



Editors Introduction

Welcome to the fourteenth issue of the Dundee Partnership E-Bulletin.

Amongst other things, Regeneration seeks to breathe new life into areas through improving the physical environment, bring members of the community together and improve the local economy.

In many areas across Scotland, money has been poured into regeneration, yet not a lot has changed. In others relatively modest investment has led to improvements across education, commerce, housing and community safety. Research from the USA highlights that the key to positive change through regeneration is cohesiveness.

This is seen in areas that have strong social and strategic links that bring together whole neighbourhoods behind regeneration efforts. It is evidenced through communities and those working in them coming together through the forming of networks, sharing of information and then collectively taking action.

In many of the best examples of successful regeneration there are a disparate range of partners involved. These include the community themselves, which cannot be seen as a single collective with one view, but rather many individuals and small groups each with their own ideas and views.

Communities where regeneration works best are able to reach some sort of consensus on what they want locally, and get behind taking the resulting ideas forward. Community groups, agencies working in the locality (including the different parts of the local authority, NHS, and other public bodies) also need to work constructively together for real change to be made.

Doing all of this can be uncomfortable for all involved, and perhaps this is why we see so many regeneration initiatives across the country not working. People get discouraged when faced with alternate views to their own, and disengage from collaboration. Others are more persistent, and perhaps more open minded, and so continue to work at what their community needs. With more people remaining engaged, perhaps we can make more from our regeneration efforts?

I'm reading a very interesting book at the moment, 'Messy' by Tim Harford. One example from it was on research done on how groups of friends worked together on a complex puzzle (using evidence from an old court case to try and solve it) compared to similar groups of friends that had a stranger added to them. The group of friends enjoyed the process a lot more than the mixed group, but only had a success rate of 54%. The group that included a stranger had a 75% success rate. The difference appeared to be down to willingness to constructively challenge the ideas of others in the group.

Regeneration is a complex puzzle. We all want to make things better in our communities, and the above example shows that better results are possible when challenges are made and the views of 'strangers' taken into account. How can we all go about achieving that?

I think that our recent 'Dundee Decides' voting was a good example that takes us in the right direction. Community views had been sought through Engage Dundee and the suggestions for locally needed improvements were turned into practical infrastructure projects by DCC staff. These were then taken back out into the community by workers in Regeneration, Adult Learning, Education, and many others and as a result over 10% of the eligible population registered their vote.

Over the coming months, we'll see the successfully funded projects coming into existence. Hopefully this will bring on board some of the doubters of the process and help to increase the cohesiveness of local communities. In turn this builds up momentum to make future regeneration projects more likely to succeed, all to the benefit of local people.

Paul Davies
Senior Community Planning Officer
Dundee Partnership Team



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Upcoming Events

Baxter Park - Celebration in the Park

Partly funded by the Maryfield Regeneration Forum through the Dundee Partnership, Celebration in the Park at Baxter's Park is just around the corner again with Sunday 12th August 2018 the date to look out for. To read more, click [here](#).



Business Growth Mentoring Group

Dundee & Angus Chamber of Commerce are offering four half day sessions, starting on the 27th July to help business people share and learn together. Questions that will be asked include;

- Where do you see your business in three years' time?
- How are you going to get there?
- What's holding you back?

To read more, click [here](#).



DUNDEE & ANGUS
CHAMBER OF COMMERCE



Third Sector Interface Offers Training

As part of their ongoing training programme, the following courses are on offer.

- Spotlight On: How to Lobby Councillors
- Let's Talk About Smoking: the effects of smoking on mental health
- Collaborative Co-Production
- How to Present With Confidence
- Managing Relationships in the Third Sector

For further details on these, click [here](#).



NHS - Department of Spiritual Care

Are you interested in becoming a volunteer listener? Spiritual Care Listener - *"Helping people (re)discover hope and inner strength in times of illness, change and loss"* . To read more, click [here](#).



Dundee Children and Families Information Service

Several activities for families over the summer holidays have now been added to the Dundee Holiday / Leisure Category on the Scottish Family Information Services Website at www.families.scot.

This includes activities such as Play on Wheels Holiday Timetable, North East Young People and Families Free Summer Activities Programme, and NAS Dundee and Angus Branch Summer Activities. The Holiday/Leisure Category also has direct links to other local websites of activities including activities by Leisure and Culture Dundee and Dundee Council What's On and others. To read more, click [here](#).

Wrestling at the Caird Hall

Saturday 18 August 2018 - Doors open 6.15pm. One of the longest established Wrestling Events returns to the Caird Hall for the 15th Annual Show. To read more, click [here](#).





Recent Events

Community Companions

Community Companions held a Summer Party at the Craigiebank Church Hall, Carlochie Place, on Friday 22nd June thanks to a donation from Marks and Spencer, Broughty Ferry. They have lots of new members and this was a great opportunity to get together and get to know each other. To read more, click [here](#).



Success Stories

Good Governance Awards

On 16th May the first four charities to complete the Good Governance Award attended a ceremony at Dundee City Chambers. These were

- [Alternatives: Dundee Crisis Pregnancy Trust](#),
- [Amina: the Muslim Women's Resource Centre](#),
- [Gowrie Care](#), and
- [Tayside Council on Alcohol](#)

To read more, click [here](#).



College Gets Treated 'Royally' at Buckingham Palace

The sun was shining, the hats were out and it was time to celebrate for Dundee and Angus College. Why? Well we are proud to say we were invited to a garden party at Buckingham Palace in recognition of the work that we undertake for the Prince's Trust. To read more, click [here](#).





Dundee a 'Must See Destination'

Several websites and news agencies have recently highlighted Dundee as being a destination worth visiting.

The city's creative spirit, friendly welcome and soon-to-be-opened V&A Dundee are all cited as reasons to travel to Dundee. One example article is [here](#) on the BBC website.

Articles

Bus Ticket Offer

Dundee's Bus Companies are continuing their scheme allowing accompanied children to travel for 20p. To read more, click [here](#).



The McMenace!

The McManus: Dundee's Art Gallery & Museum is collaborating with DC Thomson's Beano Studios this Summer, by launching a bespoke exhibition 'Bash Street's Back at The McMenace', to celebrate the Beano's 80th birthday. To find out more, click [here](#).



In Your Neighbourhood

A new blog and associated 'IYN' pages have been set up to help promote activities and services within local Wards across the city.

The blog can be found [here](#) and also has links to the IYN Facebook page for each Ward.





Dundee: An Active City with Active People

Dundee has become the first place in Scotland to launch a Physical Activity Strategy. The strategy aims to help everyone connected to the city lead healthier and more active lives. To read more, click [here](#).



Dundee & Angus College – Discover Programme

With the stresses and strains of modern life, so many of us are stuck on a treadmill desperately trying to pay the bills, but deeply unhappy about how and why we got there. To read more, click [here](#).



Talking 'Bout Teddies

Dundee Library & Information Services has launched a unique and innovative teddy bear project, Talking 'Bout Teddies, that explores human beings' biological need for comfort and reassurance. To read more, click [here](#).



Active Schools Dance Programme

Funded through the DP Community Regeneration Fund, these classes take place at a range of Primary Schools, and are free of charge. To read more, click [here](#).



ParkLives

Parks and greenspaces across Dundee are playing host to hundreds of fun, free activity sessions as ParkLives returns to the city for a third year. To read more, click [here](#).



Dundee Musicians Award 2018/19

Applications are now being invited for the Dundee Musician's Award 2018/19. Grants up to a maximum of £500 are available. To read more, click [here](#).



Revealing Characters – exhibition runs throughout 2018

Revealing Characters continues its popular run at The McManus. The selection of works reflects the diverse range of artistic styles and approaches taken by artists in their challenge to represent their sitters and keep them real. From poets and muses to men with big noses there is plenty to inspire and entertain in this dynamic display. To read more, click [here](#).



Services

DVA – Book Rooms & Equipment

DVA has office accommodation, meeting rooms and equipment available to hire, all bookable online. To read more, click [here](#).



Warpit – A Way of Reusing Surplus Items

The Scottish Charities WARpIT system is a great way of reducing waste and the carbon footprint of your organisation. It enables you to donate surplus items to other organisations whilst also showing you the items that they have spare. More details on how it all works, and for signing up, can be found [here](#).





Consultations

Local Governance Review

The Scottish Government and COSLA have launched a Local Governance Review, which will ensure local communities have more say about how public services in their area are run. All the information about the consultation can be found [here](#), including a short explanatory [animation](#).



Scottish Government
Riaghaltas na h-Alba
gov.scot

Social Security & In-Work Poverty

The Scottish Parliament's Social Security Committee has launched an inquiry into social security and in-work poverty. The Committee will focus on the potential impact of Universal Credit on in-work poverty and is seeking input from organisations and individuals to inform their view. More information and templates for submitting your views can be found [here](#).



The Scottish Parliament
Pàrlamaid na h-Alba

Funding

Community Regeneration Fund Allocations in May & June

Click the logo below to view these.





Links

Over time, we aim to develop this section of the bulletin to include useful links to a range of organisations and information.

Partner Links

[Department for Work & Pensions](#)

[Dundee & Angus Chamber of Commerce](#)

[Dundee & Angus College](#)

[Dundee City Council](#)

[Dundee Health & Social Care Partnership](#)

[Dundee Partnership](#)

[Dundee Social Enterprise Network](#)

[Dundee University](#)

[Dundee Voluntary Action](#)

[Job Centre Plus](#)

[Leisure & Culture Dundee](#)

[NHS Tayside](#)

[My Wellbeing](#)

[Protecting People Dundee](#)

[Police Scotland](#)

[Scottish Enterprise](#)

[Scottish Fire & Rescue Service](#)

[Scottish Government](#)

[Skills Development Scotland](#)

[TACTRAN](#)

[Tayside Criminal Justice Authority](#)

[University of Abertay Dundee](#)

[Volunteer Dundee](#)

Local Links

[Active Schools Newsletter](#)

[Amina Muslim Women's Resource Centre](#)

[Boomerang Community Centre](#)

[Citizen's Advice Bureau](#)

[DIAL-OP](#)

[Discovery Credit Union](#)

[Dundee Access Group](#)

[Dundee Carers Centre](#)

[Dundee Federation of Tenants Associations](#)

[Dundee International Women's Centre](#)

[Dundee 'My Life' Portal](#)

[Dundee Pensioners Forum](#)

[Family Information Services](#)

[Good Governance Award](#)

[Penumbra](#)

[Positive Steps](#)

[Protecting People in Dundee \(multi-agency\)](#)

[Salvation Army](#)

[Shelter Scotland](#)

[Tay Cities Deal](#)

[Tayside Council on Alcohol](#)

[The Corner](#)

[Transform Furniture](#)

[Yusuf Youth Initiative](#)

National Links

[Action for Children](#)

[Parklives](#)

[Power of Attorney Campaign](#)

[Princes Trust](#)

[Royal National Institute for the Blind](#)

[Scottish Living Wage Accreditation Initiative](#)

[Scottish Urban Regeneration Forum \(SURF\)](#)

[Visit Scotland](#)



Submission Dates

We will issue an e-bulletin every two months. To enable us to compile articles and carry out formatting or editing, please submit any articles to us at:

Dundee.Partnership@dundeecity.gov.uk by the dates below.

Issue #	Submissions Deadline	Issue Date
15	24 th August	September 2018
16	19 th October	November 2018
17	21 st December	January 2019

Feedback

We welcome any feedback on the e-bulletin so that we are able to make ongoing improvements in format and content that meets the needs of all who receive the bulletin.

Please send any comments to Dundee.Partnership@dundeecity.gov.uk

Mailing List

If you would like to be added to or removed from the mailing list for this e-bulletin please let us know by email to Dundee.Partnership@dundeecity.gov.uk. If asking to be added, please provide us with a full name, any agency, group or community with which you are associated, and your email address.

We also make occasional use of the mailing list to send out additional information and Dundee Partnership event invitations. If you do not wish to be contacted with these, please let us know.

If you know of anyone who would like to receive the e-bulletin, please feel free to pass this issue on to them and encourage them to contact us at the above email address.



Active Schools Dance Programme



Pictured (Top) is the new Mill of Mains P4-7 Dance class with their coach Charis Kelly from RC Dance.

Pictured (Below) is the new Longhaugh P1-2 Dance class with their coach Caitlyn Rose from Dancilicious. Both classes are Dundee Partnership funded and are very popular with the pupils.





These dance classes, along with the current classes at Ballumbie, Fintry and St. Lukes and Matthews primary schools will allow 250 different pupils with the opportunity to dance on a weekly basis at no cost.

The pupils are currently gearing up for their end of term school assembly performances! Active Schools are also delighted to have such talented young senior pupil dance coaches, leading the classes this year and doing a great job.



Wrestling - Hell for Lycra

Saturday 18 August 2018 - Doors open 6.15pm

One of the longest established Wrestling Events returns to the Caird Hall for the 15th Annual Show.

Bringing the best wrestling stars including Hall of Famers.

This year will be no different as Scottish Wrestling Entertainment stage this fun-filled family event.

Tickets - Dundee City Box Office, 16 City Square Dundee
DD1 3BG Tel 01382 434940





Baxter Park - Celebration in the Park

Partly funded by the Maryfield Regeneration Forum through the Dundee Partnership, Celebration in the Park at Baxter's Park is just around the corner again with Sunday 12th August 2018 the date to look out for.



The event will be open for business from 12 noon until 4pm with fun rides, a huge selection of over 50 stalls including craft stalls, children's clothing and toys, handmade jewellery and beauty products, plus the artists from our successful Open Close Project.



We have the return of the famous Dundee Motor Show with over 200 vintage vehicles and the ever popular Truck section.

The children's funfair was so popular last year we've gone and made it bigger with a funhouse, carousel, bungee trampolines, inflatable slides, disco dome and play area.

And new for this year we have something really special with

Dundee University, the Science Centre and Dundee Contemporary Arts all joining us with some fantastic hands-on science and art fun for the young and not so young

We have live music with Brooke Coventry, Wayne O'Hare and Jimmy Smart, The Graham Brown Band, and The Mnemonics, all starting off with the ever popular Marching Pipe Bands to start us off.

We'll also have Wood Fired Pizza's, Big Winny's Munch Box Truck, The Aloha Ice Bar, Cairn o' Mohr's Ciders, Wines and Beer, The Unique Pink Sandy Mocktails, plus much, much more.



For up to date information on everything Celebration in the Park you can find us on Facebook @Baxter Park - Celebration in the Park (remember to share us with your friends)



If you would like to get involved contact us at info@stobswell.org.uk or phone 01382 438858 or [Facebook.com/stobswell](https://www.facebook.com/stobswell) forum or visit us at www.stobswell.org.uk.

College Gets Treated 'Royally' at Buckingham Palace

The sun was shining, the hats were out and it was time to celebrate for Dundee and Angus College. Why? Well we are proud to say we were invited to a garden party at Buckingham Palace in recognition of the work that we undertake for the Prince's Trust.

Over the last five years, the College has collaborated in numerous training programmes on behalf of the Trust with the aim of getting young people into work. These have covered a wide variety of areas from healthcare to hospitality.



One of our most successful was our six week long 'Get into Electrical' programme. As the demand for electricians increases, we took a group of fourteen youngsters and introduced them to the basics of electrical installation including PVC wiring circuits, PVC trunking, conduit circuits, electrical testing and health and safety practices.

The learners then had the opportunity to sit the SECTT test which is a mandatory requirement for working in this sector and spent a week on a work placement.

As, Allan Watt, the Scotland Director of the Prince's Trust, said:

"Prince's Trust Scotland is delighted that this group of young people from Dundee and Angus have had a chance to show off their potential to be the future workforce in electrical installation. We can only do this when industry partners like SELECT and the college network give our young people their investment, expertise, training and work experience. "



If you'd like to know more about the collaborations between the College and the Prince's Trust then get in touch and find out how we can help you create a workforce for the future. K.simpson@dundeeandangus.ac.uk

Dundee & Angus College – Discover Programme

Are You Stuck in a Rut? Have you Lost Your Motivation?

Read On!

With the stresses and strains of modern life, so many of us are stuck on a treadmill desperately trying to pay the bills, but deeply unhappy about how and why we got there.



But how many of us are brave enough to step back and plan an escape?

Well, Dundee and Angus College are launching a new initiative which could go a long way to helping you do that. ***The Discover Programme*** will be running in both our Dundee Kingsway Campus and Arbroath with the aim of helping you master your mind set.

During the course we will support you to understand a variety of issues such as your own self-worth, values, aspirations and ability to achieve. We will look at how to manage anger, stress and anxiety and will learn how to gain control of your life.

As life coach, Jim McEvoy says,

“It’s very easy to lose confidence in your own ability and but it’s amazing what you can achieve with some clear thinking and a plan. We’re here to help you achieve that”

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The Arbroath course runs from Monday 25th June and the Dundee Kingsway course runs from July 2nd.

For referrals please contact Jobcentre Plus or for further information contact Jim McEvoy on 07590734068 or Kathryn Simpson on 07540823242

Dundee Musicians Award 2018/19

Applications are now being invited for the Dundee Musician's Award 2018/19.

Grants up to a maximum of £500 are available.

The Dundee Musicians' Award is staged by Leisure and Culture Dundee. The Award was established in 2008 to support the work of outstanding Dundee-based musicians by awarding grants towards the costs involved in creating new work in any genre, research and professional development.

The awards support projects that look at creative development through collaborations, working with new partners, or new producers and with support of Dundee Place Partnership we are also, offering the opportunity for Dundee based musicians to apply to the Mentoring scheme.

Over the past 10 yrs winners have included: The Hazey Janes, Charlotte Brimner, Panda Su, The Mirror Trap, Fat Goth, Scary People, AMWWF, Michael Marra, Loadsaweeminsing. Cantiones Sacrae and many more.

Closing date for applications is Friday 3 August 2018

For further information contact:

dma@leisureandculturedundee.com or
tel (01382) 434111

Download an Application Form:

www.leisureandculturedundee.com/culture/music-development-dundee





Book Rooms and Equipment at Number Ten



We have office accommodation, a range of meeting rooms and equipment available that are flexible enough to meet your needs, all available to book through our [online booking system](#).

- Central Dundee Location
- Realistic & Reasonable Pricing
- Fully Accessible

Members receive discounted rates on rooms and free hire of equipment. To become a member visit <http://www.dva.scot/become-a-member>.

Community Companions

We at Community Companions love nothing better than a party and this year we held a Summer Party thanks to a donation from **Marks and Spencer, Broughty Ferry**.

We have lots of new members and this was a great opportunity for us all to get together and get to know each other.

The party was hosted at the **Craigiebank Church Hall, Carlochie Place, on Friday 22nd June from 12:30-2:30pm.**



More good news - Community Companions has been awarded a Big Lottery 'Awards for All' grant of £10,000. This money will enable Liz Gordon, Cafe Engagement Worker to continue her great work with the social cafes.



By setting up more cafes, we will be able to reach more people and continue to build on the success of the project. We as a team would like to thank all the professionals and people who visit the cafés for their continued support.

To find out more about Community Companions email communitycompanions@dva.scot or tel: 01382 305736



Dundee Third Sector Interface Training

Spotlight On: How to Lobby Councillors

Wednesday 1st August, 9:30-11am

www.eventbrite.co.uk/e/spotlight-on-how-to-lobby-councillors-tickets-46801352104

Let's Talk About Smoking: the effects of smoking on mental health

Tuesday 21st August

www.eventbrite.co.uk/e/lets-talk-about-smoking-the-effects-of-smoking-on-mental-health-tickets-47074243329?aff=ebdssbdestsearch

Collaborative Co-Production

Thursday 30 th August	Thursday 6 th September
9.30 am – 12 noon	1.30 pm – 4.00 pm

Venue: Number Ten

To book email marionlogan@dva.scot

How to Present with Confidence

18th September

9.30 am-12 noon

Venue: Number Ten

To book a place email marionlogan@dva.scot

Managing Relationships in the Third Sector

Wed 26th Sept 2018

www.eventbrite.co.uk/e/managing-relationships-in-the-third-sector-tickets-46523032643



Good Governance Awards- 16 May 2018



On 16th May the first four charities to complete the Good Governance Award attended a ceremony at Dundee City Chambers and are all pictured above with their Awards.

Lord Provost Ian Borthwick presented awards to;

- [Alternatives: Dundee Crisis Pregnancy Trust](#),
- [Amina: the Muslim Women's Resource Centre](#),
- [Gowrie Care](#), and
- [Tayside Council on Alcohol](#)

Achieving the Award requires charities to demonstrate that they have excellent governance practices in place throughout their organisation. The event was attended by representatives from across the third and public sector, including staff from OSCR and the Big Lottery Fund.

The Good Governance Award is the quality standard for Scottish charities, developed with OSCR to help support best practice. For more information visit our [website](#), or call 01382 305724.



Dundee Children and Families Information Service

Some upcoming Free children and family activities over Summer Holidays

- National Play Day 1 August 2018 at Baxter Park

<https://www.facebook.com/events/2015939798626628/>

- Pop Up Play at the Burnie

Take part in some loose parts, pop up play, with Play on Wheels and Dighty Connect this summer. Free Friday events throughout the school holidays 13, 20, 27 July and 3 August
www.facebook.com/dighty.connect.1/photos/a.156292424571118.1073741849.155094174690943/861227344077619/?type=3&theater

- Saturday Stars at Mills Observatory - Saturday 14th July and 11 August 2pm

www.dundee.gov.uk/events/event/25091

- Storytelling at Barnhill Rock Garden – 5, 19 July and 2 August 11am

www.dundee.gov.uk/events/event/25291

- Wee Wellies Arts Activities – 4th and 25th July 11am

www.dundee.gov.uk/events/event/25294

- Family Fun Day at St Pauls Swim and Sports - 10am-4pm on the 21st July 2018

www.leisureandculturaldundee.com/event/25591

- Navigate/Create at McManus – Free but booking essential (details at link). Saturday 28 July 2018 2pm. www.facebook.com/events/156122795071202/

These and more are listed at our Holiday/Leisure Category including links to other local Dundee websites such as Leisure and Culture Dundee, Active Schools, Parks etc.

Go to www.families.scot, select Dundee City and Holiday/Leisure Category and hit Search

www.facebook.com/FISDundee

www.twitter.com/FISDundee

www.instagram.com/FISDundee



Talking 'Bout Teddies

Dundee Library & Information Services has launched a unique and innovative teddy bear project, Talking 'Bout Teddies, that explores human beings' biological need for comfort and reassurance.

Working in partnership with the organisation, connected baby, and led by research scientist Dr Suzanne Zeedyk, the project has attracted an incredible range of participants aged from 2 to almost 92.

www.leisureandculturaldundee.com/unique-teddy-bear-project-launched-dundee



ParkLives

Parks and greenspaces across Dundee are playing host to hundreds of fun, free activity sessions as ParkLives returns to the city for a third year.

Thousands of Dundonians can take advantage of the growing outdoor and urban fitness craze which is sweeping the nation for free.



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Delivered by teams from Leisure & Culture Dundee and Dundee City Council in partnership with Coca-Cola Great Britain, ParkLives sessions help local parks come to life with activities that bring communities together and improve wellbeing.

www.leisureandculturaldundee.com/fun-free-outdoor-activities-offer-thousands-dundee-residents-return-parklives-0.

Dundee: An Active City with Active People

Dundee has become the first place in Scotland to launch a Physical Activity Strategy. The strategy aims to help everyone connected to the city lead healthier and more active lives.

The strategy sets out the priorities for the City based on demographics, population trends and statistics and provides an inspiring picture of what the city can be and what can be achieved through physical activity of all kinds. Dundee aspires to be an “active city with active people” by prioritising Sports & Recreation, Play, Active Living and Dance.

The Dundee Partnership and the City’s physical activity sector believes this strategy, with its four complementary frameworks, provides the platform with which this can be achieved through appropriate investment, commitment and unity.



Sinclair Aitken, Chair of Leisure & Culture Dundee said, “Through the Dundee Partnership we have put the city in a great position to help everyone become more active. Becoming an active city with active people is something we can achieve by working together for the benefit of all.”

Councillor John Alexander, Leader of Dundee City Council said, “The strategy talks about increasing physical activity within the workplace and signing up to The Daily Mile is one way we can put that into action.

“We’ll be encouraging employees to walk to work, park further away, get off the bus a few stops early, go for a lunchtime walk, take the stairs not the lift and have walking meetings – anything that helps make The Daily Mile part of their daily routine.”

Health and Sport Secretary Shona Robison said, “Walking and being more active contributes so much to good physical and mental health. It’s fantastic to see so many organisations across Dundee work together in partnership to get people more active, more often and help us reach our ambition of becoming the first Daily Mile Nation.”

Dr. Drew Walker, Director of Public Health, NHS Tayside said, “Walking is likely to appeal to all employees as a means to promote physical activity. Many schools in the city are



already taking part in the Daily Mile and I look forward to our NHS staff experiencing similar health& wellbeing benefits. Dundee City Council and NHS Tayside employees taking the challenge together demonstrates the combined effort the city is making to helping everyone become more active, happier and healthy.”

Sportscotland Chief Executive Stewart Harris said, “We are delighted to have worked with our partners on the development of Dundee’s Physical Activity Strategy.

“We strive to ensure sport is at the heart of society in Scotland and makes a lasting and positive impact on people and communities.

“The priorities set out in the strategy can help the people of Dundee become more active and lead a healthy lifestyle.”

The strategy has been developed in partnership with Leisure & Culture Dundee, Dundee City Council, NHS Tayside, Abertay University, Dundee Academy of Sport, University of Dundee, Dundee Dance Partnership, sportscotland and Play Scotland.

To find out more on Dundee’s Physical Activity Strategy go to www.leisureandculturedundee.com/dundee-physical-activity-strategy.



Revealing Characters – exhibition runs throughout 2018

Revealing Characters continues its popular run at The McManus. The selection of works reflects the diverse range of artistic styles and approaches taken by artists in their challenge to represent their sitters and keep them real. From poets and muses to men with big noses there is plenty to inspire and entertain in this dynamic display.

The exhibition looks at the enduring attraction of the portrait and uncovers the stories of the people on display. All are individuals who have made their mark – their portraits a record of their contact, however fleeting, with an artist. As photography replaced the need to record what someone looked like, artists adapted. Their skills are used to capture more than a likeness, using the human face to explore their own artistic expression as well as the emotional life of the sitter.



Image: © Simon Reekie, 'Father', 2004

Also included is our contribution for the Scotland's Year of Young People which features a special display of portraits of children and young people by celebrated photographer Joseph McKenzie.

Admission Free. Opening Times: Mon to Sat 10am-5pm; Sun 12.30-4.30pm.

For information visit www.leisureandculturedundee.com and www.mcmanus.co.uk

Follow us on social media: Facebook, Twitter & Instagram @McManusDundee



DEPARTMENT OF SPIRITUAL CARE

ARE YOU INTERESTED IN BECOMING A VOLUNTEER LISTENER?

Spiritual Care Listener - *“Helping people (re)discover hope and inner strength in times of illness, change and loss”*

Can you be a good listener?



Can you help someone explore what they are going through?

Listening to people’s concerns can help them feel less isolated and anxious while helping them feel more hopeful and valued.

Volunteers can play a vital role supporting the work of the Department of Spiritual Care in their work often being the initial point of contact.

Volunteering opportunities available in

- Bereavement
- Community
- Hospital

Members of the Department provide ongoing support.

If you are interested in becoming a volunteer with the Department of Spiritual Care an information afternoon is being held on Wednesday, 12th September 2018.

If you wish to attend please contact Lynne Downie on 01382 423110 or email lynne.downie@nhs.net

Dundee Partnership Community Regeneration Fund Allocations – May & June 2018



Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
C1803	Coldside Events Group	Coldside	To fund a free Family Fun Day in Hilltown Park for local families to enjoy, along with opportunities for local businesses and organisations to provide information to the people in the community and over 400 people will benefit.	£3,057
C1804	Dundee Pensioners Forum	Coldside	To pay the cost of the publishing and distribution of 4 newsletters annually. 330 copies of each newsletter highlighting local developments, activities & information relevant to older people will be distributed to those on the mailing list plus local community centres, libraries and sheltered housing complexes.	£403
C1805	CLD Team	Coldside	To fund activities for local families during the school holidays, including an opportunity for families to have lunch together for free, and to find out about other support organisations in their local area. 4 sessions will be provided in Summer, 2 in October and 2 extra evening sessions in December will benefit 350 people.	£1,596
C1806	Wedderburn Street Sheltered Housing Complex	Coldside	To fund a more accessible, welcoming and pleasant outdoor space at the front of the sheltered housing tenants, as well as tidying up an unkempt area of the. 50 tenants and the rest of the immediate community will benefit from this project.	£485
C1807	Highwayman Management Group	Coldside	To part fund a tutor and some materials for the Digital Photography Club exhibiting their work in the community. 9 local older people benefit from this project.	£1,268
C1808	Friends of Dudhope Park	Coldside	To fund a free fun day in Dudhope Park for 400 local people where they can be encouraged to come together and enjoy their local green space.	£1,457

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
CY1805	Central Youth Team	Coldside	To fund a summer programme of six day trips and four 2hr long healthy cooking sessions during the summer holidays for 55 young people who attend the Youth Group based in Maxwell Centre.	£2,470
EE1806	St Ninians Stay & Play Family Support Group	East End	The grant would enable 30 families to go on an outing to Jumping Joey's in Arbroath. The funding will cover the cost of bus hire and 30 children's entrance fees.	£340
EE1808	Adult Learning Team	East End	To purchase garden toys and removable seating to encourage families to access the newly refurbished 'Wee Douglas Garden'. This will benefit 50 local families.	£250
EE1809	Craigiebank Association	East End	The grant will fund this annual summer festival for around 300 people. The festival will include a magician, band, face painter, animal zoo, mascots and publicity.	£1,000
EE1810	Douglas 60+ Group	East End	To fund the coach hire for a day trip to the Falkirk Wheel for 29 members who otherwise would struggle to afford to attend.	£325
EE1813	Brooksbank Centre & Services	East End	To allow a family fun week can be offered at a low cost to benefit 150 children and 250 adults. The funding will cover activities such as science workshops, fun fair rides, pony petting, a magic show and bus trips to Newton Farm and Active Kids.	£2,960
EEP1803	Douglas Community Centre LMG	East End	To match fund the upgrade of the café and courtyard areas of the centre. This will enable the plans to include patio doors and a refurbished courtyard. It will benefit the whole community who use the centre.	£20,000

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
F1801	Yusuf Youth Initiative	Ferry	To fund delivery of 8 presentations, 8 health drop-in sessions and 8 listening service sessions to a total of 370 pupils at Grove Academy throughout the year.	£2179
F1802	Broughty Ferry Youth Network	Ferry	Provide funding for 30 young people in receipt of free school meals at Grove Academy to access locally available summer holiday sporting activities & travel costs free of charge.	£1,755
F1803	Hillcrest Housing Association	Ferry	To purchase & install a bench for use by the 13 residents within the communal garden of Spence Place sheltered housing development.	£120
L1814	St Mary's Community Café Group	Lochee	To fund a weekly café for 50 people which provides free hot and cold food to consume on the premises and to take away. It is a warm, safe environment for food, socialising with advice and assistance. The group promote friendship and integration of everyone.	£2,250
L1815	Menzieshill Community Centre LMG	Lochee	Family Fun Day providing entertainment and activities for local families. This will take place in the Community Centre with local agencies and services providing information as well as activities for centre users. Most activities will be free of charge, with some incurring a very small charge. 600 will benefit from this event.	£3,960
L1816	Dundee Pensioners Forum	Lochee	To pay the cost of the publishing and distribution of 4 newsletters annually. 330 copies of each newsletter highlighting local developments, activities & information relevant to older people will be distributed to those on the mailing list plus local community centres, libraries and sheltered housing complexes.	£403
L1817	Dryburgh Community Association	Lochee	To fund a free summer trip including bus, admission costs and breakfast, lunch and snacks for 33 children to East Links Family park in Dunbar.	£1,084

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
L1819	Clyde Place Sheltered Lounge	Lochee	To fund the upgrade of the outside seating area for 40 residents of the sheltered housing complex and visitors to be able to sit outside and enjoy the garden, with benches and dining sets.	£420
L1820	Lochee Local Community Planning Partnership	Lochee	To fund a free programme of stimulating fun activities for children and their families from the Lochee ward to participate in over the summer holiday period. The project will be run by a variety of partners and funding will include tutor costs and resources for 350 people to benefit from over the summer.	£912
L1821	Village of Lochee Community Partnership	Lochee	To fund a small family fun day for the Lochee community in and around the Lochee Community Hub with fun events and attractions for children and families, including a petting zoo, face painting and arts and crafts activities.	£626
M1808	Stobswell Forum	Maryfield	To fund a poet to provide a session at the Stobfest annual festival at which 20 people are expected to attend.	£200
M1809	Maryfield Men's Shed	Maryfield	To fund the annual running costs of rent and heating for this group, of which there are currently 12 members.	£590
M1810	Morgan Champions Board	Maryfield	To fund a targeted group of 5 care experienced young people to publish a photo book for their Identity Project and experience different leisure activities across the summer holidays, increasing their self-worth and confidence.	£640

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
M1811	Dundee Pensioners Forum	Maryfield	To pay the cost of the publishing and distribution of 4 newsletters annually. 330 copies of each newsletter highlighting local developments, activities & information relevant to older people will be distributed to those on the mailing list plus local community centres, libraries and sheltered housing complexes.	£403
M1812	Stobswell Events Group	Maryfield	To fund the annual Celebration in the Park event along with Dundee Museum of Transport for 2000 people bringing together local people for lots of fun activities with local agencies and organisations.	£4,912
MP1801	Dundee Museum of Transport	Maryfield	A contribution of 20% of the first phase of costs for external restoration of the Maryfield Tram Depot, a grade B listed building aiming to open in 2020. This will fund the cost to restore the cobbled forecourt and repair surrounding walls and railings, which will benefit the local community & wider.	£33,280
MY1801	Yusuf Youth Initiative	Maryfield	Youth Cultural Integration Project consisting of five sessions of group building, volunteer sessions with 25 young people, ten presentations in schools and community groups, budget cooking sessions, conversational dinners and support to the men's shed.	£10,000
MY1806	Morgan Academy	Maryfield	The grant will cover the cost for 16 of the most disadvantaged young people from Morgan Academy to participate in 3 to 4 indoor and outdoor activities and adventures over the summer holidays free of charge, including lunches and travel costs.	£718
MY1808	Dundee and Angus ADHD Support Group	Maryfield	To fund a Cook, Eat and Be Healthy Project for 40 young people in the project in the newly refurbished kitchen. This will include cooking sessions for the young people learning how to cook at home, the purchase of essential kitchen equipment, basic ingredients and foodstuffs, as well as travel and entry fees for two trips to nearby fruit farms.	£3,666

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
NE1809	Lifegate Church	North East	This weekly community café supports people in the community who require it most and is costed as 'pay what you can afford'. Around 80-100 people attend on a weekly basis, including a number of services. Attendees also often receive food parcels, clothing and fuel credits as required.	£3,004
NE1811	Whitfield Community Project LMG	North East	Whitfest is a one week programme of cultural activity workshops (2 per day) during the summer holidays for young people to participate in, followed by a family fun day. All activities are in the Crescent and are free of charge. 10-12 participants can attend each workshop, with up to 150 people likely to attend the family event.	£500
NE1812	Longhaugh Sheltered Housing Complex	North East	33 residents of the sheltered housing complex will benefit from 3 social outings throughout the year. This grant will fund the travel costs while participants and fundraising will cover the entry fees of venues and lunch costs.	£330
NE1813	Finmill Centre LMG	North East	Fintry Gala Day is a large community celebration that has low cost attractions, service input and free activities. The annual event takes place during the summer and attracts approximately 1,000 people. The funding allows activities to be provided at a low cost.	£1,620
NE1814	Dundee Pensioners Forum	North East	To pay the cost of the publishing and distribution of 4 newsletters annually. 330 copies of each newsletter highlighting local developments, activities & information relevant to older people will be distributed to those on the mailing list plus local community centres, libraries and sheltered housing complexes.	£96
NEP1801	Dalclaverhouse Community Improvement Group	North East	To improve existing access pathways in the Dalclaverhouse area for the whole community. Many of these paths are currently very rocky and in a poor condition.	£6,456

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
S1810	Ardler Friendship Group	Strathmartine	To fund the coach costs for a trip to Stirling Castle, for the group of 24 members who meet weekly to reduce loneliness and the sense of social isolation.	£250
S1811	St Mary's Over 55 Group	Strathmartine	To fund the coach costs for a day to trip to Forfar and Montrose for 25 people over 60 from this group & St. Columba Gardens Sheltered Housing complex.	£250
S1812	Ardler Village Trust	Strathmartine	To fund the costs of printing and delivery of 4 editions of the newsletter which provides information on local groups an events. Each edition is distributed to 1,200 households in Ardler, reaching 3,000 people.	£1,200
S1813	Ardler Village Trust	Strathmartine	To contribute towards the cost of the Ardler Fun Day to provide low cost activities for all local people and families in Ardler which aims to encourage community involvement and improve community spirit.	£1,500
S1814	SS Leonards & Fergus Church Social Committee	Strathmartine	To provide an enjoyable free afternoon of a meal, music and entertainment for 100 elderly and vulnerable members of the community during the winter.	£650
S1815	Kirkton Community Centre LMG	Strathmartine	To fund the 2018 Kirkton Festival event which will include bungee trampolines, chair ride and inflatable sides, face painting, Eden Garden petting zoo and First Aiders.	£1,741
S1816	St Mary's Community Facility	Strathmartine	To contribute towards the cost of 2 children's Christmas parties in the facility for 60 local children. Parties will include disco and entertainment and refreshments.	£450

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
S1817	St Mary's Community Facility	Strathmartine	To purchase 27 new pieces of equipment and toys for the newly independent Baby Bears group held within the facility. The 21 group members will benefit from this grant.	£500
S1818	St Mary's Community Church	Strathmartine	To allow the Wonder Group which consists of 15 people to continue to develop the members' skills and social confidence. Funding will cover equipment, supplies and overheads.	£557
S1819	SMILE Newsletter	Strathmartine	To fund the production and distribution of a thrice yearly community newsletter which will be delivered to each house in the St Mary's and Brackens area.	£1,855
S1820	Happy Hours Out of School Club	Strathmartine	To fund the purchase of new toys, games and equipment to replace items that are no longer fit for purpose within the club, of which 50 children will benefit.	£1,055
S1821	Dundee Pensioner's Forum	Strathmartine	To pay the cost of the publishing and distribution of 4 newsletters annually. 330 copies of each newsletter highlighting local developments, activities & information relevant to older people will be distributed to those on the mailing list plus local community centres, libraries and sheltered housing complexes.	£403
S1822	Federation of City Farms & Community Gardens	Strathmartine	Let's Grow will support the two existing community growing groups in Strathmartine and help establish another two. This will involve working with 50 to 150 people within these groups to provide the support required for them to build capacity and sustainability.	£2,000
S1823	Young at Heart	Strathmartine	To fund coach costs for the 30 members of the group to enjoy a day trip to visit the Devils Porridge Museum in Carlisle. Admission costs & lunch will be covered from the group's funds.	£670

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Ref No.	Applicant	Ward	Description of Project	Forum Decision Amount
S1824	St Mary's Fun Day Committee	Strathmartine	To fund a community fun day for 500 people which will include craft activity, a petting zoo, inflatable slide, bungee and rides, public liability insurance, face painting, a DJ and Magician and dance displays.	£1,916
SP1804	Ardler Complex LMG	Strathmartine	To contribute to the refurbishment of the café area in the Ardler Complex and start-up of the MacMillan Hub/Café. Funding will cover capital works such as flooring, painting, cupboards and worktops, signage, washing machine and electrical and plumbing work.	£10,147
SY1809	Kirkton Community Centre LMG	Strathmartine	To contribute to the Kirkton Kids Holiday Programme for 70 local children, including four weeks of holiday activities, a summer trip to Active Kids in Stanley, a cinema trip in October and a Christmas party with catering and selection boxes.	£785
SY1810	St Paul's Academy	Strathmartine	To fund a breakfast club during morning break which will provide a healthy breakfast of toast and fruit juice for 30 pupils each day who may otherwise go without breakfast.	£2,180
WE1801	Yusuf Youth Initiative	West End	To fund the cost of employing a gardener to develop the new community garden at Victoria Park Bowling green and to provide training workshops and monthly coffee mornings to 250 local people, community groups and two primary schools.	£4,760
WE1803	School & Family Development Workers	West End	To fund 3 Family fun days over the summer and October school holidays for 30 families, including a health and wellbeing family activity and day trip and two fun days within the school grounds which will include sports and activities sessions.	£800
WE1804	Dundee West Church	West End	To fund the Coordinator post and food for the Making Dundee Home drop in café for 3 months, helping 70 vulnerable people who have issues with addiction to access support & advice. This funding will allow the applicant time to apply for longer term funding.	£5,000