## APPROVED

### DUNDEE CHILDREN AND FAMILIES EXECUTIVE BOARD MEETING HELD ON THURSDAY 20<sup>TH</sup> JUNE AT 2.00PM IN COMMITTEE ROOM 3, 14 CITY SQUARE

#### PRESENT

Lorna Wiggin Evonne Boyd Paul Clancy John Cunningham Georgia Cruickshank Stewart Hunter Tamasin Knight Christine Lowden Glyn Lloyd Audrey May Peter Nield Norma Ritchie Elaine Zwirlein Pam Blacklaws

Director of Acute Services (Co-Chair) Area Manager Executive Director (Co - Chair) Locality Reporter Manager Councillor Councillor Consultant in Public Health Chief Executive Officer Service Manager, Strategy & Performance Head of Service / Chief Education Officer Assistant Director, Barnardo's Independent Chair Executive Director Admin Assistant (Minute) NHS Tayside Skills Development Scotland Children & Families, DCC SCRA DCC DCC NHS Tayside Third Sector Children & Families, DCC Children & Families, DCC Voluntary Sector representative Child Protection Committee Neighbourhood Services, DCC Children & Families, DCC

#### **APOLOGIES**

Peter Allan

Community Planning Manager

| Graham Binnie      | , , ,                                       |
|--------------------|---|
| Elaine Cruickshank | Lead Nurse – Named Person Service           |
| Marie Dailly       | Service Manager                             |
| Angie MacDonald    | Service Manager, Action for Children        |
| Jane Martin        | Head of Service / Chief Social Work Officer |
| Nicki Matthews     | Advocacy and Participation Manager          |
| Cate Reid          | Head of Learning (Children and Young        |
|                    | People)                                     |
| Kathryn Sharp      | Senior Manager                              |
|                    | -   |
| Roisin Smith       | Councillor                                  |
| David Martin       | Chief Executive                             |

#### ALSO IN ATTENDANCE

| Karen Moir     | Senior Officer, Strategy & Performance         |
|----------------|--|
| Nicola Leddie  | Project Coordinator - Dundee                   |
| Andrew Beckett | Lead Officer, Protecting People                |
| Audrey White   | Senior Officer, Strategy & Performance         |
| Joyce Thompson | Dietetic Consultant In Public Health Nutrition |

#### DCC Police Scotland NHS Tayside Housing & Communities, DCC Voluntary Sector representative Children & Families, DCC Who Cares? Scotland D&A College

Health & Social Care Partnership representative DCC DCC

Children & Families DCC What Matters 2 U (partial attendance) DCC Children & Families DCC (partial attendance) NHS Tayside

# ACTION

# 1 WELCOME AND APOLOGIES

As noted above.

# 2 CHILD HEALTHY WEIGHT – Joyce Thompson / Audrey White

Joyce Thompson gave a presentation on Child Healthy Weight which is one of the 3 priorities determined by the City Plan in relation to health and wellbeing. Governance is aligned to the Health & Wellbeing Executive Board. Child Healthy Weight is also identified as a priority within the Tayside Plan for Children, Young People and Families.

Child Healthy weight priorities are:

- 1. Children must have the best start in life
- 2. Our environment must support healthier choices
- 3. Families must be able to get helpful weight management support
- 4. Child health weight must be seen as a society wide issue
- 5. Families and communities in most need must be our main concern

The asks of the Board are:

- 1. Recognise Scottish Government priority to halve childhood obesity by 2030.
- 2. Note Dundee Healthy Weight Partnership (DHWP) is recognised as an 'Early Adopter'.
- 3. Note Dundee's contribution to the development of a Tayside Child Healthy Weight Strategy.
- 4. Support DHWP by making healthy weight for children and families a shared priority.
- 5. Recognise the complexity of our food culture and the need for a major shift in attitude both within and beyond public services make an explicit commitment for decisive and collective action.
- 6. Recognise the need to better align Dundee's physical activity and child healthy weight agendas.
- 7. Receive an update on progress in 6 months.

The plan is to undertake further engagement to clarify what the issues are for Dundee and how the group can take this forward. It was acknowledged making progress in this area is a challenge. The group would wish to use engagement sessions that are already planned. Elaine advised Communities are open to support this.

3<sup>rd</sup> Sector were also identified as another route for consultation and there are existing youth forums throughout the city who could also be approached to participate.

Paul noted the various supports which have been implemented so far eg health & wellbeing workers, providing fruit in schools etc. Despite these really well coordinated activities to try to tackle this issue, the issues remain. Joyce agreed it is a complex issue and whilst there are some indicators of success in other areas/countries, we need to acknowledge there is a lot of good work around. The figures would be worse without the ongoing work. The need for a step change was recognised.

When asked if the DHWP looked at the extent of the interventions which are already in place, Joyce advised they looked at this but did not delve into it in any great depth. However, this is something which she will take back to the group.

It was noted that Scottish Government were in Dundee recently and the matter of advertising on bus shelters for food and drink of a high fat, high sugar content were discussed. This might be an ask which comes back to Dundee to address this, and how to influence some policy changes would be a start.

Glyn queried whether nutrition and diet were on the agenda for TATC meetings. It would perhaps be beneficial to link in with the work which Celcis are doing.

Lorna summarised by saying acknowledging the work going on and the need to build on this. This is a complex issue and some areas of change will need support from the Group and others responsible for policy. There are offers of engagement through communities, schools, youth forums and the 3<sup>rd</sup> Sector and that could be supported through this group. The Board acknowledged the recommendations, recognise and note the support requested, and would welcome a progress report in 6 months time.

Joyce and Audrey were thanked for attending and left the meeting at this point.

## 3 PREVIOUS NOTE AND MATTERS ARISING FROM LAST MEETING HELD ON 21 FEBRUARY 2019

**3.1** Previous minute had been issued and minor amendments made. Minutes were approved.

# 3.2 Matters Arising

**Structure of Meetings** – Diagram had been issued following the last Board meeting and some slight changes had been suggested. Amended diagram was issued following that. It would be useful to re-issue this.

Lorna noted NHS had carried out a mapping exercise on the meetings which they attend across Tayside. Agreed it would be helpful to share this with Board members.

**ANEW Programme** – had been scheduled to be on the agenda today but it had been decided to add the Edges of Care instead. Agreed that the ANEW programme will be added to the next agenda.

### 4 CHILDREN ON THE EDGE OF CARE – Nicola Leddie

The *What Matters 2 U* Programme is a partnership between Dundee City Council, BBC Children in Need and the Hunter Foundation – using Columba 1400 as facilitators - which derived from the Edges of Care initiative which aims to work with children and families within their community taking an early intervention and prevention approach, aiming to reduce numbers of children becoming accommodated

Nicola was appointed as Programme Coordinator in March 2019 and has recently finished her induction where she is seconded to Columba 1400 for a three year period. Columba 1400 is a social enterprise and charity whose purpose is to help people realise that they already have inner greatness and confidence to transform their own lives. *What Matters 2 U* aims to improve outcomes for children and families initially within the Lochee ward area.

Nicola has begun to map local services and provisions currently available within the Lochee area and make links with key stakeholders, both of which will be ongoing. She will be linking with the Head Teachers in the area to help identify the children and families, and start to build relationships with those families.

Nicola went over the delivery plan and timescales, and the meeting structure. The Local Authority Strategic Review Meeting which would give strategic direction, oversight of the plan and communications and influencing, is open for discussion.

At the moment there is only one challenge (anticipating initial levels of trust to take longer to build with families) but a number of opportunities including really getting to know the children and families within the community and supporting them to have a great sense of wellbeing.

With regard to next steps, these are:

- Build the Columba 1400 model of investing in real lasting change which "happens one on one, one by one then in partnerships"
- Maximise existing relationships with head teachers and young people who have experienced a Columba 1400 leadership academy and consider their roles
- Meet with key partners within the community and continue to establish positive relationships
- Set up local advisory group to inform future delivery.

To identify the 100+ families that they will be working with, Nicola will liaise with Head Teachers and SFDW. Nicola also plans to attend a number of events which are being held in the community over the summer, in order to start having conversations and building relationships. It is connecting with what is already there and also what she can add value to.

With regards to governance arrangements and the risk of over duplication, Glyn

suggested it would be useful to utilise the LLP as a steering group and the GIRFEC Delivery Group as the over-seeing group. This would ensure everything is linked together.

Nicola was thanked for attending the meeting and providing a very informative update. An update at the Board will be scheduled for 3 months time.

5 **GDG REVISED TERMS OF REFERENCE AND ACTION PLAN** – Andy Macgregor Deferred until the next Board meeting.

6

**JOINT INSPECTION OF CHILDREN'S SERVICES** – Andrew Beckett Andrew led a discussion in relation to the Care Inspectorates quality framework and the Joint inspection of services for children and young people in need of care and protection programme.

Copies of "A quality framework for children and young people in need of care and protection" (July 2018) were distributed with today's papers along with a presentation outlining the methodology of the inspection process.

Three authority areas have been subject to the new inspection programme, Argyll and Bute, Fife and City of Edinburgh.

Andrew explained that he has compared outcomes from the past seven years to identify any learning from Dundee. The last report of an inspection in Dundee was published in March 2013.

The quality framework clearly outlines the areas on which progress will be measured and discussions have taken place with Child Protection leads in Fife and Argyll and Bute with regards to their experience of inspection. The report in the Edinburgh Inspection is due to be published on 24 June.

It is not anticipated that Dundee will be subject to inspection until 2020. Norma expressed her view that this was positive as there are a number of workstreams progressing areas for development ahead of this, but she had some concerns about the partnerships ability to evidence key areas at the current moment in time.

Andrew highlighted some of the findings from the most recent inspections, specifically:

- Partners should further improve their recognition and response when children and young people experience neglect or repeated instances of harm, for example because of parental substance misuse, mental ill-health or domestic abuse.
- Partners should achieve greater consistency in the quality and practice standards of assessments, child's plans and chronologies and strengthen quality assurance and management oversight.

Glyn Lloyd outlined the performance improvement activity to address these areas.

It was noted there is a whole host of work being carried out both locally and regionally. Although there has been a lot of good work done so far, there is still a lot of work to be done. In looking at the inspections, the majority make reference to Child's Plan and Assessments and Chronologies.

Glyn advised that, following the case file audit, an action plan was set up and since then, the data coming back is that the number of chronologies in place is increasing. Peter enquired about the action plan which resulted from the case file audit and whether this was internal or shared. It was noted this was shared with the Child Protection Committee.

Paul suggested it may be worthwhile organising an event at an early stage for key players to talk about what will be expected to happen. Glyn to liaise with Protecting People Team regarding organising this.

In terms of chronologies, Glyn noted that 1) the Protecting People test of change in two teams focusing on the minute detail how to build that upwards and outwards; 2) Derek Aitken is leading that specifically in Social Work. He has engaged with Team Managers and teams looking at the issues and barriers; 3) chronologies prepared by Education and Health staff when acting as Named Person are being considered. There is also a Tayside Collaborative looking at chronologies as well.

Councillor Cruickshank expressed her concern that Dundee would not be ready to be inspected this year. Norma explained that there is a lot of work underway and she would want to get the best inspection they could. Even if we were Inspected this year, we would be able to get the process in place and the evidence gathered.

It is positive improvements are being made but acknowledging the work which is ongoing.

## 7 HMP POLMONT INSPECTION

A summary and recommendations were provided for the Board members. The full document "Report on An Expert Review of the Provision of Mental Health Services, for Young People Entering and in Custody at HMP YOI Polmont" is 145 pages long and the link to this is included in the summary report.

What has become clear in the evidence reviews and academic research is that being traumatised, being young, being held on remand and being in the first 3 months of custody increases the risk of suicide. The SPS commissioned research which highlighted that young people's childhood experiences add to the challenging nature of their behaviour, but also to their vulnerability. Two main strategic issues arose from the review:

- 1. The lack of proactive attention to the needs, risks and vulnerabilities of those on remand and in early days of custody
- 2. The systemic interagency shortcomings of communication and information exchange across justice, that inhibits the management and care of young people entering and leaving HMP YOI Polmont.

With regard to the DCC position, Karen said that there was currently 1 male under 18 and 10 males aged 18-20 in Polmont, for a variety of reasons. Historically, the number of young people in Dundee sentenced to Polmont are low and have been for a number of years. Dundee adopts the whole system approach and, if a 16/17 year old is remanded, Dundee appoint a Social Worker either from Children & Families Service or Community Justice Service. There would be a 72 hour review and then regular meetings held.

There is no automatic review for 18-20 year olds as they are classed as adults and follow adult procedures. They may qualify for statutory Throughcare support if their sentence is more than 4 years.

Karen outlined a number services available to support our young people including a Community Mental Health Nurse based within Community Justice Service.

Elaine commented as chair of the Community Justice Executive Board, that this was an area where we do particularly well in the city. There is a lot of good partnership working going on, preventing our young people going into Polmont and places such as this. That is really good news but we can't afford to be complacent. Karen was thanked for attending the meeting.

# 8 AOCB

Norma advised that one of the things which the Child Protection Committee will be looking at is the change of criminal responsibility age, and whether that will have any impact on services. If there are concerns about resources etc, can bring to the Board for discussion.

# 9 DATE OF NEXT MEETINGS

Thursday 19 September 2019 Thursday 14 November 2019 All meetings at 2.00pm in Committee Room 2, 14 City Square

/PSB