

When the educational psychologist has spoken with you they will check what you are happy for them to share with the other adults involved.

However, if you or your child tells the educational psychologist something which makes them think your child may be in real danger, they may have to share this with another adult who can help. If you are not sure, you can ask the educational psychologist about this before you tell them anything.

If you have any questions about what the educational psychologist does:

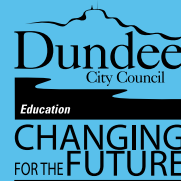
- Ask other professionals you are working with eg. Pre-school Home Visiting Service, Health Visitor, Speech & Language Therapist
- Ask the staff at the nursery
- Contact the educational psychologist

The name of the educational psychologist in

is

Comments Compliments or Complaints

Any comments about the Educational Psychology Service should be communicated first to the educational psychologist involved. Most concerns or complaints can be resolved at this level but, where this is not possible, the Principal Educational Psychologist should be contacted. The service will do all that it can to resolve problems. Where this has not proved possible then the matter can be referred to the Head of Support for Learning.



Dundee Educational Psychology Service
St Ninian's Primary School
Dochart Terrace
DUNDEE DD2 4HB
Tel: 01382 432980

www.dundee.gov.uk/deps

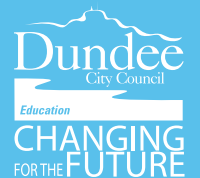
We can provide this information in large print or in another format that meets your needs.

Chinese	欲知詳情，請致電：01382 431563
Russian	Более подробную информацию можно получить позвонив по телефону: 01382 431563
Urdu	مزید معلومات کے لئے براۓ مہربانی 01382 431563 پر فون کریں۔
Polish	po dalszą informację zadzwoń pod numer 01382 431563
Other formats	For more information please phone 01382 434503.



Dundee Educational Psychology Service

Information for parents/carers
of children under 5 years



○ What is psychology?

Psychology tries to help us understand ...



○ What is an educational psychologist?

An educational psychologist is part of a team of people who work in the community, nurseries and schools to support children and their families.

They are trained in psychology and use this to try and make things better.

○ Why has the educational psychologist been asked to help?

Usually the educational psychologist is asked to become involved because the adults want to understand more about what might be happening and what might help make things better.

○ What might the educational psychologist help with?

They help with things that make nursery better for your child. Like when they:-

- Feel angry and upset
- Are not getting on with friends or being bullied
- Need support for an area of development
- Are moving into nursery or primary 1

○ What will happen?

When the educational psychologist is asked to be involved they might do things such as:

- Talk to you and other people who know your child well to gather more information
- Spend some time in the nursery to see how your child plays and gets along with others. If your child is not yet at nursery the educational psychologist may visit you at home
- Talk to your child
- Use stories or other activities with your child.

They might not do all the things on the list above; sometimes they might just do one or two.

Once the educational psychologist has collected more information they will talk with you and others about what everyone can do next to help things to be better.

Often the educational psychologist will continue to talk with the people involved to see whether things are getting better. They are interested in finding out if what everyone is doing is working or if doing something different would be more helpful.

○ What will it be like to meet the educational psychologist?

The educational psychologist knows that sometimes it is hard to talk about what you are thinking or feeling.

The educational psychologist will want to help you feel as comfortable as possible.

They will take time to listen carefully to what you want to say.

