

Scottish Mountain Bike Trails

DUNDEE: ROUTE NO.7

DIGHTY HAUGHS MOUNTAIN BIKE TRAIL

ROUTE No **07**



STARTING POINT(S)

The easiest access is from Panmurefield, beside the A92, where there is a car park next to the shops and Belltree Inn.

SUMMARY

Easy tracks through peaceful parkland with two short sections on road. Mostly gentle gradients with one steeper section.

MAX HEIGHT GAINED

17 m

LENGTH

3 km



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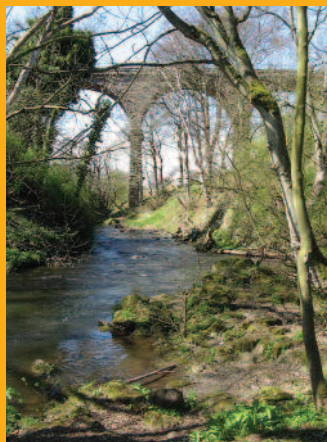
CYCLE DUNDEE'S GREEN SPACES

SUPPORTED BY STRIDE – Sustainable Travel in Dundee East – with funding from the Scottish Government's Climate Challenge Fund. For more information and contact details visit www.stridedundee.com. Please share your experiences of the route on the website, and let us know of any difficulties you encounter whilst using this leaflet.

ROUTE No **07**

ROUTE DESCRIPTION

This attractive route is mainly along broad firm paths through the low-lying semi-natural parkland beside the Dighty Burn just north of its outflow into the Firth of Tay, on the east side of Dundee. To make a circuit, two short sections of the route at either end follow tarmac-surfaced paths and quiet roads, one passing close to Monifieth High School. There are more challenging informal tracks on the south side of the burn but we would recommend only experienced cyclists attempt these routes. From the car park at Panmurefield a short (150m) straight stretch of road runs SE from the mini-roundabout to join the loop at the northern end. A shorter circuit can be made by crossing the bridge linking the two banks. It's easy to link up with longer cycle routes over the 7 Arches Viaduct, along the A92 Arbroath Road cycleway or along the coastal path (National Cycle Route 1).



DO THE RIDE THING

One thing that helps make Dundee's green spaces great for mountain biking is Scotland's much respected access legislation. Here's some advice from the Scottish Outdoor Access Code:

- Take responsibility for your own actions.
- Respect people's privacy and peace of mind.
- Help land managers and other work safely and effectively.
- Care for your environment. Do not disturb wildlife, leave the environment as you find it and follow the path or track.
- We also ask:
 - Keep off fragile tracks if they are wet and liable to erosion, try to stick to the line of the path.
 - Please do your bit to keep our green spaces great.
 - Be prepared to stop for other path users.
- dogs, and do not go round corners too fast.
- The main loop follows a firm safe path. Please note sections of the optional informal trails can be muddy after rain and may require you to walk with your bike.
- Other short sections of the informal trails run beside a steep bank and require care.

Route Specifics

- This is a popular walking route so please take care when passing walkers and their

BIKE SHOPS IN DUNDEE

MGR Cycles 22 High Street, Monifieth
01382 539214

Spokes 272 Perth Road, DD2 1AE.
01382 666644

The Bike Worx 18b Exchange Street,
DD1 3DL. 01382 225354

Nicolsons Cycles 2-4 Forfar Road,
DD4 7AR. 01382 461010

Halfords Kingsway West, DD3 8RX.
01381 4322565

Lanka House Group Barns of
Claverhouse, DD4 9RA. 01382 505683

Cycle Stop Dewar House, Staffa Place,
DD2 3SX. 01382 322331

OTHER PLACES TO RIDE

Large selection of routes for all abilities –
www.cyclehighlandperthshire.com

Tayside and Fife's technically challenging trail centre – www.comriecroftbikes.co.uk

Jump park, skills courses & singletrack –
Lochore Meadows –
www.meediesmtbclub.co.uk

Forestry Commission Scotland manage mountain bike centres across Scotland with trails for all abilities.
www.forestry.gov.uk/mtbscotland



Discovery Junior Cycle Club is looking for new members and volunteers for Dundee's only mountain bike club. See www.discoveryjcc.com for information.

