

The Medical Advisory Service

If you have completed a form within the last 6 months DO NOT complete another one unless there has been a major change in health or you have information which was previously not given.

Please complete all sections as fully as possible. Please write clearly in capital letters and in black or blue ink.

If there is more than one person with medical needs, please ask for additional copies of pages 4 to 7.

Which areas have you applied to? Please tick boxes to select any that apply.

Dundee Perth and Kinross Angus Fife

Which Housing Providers have you applied to? Please tick boxes to select any that apply.

| | |
|-------------------------------|---|
| Dundee City Council | <input type="checkbox"/> Abertay Housing Association |
| Angus Housing Association | <input type="checkbox"/> Fairfield Housing Co-operative |
| Hillcrest Housing Association | <input type="checkbox"/> Home In Scotland |
| Sanctuary Scotland Ltd | <input type="checkbox"/> Caledonia Housing Association |
| Other | <input type="checkbox"/> Please give details |

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Section 1: About you and your household

About you

Person 1

| | | | |
|---------------------------------------|-------------------------------|---------------------------------|--|
| Full name | | | |
| Address | | | |
| Contact telephone number | | | |
| Date of Birth (dd/mm/yyyy) | | | |
| Gender | Male <input type="checkbox"/> | Female <input type="checkbox"/> | |
| Do you have medical or special needs? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |

About the people who will be living with you

Person 2

| | | | |
|--|-------------------------------|---------------------------------|--|
| Full name | | | |
| Address | | | |
| Contact telephone number | | | |
| Date of Birth (dd/mm/yyyy) | | Relationship to Person 1 | |
| Gender | Male <input type="checkbox"/> | Female <input type="checkbox"/> | |
| Do they have medical or special needs? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |

Person 3

| | | | |
|--|-------------------------------|---------------------------------|--|
| Full name | | | |
| Address | | | |
| Contact telephone number | | | |
| Date of Birth (dd/mm/yyyy) | | Relationship to Person 1 | |
| Gender | Male <input type="checkbox"/> | Female <input type="checkbox"/> | |
| Do they have medical or special needs? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |

Person 4

| | | | |
|--|-------------------------------|---------------------------------|--|
| Full name | | | |
| Address | | | |
| Contact telephone number | | | |
| Date of Birth (dd/mm/yyyy) | | Relationship to Person 1 | |
| Gender | Male <input type="checkbox"/> | Female <input type="checkbox"/> | |
| Do they have medical or special needs? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |

Person 5

| | | | |
|--|-------------------------------|---------------------------------|--|
| Full name | | | |
| Address | | | |
| Contact telephone number | | | |
| Date of Birth (dd/mm/yyyy) | | Relationship to Person 1 | |
| Gender | Male <input type="checkbox"/> | Female <input type="checkbox"/> | |
| Do they have medical or special needs? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |

Person 6

| | | | |
|--|-------------------------------|---------------------------------|--|
| Full name | | | |
| Address | | | |
| Contact telephone number | | | |
| Date of Birth (dd/mm/yyyy) | | Relationship to Person 1 | |
| Gender | Male <input type="checkbox"/> | Female <input type="checkbox"/> | |
| Do they have medical or special needs? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |

Section 2: Your current housing

Which best describes your present housing situation? Please tick all that apply

| | | | | | |
|--|--------------------------|---------------------------|--------------------------|--------------------------------|--------------------------|
| An owner-occupier | <input type="checkbox"/> | A Council tenant | <input type="checkbox"/> | A Housing Association tenant | <input type="checkbox"/> |
| A tenant of a private landlord | <input type="checkbox"/> | Sharing a tenancy | <input type="checkbox"/> | Still in the family home | <input type="checkbox"/> |
| In "Tied" housing | <input type="checkbox"/> | In student housing | <input type="checkbox"/> | In sheltered housing | <input type="checkbox"/> |
| Residential home | <input type="checkbox"/> | Nursing home | <input type="checkbox"/> | Hospital and can't return home | <input type="checkbox"/> |
| Homeless | <input type="checkbox"/> | In homeless accommodation | <input type="checkbox"/> | Temporary with friends/family | <input type="checkbox"/> |
| If homeless, are you registered with your local Homeless Unit? | <input type="checkbox"/> | If yes, where? | | | |
| Other | <input type="checkbox"/> | Please describe | | | |

About the house you are living in now

What type of house do you live in?

Which floor is your house on?

| | | | | |
|------------------------|--------------------------|-----------------------|---|--------------------------|
| Flat/Maisonette | <input type="checkbox"/> | Ground floor | <input type="checkbox"/> | |
| Multi storey flat | <input type="checkbox"/> | First floor | <input type="checkbox"/> | |
| Detached/semi detached | <input type="checkbox"/> | Second floor or above | <input type="checkbox"/> | |
| | | | Number of steps to entrance of building | <input type="checkbox"/> |
| | | | Is there a lift to your home? | Y/N |

Inside your house

If your home is all on one level, how many?

| | | | | | | | |
|----------|----------------------|-----------|----------------------|------------------|-----|--------------|----------------------|
| Bedrooms | <input type="text"/> | Bathrooms | <input type="text"/> | Separate toilet? | Y/N | Living rooms | <input type="text"/> |
|----------|----------------------|-----------|----------------------|------------------|-----|--------------|----------------------|

If your home has more than one level, how many?

| | | | | | | | | |
|-----------------------------|----------|----------------------|-----------|----------------------|------------------|-----|--------------|----------------------|
| Upstairs | Bedrooms | <input type="text"/> | Bathrooms | <input type="text"/> | Separate toilet? | Y/N | Living rooms | <input type="text"/> |
| Downstairs | Bedrooms | <input type="text"/> | Bathrooms | <input type="text"/> | Separate toilet? | Y/N | Living rooms | <input type="text"/> |
| How many flights of stairs? | | | | | | | | |

Are there any adaptations?

| | | | | | |
|---------------------|-----|--------------------------|-----|-------------------|----------------------|
| Stairlift | Y/N | Level or ramped access | Y/N | Doors widened | Y/N |
| Level access shower | Y/N | Other fixed adaptations? | Y/N | Please state what | <input type="text"/> |

Section 3: You and your household's medical needs

What sort of housing do you think would meet you and your household's medical need?

| | | | | | |
|-------------------------|--------------------------|--------------------|--------------------------|---------------------|--------------------------|
| Mainstream | <input type="checkbox"/> | Amenity Housing* | <input type="checkbox"/> | Sheltered Housing* | <input type="checkbox"/> |
| Very Sheltered Housing* | <input type="checkbox"/> | Housing with Care* | <input type="checkbox"/> | Wheelchair Adapted* | <input type="checkbox"/> |

* further information will be asked for these, on this form and/or from other health professionals

Do you need to be on a particular floor? (Remember ground floor housing may be limited)

| | | | | | | | |
|----|--------------------------|--------------------------------|--------------------------|-------------------------|--------------------------|---------------------|--------------------------|
| No | <input type="checkbox"/> | Ground floor, all on one level | <input type="checkbox"/> | No more than 1 level up | <input type="checkbox"/> | Not on ground floor | <input type="checkbox"/> |
|----|--------------------------|--------------------------------|--------------------------|-------------------------|--------------------------|---------------------|--------------------------|

Medical information for each person living in the household with medical or special needs

(If there is more than 1 person in the household with medical or special needs please ask for further copies of pages 4 – 7)

Person 1, Name:

Why do you feel you need to move on medical grounds?

If applying for Sheltered Housing please tell us why you feel you require to have warden cover

What is the name, address and phone number of:

| | |
|-------------------------|--------------------------|
| Your own GP | Your Care Manager |
| Any hospital consultant | Your Home Care Organiser |
| Your Social Worker | Other support provider |

What are your medical problems?

| |
|--|
| |
|--|

What treatment do you receive?

| |
|--|
| |
|--|

What help do you have at present? *Please tick all that apply*

| | | | |
|--------------------------|--------------------------|-------------------------------|--------------------------|
| Community Alarm | <input type="checkbox"/> | Very Sheltered Housing Warden | <input type="checkbox"/> |
| Sheltered Housing Warden | <input type="checkbox"/> | Housing with Care | <input type="checkbox"/> |

How often do you receive this help? (e.g. daily, weekly)

| | | |
|------------------------|--------------------------|--|
| Relative/ Neighbour | <input type="checkbox"/> | |
| Social Care Officer | <input type="checkbox"/> | |
| Home Help | <input type="checkbox"/> | |
| Meals on Wheels | <input type="checkbox"/> | |
| District Nurse | <input type="checkbox"/> | |
| Community Health Nurse | <input type="checkbox"/> | |
| Physiotherapist | <input type="checkbox"/> | |
| Occupational Therapist | <input type="checkbox"/> | |
| Day Care/Hospital | <input type="checkbox"/> | |

What day-to-day difficulties do you have?

Do you have any difficulties with walking?

Y/N

How far can you comfortably walk on an average day?

| | | | | | |
|-------------------|--------------------------|---------------------------------|--------------------------|-----------------|--------------------------|
| No major problems | <input type="checkbox"/> | 100 – 400 metres (about ¼ mile) | <input type="checkbox"/> | 50 - 100 metres | <input type="checkbox"/> |
| 20 – 50 metres | <input type="checkbox"/> | Less than 10 metres | <input type="checkbox"/> | | |

Do you use any walking aids?

| | | | | | |
|--------------------|--------------------------|---------------------|--------------------------|--------------|--------------------------|
| Wheelchair indoors | <input type="checkbox"/> | Wheelchair outdoors | <input type="checkbox"/> | Zimmer frame | <input type="checkbox"/> |
| Crutches | <input type="checkbox"/> | Walking stick | <input type="checkbox"/> | | |

Do you find stairs difficult because of health problems?

Y/N

On an average day how many steps can you manage to climb?

| | | | | | |
|--------------|--------------------------|-------|--------------------------|-------|--------------------------|
| More than 30 | <input type="checkbox"/> | 20-30 | <input type="checkbox"/> | 15-20 | <input type="checkbox"/> |
| 10-15 | <input type="checkbox"/> | 5-10 | <input type="checkbox"/> | 1-5 | <input type="checkbox"/> |
| None | <input type="checkbox"/> | | | | |

Do you go out

| | | | | | |
|--------|------------------------------|-----------------------------|--------------|------------------------------|-----------------------------|
| Alone? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | Accompanied? | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
|--------|------------------------------|-----------------------------|--------------|------------------------------|-----------------------------|

Do you have other problems with day-to-day activities?

Yes No

Please tell us about these on the form below. Use the codes to indicate level of ability.

Codes

- 1 No help required
- 2 Don't receive help but struggle
- 3 Able to do alone but with the help of equipment (please state what equipment used)
- 4 Able to do but need some help from someone else (please state who that is)
- 5 Unable to do or need maximum help

| Activity | Code | Comments | Activity | Code | Comments |
|-----------------------------|------|----------|---------------------------|------|----------|
| On/off chair | | | Dressing | | |
| On/off bed | | | Housework | | |
| Toileting | | | Laundry | | |
| Continence Bladder/Bowel | | | Preparing food/cooking | | |
| Bathing/Showering | | | Shopping | | |
| Washing hands/face | | | Budgeting | | |

Section 4: Supporting comments

PLEASE NOTE: If a report is needed from your GP, consultant or another health professional, the Medical Adviser will contact them directly provided that you have given your consent in section 5 of this form. DO NOT take this form to your GP.

This section should be completed and signed on behalf of the person with special and/or medical needs by anyone in a position to support this application. This could be an occupational therapist, a social worker, a district nurse, a home help or a member of your immediate family who is aware of your current needs, but not by yourself.

| | |
|--------------------------|--|
| Name | |
| Address | |
| Contact telephone number | |
| Designation | |

Please give us any information you think might be relevant to the application.

Signed (NB. Not the applicant)

Section 5: Consent

Consent to contact your GP or other doctor involved in your care

This should be signed by the person for whom the medical and/or special needs assessment is requested or by someone who has legal authority to act on their behalf.

I agree to my own doctor, GP or Consultant, divulging to the Council's Medical Adviser, details appropriate to this application. I am aware that under the Access to Medical Records Act, I have the right of access to this information from my GP. I understand that the information given may be used anonymously for health and/or housing research.

Signed _____ Date _____

NB. If you have signed this form on behalf of the person with medical and/or special needs please indicate what authority you have to act on their behalf:

| | |
|--------|--|
| Name | |
| Status | Legal Power of Attorney/ Financial Guardian/ Welfare Guardian (please delete those that do not apply) |

Consent for application to be considered by a Special Needs Panel

This should be signed by the person for whom the medical and/or special needs assessment is requested or by someone who has legal authority to act on their behalf.

I consent for my application to be considered for any of the Special Needs Panels if it is deemed to be the most appropriate to my situation.

The current Special Needs Panels are the Physical Disability Panel, the Very Sheltered Housing/Housing with Care Panel, and the Special Needs Panel for persons with enduring mental illness or learning disability.

The Special Needs Panel will consider details of my situation, including any relevant medical detail, which will be discussed between the attending professionals. These professionals may include representatives from Occupational Therapy, Community Psychiatric Nursing Service, Social Work Department, Housing Providers and the Medical Adviser of NHS Tayside.

The allocation of a medical priority may depend on other professionals being asked to submit an Assessment of Need and this may require a visit from one of the groups noted above so the application can be discussed in more detail. If I do not consent to this the Housing Provider and the Medical Adviser of Tayside Primary Care NHS Trust will be the only parties to consider my application and to award any priority based on the available information.

Signed _____ Date _____

NB. If you have signed this form on behalf of the person with medical and/or special needs please indicate what authority you have to act on their behalf:

| | |
|--------|--|
| Name | |
| Status | Legal Power of Attorney/ Financial Guardian/ Welfare Guardian (please delete those that do not apply) |

Section 6: Additional information for Very Sheltered Housing and Housing with Care

Only complete this section if you are applying for very sheltered housing or housing with care.

These are specialised types of housing for older people and more information about them can be found on page 24 of the Dundee Housing Application Form.

If you are applying for Very Sheltered Housing or Housing with Care, please complete this section in addition to the rest of this form. You will also need to make a housing application to all the providers you wish to be considered for.

If you have any other evidence to support these extra needs please submit it, or provide contact details for those who can supply it:

| Name | Address | Contact number | Designation |
|------|---------|----------------|-------------|
| | | | |
| | | | |
| | | | |

Are your medical needs well controlled?

| Yes | No | Comments |
|-----|----|----------|
| | | |

Do your care needs vary greatly from day to day?

| Yes | No | If Yes, please give further details |
|-----|----|-------------------------------------|
| | | |

Do you have frequent falls?

| Yes | No | If Yes, please give further details e.g. circumstances, frequency |
|-----|----|---|
| | | |

Have you any memory problems?

| Yes | No | If Yes, please give further details |
|-----|----|-------------------------------------|
| | | |

Have you any mental health issues?

| Yes | No | If Yes, please give further details |
|-----|----|-------------------------------------|
| | | |

Are there any issues regarding personal safety?

| Yes | No | If Yes, please give further details |
|-----|----|-------------------------------------|
| | | |

Are you able to provide snack meals for yourself?

| Yes | No | Comments |
|-----|----|----------|
| | | |

Is there any other information you think might be relevant to your application?

| | |
|--|--|
| Signed (person applying for Very Sheltered Housing or Housing with Care) | |
| Date | |

| | |
|---|--|
| Signature of person acting on behalf of applicant | |
| Date | |
| Status | Legal Power of Attorney/ Financial Guardian/ Welfare Guardian. (please delete those that do not apply) |