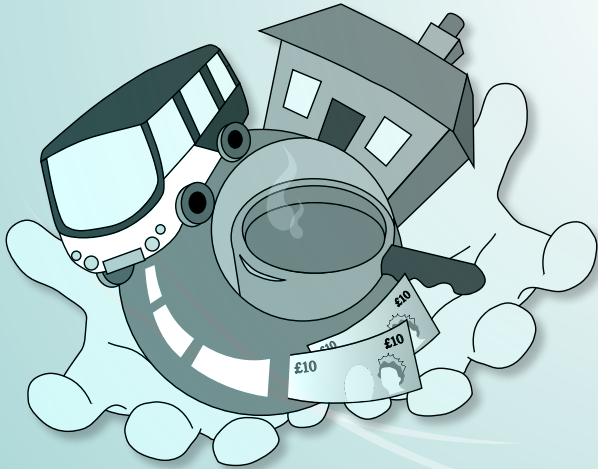


## Working with you at all times

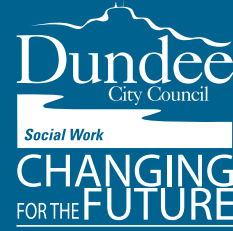
The Social Care Team works in partnership with all our service users. Staff will explain situations to you and the reasons why. You will get regular one-to-one meetings with staff to review your needs and discuss what your future plans are.

If you are experiencing difficulties such as family or money problems and need to talk to someone, there will always be a member of the team to support you through these difficult times.



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For further information please contact:

Learning Disability Services  
Social Care Team  
C/O Social Work Department  
Jack Martin Way, Calverhouse East  
DUNDEE DD4 9FF  
Tel:01382 438427  
Fax:01382 438341  
E:margaret.mitchell@dundee.gov.uk

If you have difficulty understanding English, please contact this address:

যদি আপনি ইংরেজি বুঝতে অসুবিধা বোধ করেন  
তাহলে অনুগ্রহ করে নিচের ঠিকানাতে যোগাযোগ করুনঃ  
如閣下不十分明白英語，請與以下的通訊處聯系。  
ਜੇ ਤੁਹਾਨੂੰ ਈੰਗਲਿਸ਼ ਸਮਝਣ ਵਿਚ ਕੋਈ ਮੁਸ਼ਕਲ ਹੁੰਦੀ ਹੈ  
ਤਾਂ ਫ਼ਿਰ ਪੌਰੇ ਇਸ ਪਤੇ ਤੇ ਸੰਪਰਕ ਕਰੋ:

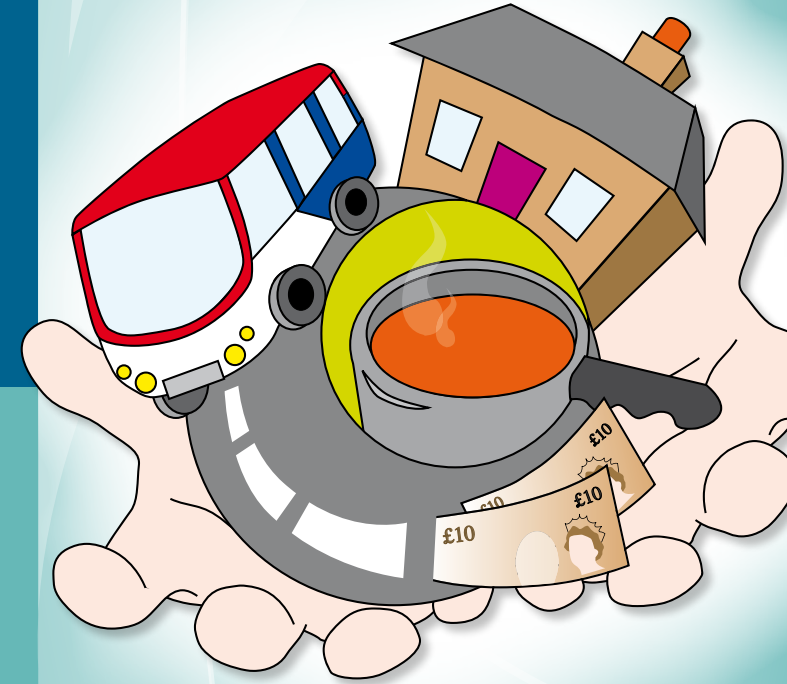
اگر آپ کو انگریزی سمجھنے میں مشکل پیش آتی ہے تو براہ کرم نیچے دیئے گئے پتے پر رابطہ کریں۔

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## Social Care Team Learning Disability Services



## About the Social Care Team

The Social Care Team promotes and supports the independence of adults with learning disabilities aged 16 to 65. By supporting individuals to live independently in the community, the team promotes social inclusion by providing opportunities for individuals to lead meaningful lives.

## What does this mean for me?

There are a range of opportunities open to you which are designed to be varied according to your own capabilities and interests. The social care team will work with you to help you realise your aspirations and respond to your needs.

If you have complex or additional needs because you have an Autistic Spectrum Disorder, we will work with you to meet your particular needs.

## Here are some of the things we can support you with:

Supporting you to live independently

- We will support you to take up and maintain a tenancy in the community.
- We will also support you if you require more specialist and supported accommodation at different points in your life.
- We will support you with shopping, healthy eating and diet, household and personal budgeting, and domestic tasks in the home.
- We will support you to access a range of personal community resources e.g. making appointments to deal with personal finance at a Bank, Post Office etc, Doctor's and dental appointments. Staff can accompany you at any of these if you feel you need additional support.
- We will help you use public transport to get around the community and this can take place at different points in your life.

## Supporting you in the community

- We can put you in contact with agencies which can help you obtain supported employment.
- We can help you take part in wider social activities e.g. drama, bowling, theatre, and sports centres.
- We encourage you to participate in social activities as a part of a group and staff will work with you to see what works best for you.
- We work with a range of independent advocacy services to ensure you have your say and are fully involved in determining the services and activities you want to access and undertake in the community.