee DD1 1RJ. Charity Number: SC037285

# Grove

Swim and Sport



Information on Programmes  
Charges and Opening Times  
2011/2012

**DUNDEELEISURE**

...working in partnership with Dundee City Council

**Visit Grove Swim and Sport Centre and see what is on offer.**

- Enjoy a family swim
- Lane swimming for fitness
- Tone up in the Fitness Studio
- Learn to Swim
- Play Badminton
- Play 5 a side football
- ZUMBA

**Dance Group? Cheerleaders? Martial arts? Grove has got it covered!**

**Leisure Concession Card**

Are you over 60, in receipt of retirement pension or receiving benefits? You could have access to DUNDEELEISURE facilities at a concession rate. Pick up a Leisure Concession Leaflet from any Swim or Sports centre, Tayside House Reception or call **01382 433524**.

**OPENING TIMES**

**Swimming Pool - Term Time**

Monday and Wednesday

6pm - 8pm	Swimming Lessons
8pm - 9pm	Public Swimming

Tuesday, Thursday and Friday

6pm - 7pm	Public Swimming
7pm - 8pm	Swimming Lessons
8pm - 9pm	Public Swimming

**Swimming Pool - All Year**

Saturday and Sunday

9.30am - 10.30am	Swimming Lessons (Sat only)
10.30am - 11.30am	Public Swimming
11.30am - 12.30pm	Swimming Lessons
12.30pm - 1.30pm	Public Swimming
1.30pm - 2.30pm	Swimming Lessons
2.30pm - 3.30pm	Public Swimming
3.30pm - 4.30pm	Swimming Lessons

**Swimming Pool - School Holidays**

The swimming pool will be open for additional hours for a programme of aquatic activities and public swimming with some special offers.

All information will be advertised within the centre and locally within schools and community locations.

**Activity Highlights**

Wednesday

6.15pm - 7.15pm	ZUMBA
7.30pm - 8.30pm	ZUMBA

For further information on the swimming lessons programme please contact the Aquatics Officer on **01382 432332**.

**Fitness Studio/Sports Hall/Gym Hall/Dance Studio - All Year**

Monday to Friday	6pm - 9pm
Saturday	9.30am - 4.30pm
Sunday	10.30am - 4.30pm

**Fitness Studio/Sports Hall/Gym Hall/Dance Studio - School Holidays**

The above facilities may be open, Monday to Friday, for additional hours during school holidays; all information will be advertised within the centre and locally within schools and community locations.

For more information telephone **01382 436883**.

E mail enquiries.dundeeleisure@dundeecity.gov.uk

**School Term Times - 2011/2012**

Monday 18 April to Thursday 30 June  
Wednesday 17 August to Friday 7 October  
Monday 24 October to Wednesday 21 December  
Thursday 5 January to Friday 30 March 2012

**School Holidays - 2011/2012**

Monday 4 April to Friday 15 April  
Friday 1 July to Tuesday 16 August  
Monday 10 October to Friday 21 October

**(GROVE will close during the following school holiday period)**

Thursday 22 December 2011 to  
Wednesday 4 January 2012