

### Minute of the Building Stronger Communities Group held on Thursday, 20<sup>th</sup> September 2018 Hilltown Community Centre, Alexander Street

Present:	Alice Bovill Alison Anderson John Hosie Joyce Barclay Paul Davies Peter Allan Stella Carrington Wendy Scullin		Strathmartine Forum Neighbourhood Services - Environment Neighbourhood Services - Communities Health & Social Care Partnership Community Planning Chief Executive's Lochee Forum
	Wendy Scullin	-	Coldside Forum

#### **In Attendance**

Elaine Pratt	-	Neighbourhood Services – Communities – Coldside
John Lannon	-	Children & Families
Julie Farr	-	Third Sector Interface – DSEN
Shona Kerr	-	NHS Tayside
Viola Marx	-	Neighbourhood Services - Environment

#### Apologies:

Angie Ballantyne	-	Dundee Voluntary Action / TSI
David MacDougall	-	Maryfield Forum
Elaine Zwirlein	-	Neighbourhood Services (chair)
Robin Shields	-	Neighbourhood Services – Housing
Ron Neave	-	North East Forum

# 1. Introductions & Apologies

Peter welcomed everyone to the meeting. Apologies received are listed above.

# 2. Minute of August Meeting

Agreed as accurate.

# 3. Matters Arising

# **3.1** Community Membership at the ADP (*item 3.1*)

Peter raised this at a recent meeting and the group will look at options for community involvement at their next meeting in October

# **3.2** Transport Forum (*item 3.4*)

- Ian Leith / John Berry to be approached regarding improving community involvement on the Transport Forum
- Joyce is still working on Health representation at the Transport Forum
  - It was also noted that some LCPPs are lacking consistent Health representation. This was also recently raised at the Decentralisation Briefing

# **3.3 Taught by Mohammed** (*item 6.2*)

Derek still to receive / circulate figures. Paul to check and circulate if available. **PAD** Group to be invited to the November meeting to be part of the discussion around food poverty **PAD** 

# **3.4 Funding Availability** (*item 9*)

Paul to circulate information on available funding to the Community **PAD** Regeneration Team.

#### Action

PAD

# 3.5 Community Asset Transfer

Julie informed the group that DVA are supporting governance around CAT, and DSEN are supporting groups with preparation of business plans.

## 3.6 Lochee Hub

Work on the programme at the Lochee Hub is progressing, and aims to make better use of the building and its facilities.

## 4 Coldside LCPP Update

Elaine outlined that the new community centre is now fully open, and acts to replace community spaces at the Highwayman and Mark Henderson Centre which had previously been lost, whilst still allowing the Grey Lodge Settlement and Maxwell Centre to flourish. She then presented on some of the key issues, good examples and community planning work taking from Coldside.

Key Issues included;

- The health and wellbeing of children and young people
  - Partnership working is key in addressing this, including with local people
  - A range of 'food and family' work takes place to help with this
- Open Spaces
  - Maintaining standards and improving access to them
  - Two 'Friends of' groups operate locally, at Dudhope Park and the Law
- Substance Misuse
  - Police enforcement acts to reduce the supply
  - Dealing with the impact on families is important too
  - The Recovery Café is run by people in recovery (from drug or alcohol addiction or mental health issues). It gives people opportunities to have somewhere to go and something to do
  - Looking at adapting work taking place as part of Recovery Friendly Lochee
- Increasing community empowerment and involvement
  - Key role here for the Community Regeneration Team
  - Dundee Decides got a lot of people involved and made inroads into new communities. There is a need to build on this

#### Examples

- Dudhope Play Park much better and more well used than the old play park
- Main Street Café started up based on an Equally Well consultation a few years ago. It currently runs two days per week but is seeking funds to expand to four days a week
  - Uses a 'pay what you can' approach, has a varied menu and is welcoming of everyone

#### Community Planning

- Challenges
  - Mixed community. Large Eastern European population, ethnic minorities, and older population
  - Some parts of the Ward experience severe deprivation
  - Finding sufficient resources to meet demand
  - Community Centre is an opportunity to make positive changes
- Consultations
  - $\circ~$  Bottom o' the Hill consultation at present about how best to improve the area between the multis
  - $\circ~$  Residents only parking during football match times is being consulted on in areas near Dens Road / Tannadice Park that are affected by this
- Partnership Work
  - Dundee Carers are looking at using a community hub to put in place a 'community cupboard'
  - $\circ~$  A network is being developed to help people signpost to appropriate services

Wendy then spoke about some of her experiences as a local community member. This included;

- Joining the Forum to get involved in the local community. This is a rewarding experience and also helps with finding out about what goes on in the city
- Participating in additional groups helps to build a sense of ownership and pride in the area
- Sadly, it also highlights the extent of poverty in Dundee, including meeting people face to face who are experiencing this
- More knowledge is needed about the groups and their support / activities, and the way to do this is through community engagement
- It would also be useful to get more younger people involved, but this is hard due to work and family commitments

Discussion followed, which included;

- The 'In Your Neighbourhood' pages will make a difference over time
- Hilltown Community Centre is welcomed by local people
  - Seen as a bit more formal than the previous office space for those dropping in, and to combat this the staff are looking at the feasibility of having tea/coffee available for visitors
  - $\circ$   $\,$  As more starts to happen in the centre, more awareness of it will spread
  - $\circ$   $\,$  An official launch will be held in Spring 2019  $\,$
- Lots of young carers have been identified at Dens Road PS, and HSCP staff are looking into this
- Peter & Paul to look at structuring a food poverty discussion at the PA / PAD November meeting, including food banks, alternatives to food banks (e.g. Food for Thought in Charleston), DD1 Network, etc.
  - Suggestions for this to be brought to the October meeting

5. Chairs Group – Issues & Information Sharing

Noted that no BSC reps were at the September Chairs Group meeting. Paul indicated that early discussions were had regarding planning the next Gathering for Forum members.

It was suggested that those attending the Forum Chairs Group are reminded to feed back to their BSC rep in order for this group to receive appropriate updates.

Checking the note of Chairs Group meeting, discussion also took place around;

- The next iteration of Dundee Decides, and what community involvement there is in planning this
- *Promotion of the Forums, the DPCRF and projects it has funded to the wider community*

# 6 Priority Updates

# 6.1 Environment – Green & Open Spaces

Viola talked to her presentation (attached) about the Green Health Partnership (GHP). This included;

- Most adults (82%) visit green spaces occasionally, but only 49% do so on a weekly (or more) basis. 14% don't visit green spaces at all
- Highlighting a wide range of community benefits relating to green space, fitting within the five themes of;
  - Wealthier & Fairer Communities, e.g. attracting inward investment
  - Safer & Stronger Communities, e.g. greener neighbourhoods having less crime, getting to know your neighbours
  - Healthier Communities, e.g. mental health & wellbeing, green corridors for active travel
  - Greener Communities, e.g. growing local food, supporting biodiversity
  - Smarter Communities, e.g. environmental education, lifelong learning
- Green spaces have also been shown to improve health in a number of ways
- The concept of 'Our Natural Health Service' is being developed to complement the NHS. In the long term this can help to reduce medical costs and increase population health
- The current situation is fragmented and so has limited impact. Dundee GHP has a vision to improve coordination and the impact made by green space on health

All

 Progress and next steps were outlined, including promoting 'green prescribing'

Discussion followed which included;

- The GHP need to link with the Health & Social Care Partnership and make use of existing resources e.g. the My Life Directory. They are already linking in with the Social Prescribing Team
- The focus is primarily on reducing inequality, but also on increasing use of green spaces in general. To help with this, Peter suggested having a conversation regarding targeting in the early stages of developing ideas
- Links to Public Health (at Kings Cross) and the GPs Network would help with the strategic approach and give better long term impact. Many therapists would also benefit from knowing more. Viola to discuss taking this forward with Joyce and Shona
- Links are already in place with Volunteer Dundee, with DialOp handling referrals

### 6.2 Health & Social Care

Joyce referred members to the DHSCP Annual Performance Report Summary circulated with the meeting papers. Headlines include a decrease in the time spent in hospital beds, which equates to people managing their health at home more, with appropriate support.

Shona then gave a briefing on the Heath & Work Support pilot project. This is a Scottish Government funded project over 23 months, with the aim of improving people's health in relation to work.

- It targets people with diagnosed or undiagnosed conditions that affect their ability to remain at / in work or to get work
- The team includes a range of health professionals including Occupational Therapists, Physio's, Case Managers and a Counsellor
- Criteria for support. Clients need to live or work in Dundee and be in work but struggling to maintain this, off sick, or unemployed for up to six months
- The service is currently being promoted with GPs, employers and other agencies / groups
- Referral can be self-referral or via employers and is done by calling a Freephone number or visiting the website (0800 019 2211 or www.healthandworksupport.scot)
- The first call seeks to gather information and determine which of four strands of support is most appropriate
- Within two days a Case Manager will call the client back to make an assessment. These calls can take up to an hour and give a baseline position and treatment plan. Further appointments are made with relevant health professionals within the team and/or signposting to other services
- Big organisations such as DCC have their own Occupational Health support in place and so are less likely to access Health & Work Support

Discussion followed which included;

- This is useful for small organisations
- Shona to pass on information for Julie to share with others in the TSI
- Mental health is a big issue in the workplace. In some cases Health & Work Support may be able to fast track people for support with this (e.g. counselling or support from Case Managers)

See also attached two page summary about the service.

#### 6.3 Children & Families

John talked to tabled documents (attached).

365 Schools Vision

- There has been a test of practice model used in Lochee initially, via six Primary Schools
- The vision seeks to increase community use of schools premises / facilities, and builds on access to school playgrounds

SK / JF

PA / VM

VM / JB / SK Dundee Play Framework

- This focuses on four key areas; Play at Home, Play in Childcare Settings, Nursery & School, Play in the Community, and Leadership & Governance
- Key messages are that play;
  - Helps children learn
  - Can help children learn how to get along with others
  - Encourages children to learn how to look after the world
  - Helps children to be fit and healthy
  - Encourages imagination and problem solving
  - Boosts children's confidence and lets them learn that it is okay to make mistakes
  - To date, sixteen playgrounds have been opened up to community
    - Positive outcomes have been seen at fifteen, with only one experiencing vandalism (St. Francis PS)
    - Partnership working has improved
    - Having access to playgrounds is useful when there is little / no green space nearby
    - Children have been recorded as asking to go out to play more
- 'Loose Part' play has proved popular at several schools
- Play champions have helped to encourage structured play
- Play in the Community is looking at developments near Rowantree and St. Vincent's Primary Schools
- Positive signage is being used to encourage play

Discussion followed which included;

- £2m from the Hunter Foundation will be used for a range of projects including development of a Family Hub and other Capital projects and resources
- 'No Drop Off' zones near schools are taking a while for parents to get used to
- 'Scrapantics' are a community interest company that can provide materials for loose play (<u>http://scrapantics.co.uk</u>)
- Keeping this group updated on the 365 Schools would be useful. Key link is Angela White

# 7. Dundee Community Regeneration Fund:

# 7.1 Grant Applications

Paul tabled a revised list of grants, which added in MP1802, for design and creation of artworks across the Maryfield Ward. There had been some discussion with the Capital Team around eligibility as a Capital project, which was concluded on the 19<sup>th</sup>.

All applications were approved.

# 7.2 Projects Failing to Report

No groups have been added to the list this month. Paul suggested that older groups that are defunct / not likely to report be taken out of future minutes and held on the list maintained by the DP Team. This was agreed

The following projects are ineligible for funding due to not having reported on funded activity from 2017-18:

- EE1713 Art Social Midlin Art for All Event
- EE1730 St. Pius X Church Community Café
- F1706 Broughty Ferry & District Men's Shed Shed Development & Start Up
- L1719 Lochee United Junior FC Arts Project
- L1727 Dundee & Angus Recycling Group CIC Equipment
- NE1709 Mill O'Mains Community Pavilion Summer Programme
- NEY1708 Mill O'Mains Community Pavilion Youth Project
- SP1702 Kirkton Community Safety Partnership Kirkton Graffiti Wall Project

# 8. Local Community Planning

John provided an update which included;

World Community Development Conference

- To be held in Dundee on the 24<sup>th</sup> 26<sup>th</sup> June 2019, led by the International Association for Community Development (see flyer attached)
- Launch for the event will be held on the 5<sup>th</sup> October at the Hilltown Community Centre, and an invitation is open to all
- A range of international speakers is being lined up for the conference, which anticipates hosting around 350 delegates from around the world

### Dundee Decides – Next Steps

- Work is ongoing with regard to where funds will be coming from in future
- An 'ideas generation' process will take place in April 2019, involving communities across the city. After feasibility and costings have been worked out, voting will take place in early 2020
- The current infrastructure projects are mostly on target for completion by March 2019. Issues on projects are;
  - Lochee, road crossing near Lidl community members have issues with the proposed location as people will still cross at a dangerous point near the roundabout if the crossing is installed further along the road. John to feed back to City Development

JH

- Pavement works in Maryfield had already been carried out. Discussions taking place about expanding on those works at the LCPP / local Forum
- Fintry PS traffic congestion and drop-off point issues are delaying agreement on taking works forward
- St. Vincent's demolition is needed to take place to enable part of the site to be used for a new play area
- Dighty banks work has been delayed on the advice of SEPA, due to protected species living in the vicinity
- $\circ~$  Ferry, outdoor equipment at three venues –due to presence of wildlife and flowers, sites have had to be moved from those proposed
- Photographs of developments, details of costs and update notes will be made available next week through the 'In Your Neighbourhood' pages for each Ward
- Visitors from communities in Aberdeen discussed Dundee Decides at a recent weekend meeting and were impressed at the scale of works. A further visit is being planned

Regeneration Team Changes

- Lee Haxton is moving on to a post in Perth & Kinross and so the Lochee Communities Officer post will become vacant on the 4<sup>th</sup> October
- Vanessa Kelly will be based in Lochee temporarily until a longer term solution is agreed
  - Note: since the meeting agreement has been reached that Mike Welsh will move to Lochee in November, with Carole Jenkins becoming Communities Officer for North East. The work of the Community Engagement post Carole currently fills will be apportioned across Communities Officers

#### 9. AOCB

None raised

#### **10.** Date of Next Meeting

Thursday 18<sup>th</sup> October, Brooksbank Centre, Pitairlie Road

#### Attachments:

Coldside LCPP Presentation Green Health Partnership presentation Green Health Partnership SWOT Analysis Health & Work Support summary Children & Families Update Flyer for World Community Development Conference