## Dundee CHANGING Social Work FORTHE FUTURE

## If you would like to request this information in any other format e.g. large print, Braille: telephone: 01382 435900 or email: oakland.centre@dundeecity.gov.uk

# Oakland Community Link Service

Are you over 65 years old, or have dementia and live in Dundee?

We can support you to access services in your local community





#### About the Support Team

We have a team of trained and experienced staff who offer short term support to older people, and people with dementia, who live independently in the community.

#### How We Do This

We will arrange to visit you and have a chat about areas you would like support with, and outcomes you wish to achieve.



#### We Can Provide Support With:

- Accessing community facilities or activities
- Independent travel
- Meeting new friends
- Building confidence
- Increasing wellbeing



#### Will I Have to Pay?

This short term service is free, however there may be costs incurred if you require ongoing support to use some other services or facilities.

### To find out more about Oakland Community Link Service

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