

(a) EXTENSION OF OPENING AND SERVICE IMPROVEMENTS (AN127-2005)

Following the recent enhancements to the Olympia Health Suite and Fitness Studio, and in response to increasing customer demand on the Olympia facilities due to the success of the LeisureActive membership scheme – a number of service improvements are proposed.

It is recommended that extended weekday access hours to both the Fitness Studio (7.00 a.m. to 9.00 p.m.) and Health Suite (8.00 a.m. to 9.00 p.m.) are introduced.

It is further proposed to extend ticket sale hours from 8.00 a.m. (currently 9.00 a.m.) to 8.00 p.m. (currently 7.00 p.m.) each weekday.

It is also proposed to extend the operation of waterslides and waves in Leisure Pools. Normal term-time service will still commence at 4.00 p.m. but, instead of finishing at 7.30 p.m., will finish 1 hour later at 8.30 p.m. During school holidays, opening will be extended to 8.30 p.m. from 5.30 p.m.

Access times to the Training Pool will remain the same i.e. from 6.30 a.m. to 9.30 p.m. on weekdays. New water-based exercise units (Aqua-Gym) will be available from 8.00 a.m. – 11.00 a.m. during weekdays and this additional facility will be included within the normal admission cost.

The new water-based exercise units (Aqua-Gym) will be available in the Dive Pool from 12 noon during term-time and school holidays, through to the end of normal opening periods and from 10.00 a.m. to 5.30 p.m. at weekends. This additional facility, located in the shallow swim-lane at the north end of the Dive Pool, will be included within the normal admission cost.

Water-based exercise sessions and the current swimming lessons' programme will be expanded to capitalise on the availability of additional swim space and to help satisfy previously unmet demand.

An expanded timetable of exercise sessions led by Fitness Coaches will deliver Lifestyle, Health & Fitness assessments. These assessments will be available to membership and pay and play customers, along with individualised fitness regimes and workouts with a personal trainer.

Located in the existing Fitness Studio area, a dance space has been provided for aerobics/exercise classes led by Sessional Coaches and an adjacent room will be furnished with cycles for staff-led RPM (revolutions per minute) classes.

It is anticipated that the above recommendations will result in additional income being generated and as a result the overall costs can be contained within the existing Leisure & Arts Revenue budget.