

**MINUTE OF HEALTH, CARE AND WELLBEING EXECUTIVE BOARD HELD ON 21 MARCH 2019**

**Present:** Ann Eriksen, NHS Tayside (Chair)  
Peter Allan, Dundee City Council  
Elaine Cruickshank, NHS Tayside  
Allison Fannin, Dundee Health and Social Care Partnership  
Christine Lowden, Third Sector Interface  
David Lynch, Dundee Health and Social Care Partnership  
Kathryn Sharp, Dundee Health and Social Care Partnership  
Joyce Thompson, NHS Tayside  
Baillie Helen Wright, Dundee City Council

**In attendance:** Kathleen Sharkey, Minute Taker

**Apologies:** Diane McCulloch, Dundee Health and Social Care Partnership  
Jane Martin, Dundee City Council  
Arlene Mitchell, Dundee Health and Social Care Partnership  
Graham Wark, Leisure and Culture Dundee

	<u>ACTION</u>	<u>BY</u>
<p><b>1 WELCOME AND INTRODUCTIONS</b> Ann welcomed everyone to the meeting and noted apologies as above.</p> <p>A short discussion took place regarding the reduced attendance at this meeting and whether the timing and venue was suitable for all. It was also suggested that some members may wish to teleconference into the meeting.</p> <p>Allison to draft an email for David to send to members to ascertain their views.</p>	Allison	Completed
<p><b>2 MINUTE OF PREVIOUS MEETING HELD ON 22 NOVEMBER 2018</b> The minute of the meeting held on 22 November 2018 was accepted as accurate.</p>		
<p><b>3 ACTION POINTS UPDATE</b> The action points were noted. It was acknowledged that the level of performance information given at this Board is superior to other Executive Boards and is setting the standard. Development sessions/workshops with other Executive Boards have been suggested and welcomed by the other Boards to bring them up to speed with their performance information reports/presentations.</p> <p>It was noted that Arlene Mitchell's action point around Action 15 was outstanding.</p> <p>With regard to future meeting it had not been possible to add an additional meeting in January of this year and the September meeting has still to be rearranged.</p> <p><b>Post Meeting Note</b> The September meeting has been moved to <b><u>29 August at 2.00 pm.</u></b></p>		

**4 PERFORMANCE MANAGEMENT**

Allison presented the fourth report to the Board which provides Board members with high level performance information in relation to the achievement of the City Plan Outcomes for which the Health and Wellbeing Executive Board is responsible for.

There are two key performance indicators below target:

**Rate of emergency bed days where the primary reason for admission was regarding mental health**

It was noted that an incorrect figure from Pentana was supplied when this was previously discussed at the November 2018 meeting (438 instead of 368). This has now been corrected and remains under target but lower than last year so an improvement has still been made.

**Percentage of Primary 1 Children Classified as obese or overweight**

The percentage has increased from 21.5% in 2016/17 to 26.9% in 2017/18. This will be discussed under the next agenda item.

**Number of Suicides**

Pentana has recorded 25 suicides in 2017, however new figures have been released from the National Records for Scotland and the figures is to be updated to 32. Although this is a decrease from 2016 (37 recorded) we should be cautious about optimism around the trends.

The Dundee Suicide Prevention Strategic Planning Partnership has drafted a Suicide Prevention Strategic Plan which is currently out for consultation before the final draft is prepared. The final draft plan will then be sent to Executive Board members for feedback.

**Allison**

**Working with Children and Families**

Following closer collaboration with Children and Families the Performance Indicators were reviewed and many children and families actions have been included in this report for the first time.

**Citizen's Survey**

The results of the Dundee Citizen's Survey have been published (copy below).



Some results noted included marginal variance in self-reported health and no significant change in the number of people saying they had never smoked. Bailie Wright asked if we were doing enough to reduce pollution in the environment as we have targets to reach by the end of the year with buses etc. Allison Fannin to look further into this. Other relevant results included drinking, WemWebs, alcohol/drugs and community regeneration areas.

**Allison**

The City Plan will be reviewed in April/May and Allison will lead the review our indicators after that. This review will also take into account other factors such as the National Indicators re Obesity and the imminent Drugs Commission recommendations.

**Allison**

David reminded that this report should remain accessible to Children and Families and the proposed workshop will be an opportunity to tease out and use reports to inform each other's department.

Ann thanked Allison for her considerable work in producing this regular report for the Board.

## 5 HEALTHY WEIGHT PRESENTATION

Joyce Thompson gave a presentation giving Board members an update on actions being taken to reduce the levels of obesity in Dundee (copy below).



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A short video clip was also shown (link below).

<https://www.youtube.com/watch?v=Gn51y7EuyDg&feature=youtu.be>

Discussion took place and the main points highlighted were:

- Baillie Wright asked what we were doing to assist older people in the communities and if we can support them to keep well. It was noted that some sheltered housing complexes offer healthy living weight checks and it was suggested that this could be expanded if wardens received some training. It was recognised that with more resources more could be done;
- How the current trend for “go large” in takeaways encouraged people to eat more;
- Whilst genetic factors may be involved in the aetiology of obesity, the genes involved probably interact with environmental factors related to energy intake and expenditure to increase the risk of obesity;
- The child healthy weight video was for use as a basis for a conversation as a group and for use with formalised groups in localities;
- Ann suggested that the video could have a voice over and key inspirational messages; children could do the voice over;
- How we as a Board can provide support to the Health Weight work and give it sufficient priority;
- Tayside Integrated Children’s Service Plan is looking at child healthy weight with a Tayside wide lens;
- It was felt that physical activity needed to be more strongly incorporated and more use could be made of green spaces in Dundee although it was acknowledged that lack of lighting could be a factor for underuse;
- From a protecting people perspective we need to consider the impact of trauma on healthy weight and substance abuse, look at stronger links here and with vulnerable people and not just focus on children;
- As well as looking at overweight/obesity it was suggested that work is needed to address undernutrition which is a specific issue for older people;
- Look at how much more we can do with our resources then look at what could be achieved with additional partners who would bring their resources too;
- How nutritional were school meals provided in Dundee and should we have healthy options only?

Dundee Health, Care and Wellbeing Executive Group was asked to:

- Recognise the Scottish Government priority to halve childhood obesity by 2030 and reduce the increasing incidence of obesity related type 2 diabetes. *It was also noted at the meeting that we would review our own targets.*
- Note that the Scottish Government has asked Dundee Healthy Weight Partnership to be an Early Adopter for the Healthy Weight Delivery Plan (Dundee only) and NHS Tayside for the Type 2 Diabetes Framework (Tayside wide). *This was welcomed by Board members.*
- Note the complexity of our food culture and recognise the need for a major shift in attitude both within and beyond public services, together with an explicit commitment for decisive and collective action to achieve the vision beyond public services.

- Note Dundee's contribution to the development of a child healthy weight strategy as part of the Tayside Integrated Children's Service plan and, support the need for Dundee Healthy Weight Partnership to prioritise children and families. Discussion at the meeting noted the inter relationship and collaboration with children and young people.

Joyce will bring a further report to the Board in December with fuller recommendations.

**Joyce**

## **6 DUNDEE FAIRNESS COMMISSION PROPOSALS**

Peter shared the recommendations from the Second Dundee Fairness Commission, he had shared them with all the Executive Boards. The recommendations were that the Executive Board:

- note the co-productive approach taken by the Fairness Commission in the development of its recommendations
- notes the recommendations of the Second Fairness Commission;
- Support the implementation of the recommendations;
- Ask the Mental Health Strategic Planning Group to continue to work with the Commission to implement its recommendations.

There are 3 key themes: Money, Mental Health and Stigma.

It was noted that the Commission is working with The Mental Health SPG on a co-produced piece of work incorporating the recommendation of developing a 24/7 drop in (self-referral) mental health service in collaboration with beneficiaries and offering clinical, non-clinical, therapeutic and peer support. Discussion took place around how realistic this recommendation was to achieve.

Board members noted the report and it was agreed all were happy to support the recommendations. The MHSPG will lead on the mental health work, they will review best evidence and set out options to inform the Commission.

*Baillie Wright left the meeting at this point.*

## **7 PUBLIC HEALTH STRATEGY**

The NHS Tayside Directorate of Public Health is in the process of developing a Tayside Public Health Strategy. This strategy will set out the vision and key priority areas for action to protect and improve health across Tayside.

Ann advised that she was taking a lead role in the development of the Public Health Strategy. There will be a stocktake and review and then look at what the strategy needs to achieve. It will also take account of the needs of the City Plan. It was acknowledged that the strategy needs to go further than national priorities and take account of local needs and community plans. There is a commitment to co-produce with LCPPs and localities who have the most developed engagement processes and there will be an event with the LCPPs for this.

There is no timeframe at present. A report will be presented at the May meeting of this Board to set out the detail and reflect engagement.

**Ann**

David said the development of the strategy was most welcome but reminded that it should not become a rewrite of the current landscape. Ann said that she and her public health colleagues were clear that they wanted to build on work already done and not set it aside.

**8 COMMUNITY ENGAGEMENT UPDATE**

Allison gave a brief update and the following recommendations were noted:

- Note the adoption of the Community Learning and Development (CLD) Strategy 2018-2022 (link below);
- Note that the CLD Strategy Group has been identified as the group responsible for overseeing and coordinating Partnership Community Engagement;
- Note the work being carried out by the CLD Strategy Group on behalf of the Community Planning Partnership.

**9 DUNDEE HSCP STRATEGIC COMMISSIONING PLAN**

The draft Strategic and Commissioning Plan of the Dundee Health and Social Care Partnership was noted by Board members. Kathryn Sharp was happy to take comments from Board members but due to design constraints the scope for change was limited.

The plan will be presented to the Integration Joint Board on 29 March 2019 for approval.

The plan should resonate with current dialogue regarding priorities in the City Plan and is a co-production of a commissioning of a response to this challenge.

**10 WORKPLAN 2018/19**

The workplan was noted.

**11 AOCB**

None.

**12 DATE AND TIME OF NEXT MEETINGS**

**Thursday 23<sup>rd</sup> May 2019 at 2pm in Room 4.7. Floor 4, Dundee House**

Thursday 29 August 2019 at 2.00 pm in Room 4.7, Floor 4, Dundee House

Thursday 12 December 2019 at 2.00 pm in Room 4.7, Floor 4, Dundee House

**Kathryn**