

3



Douglas Dighty Walk

Distance: 3 miles
Time: 1 hour
Grade: 3



Douglas Dighty Walk



A longer mainly flat walk.

Directions

Start outside the community library on Balmoral Avenue, turn to your right and walk to the top of the road. Turn left and walk to the end of Balunie Avenue. Turn left at the end onto Baldovie Rd, crossing Balunie Drive. Turn left over the wooden bridge onto the Green Circular. Follow the path alongside the Dighty Burn until you reach Drumgeith Rd. Turn left going over the Dighty and turn left into Balunie Drive. Continue on Balunie Dr, turning right to go up Balmoral Avenue and return to the library.

If you are short of time, you can reduce the walk to 40 minutes and only 2 miles, by crossing the Dighty at the bridge just after the BMX track. Rejoin by turning left at Balunie Drive.

Points of interest

- Keep an eye out for wildlife along the Dighty.
- Look out for volunteers of Dighty Connect doing wildlife surveys or habitat work.
- There may be cyclists using the Green Circular.



The Dundee Green Health Partnership is helping to make more use of Scotland's outdoors as Our Natural Health Service.

