## **Communities Mental Health & Wellbeing fund**



## Over £25,000 awarded to Dundee groups to improve wellbeing with more ideas welcomed

From karate classes to debt advice the third sector in Dundee has stepped up to support and develop community wellbeing in Dundee. The intended outcome of the Communities Mental Health & Wellbeing Fund is to develop a culture of mental wellbeing and prevention within local communities and across Scotland with improved awareness of how we can all stay well and help ourselves and others.

In Dundee the fund will be distributed by the cities Third Sector Interfaces (TSI) <u>DundeeTSI</u> to community groups and organisations. Dundee TSI is a partnership between <u>Dundee Social Enterprise Network</u> and <u>Dundee Volunteer and Voluntary Action</u>.

With an initial round one deadline of  $10^{th}$  December past, projects and activities are already underway, the next deadline on  $17^{th}$  January welcomes more groups and organisations to apply. There is a total of just over £400,00 to be distributed.

Dundee Volunteer and Voluntary Action Chief Executive Officer, Eric Knox said 'I think this is a really positive development, the idea is this funding goes straight out into communities, out to the people who need it most.'

To apply please visit: <u>https://dvva.scot/news/communities-mental-health-and-wellbeing-fund/</u>

There is online guidance with frequently asked questions from groups and organisations who have been in touch so far but you can also contact <u>funding@dvva.scot</u> for support or advice on applying.

Read more about the funding announcement from <u>Scottish Government</u> and <u>TSI Scotland</u> <u>Network</u>.