



OUTDOOR EDUCATION

DOWNHILL MOUNTAIN BOARDING

STANDARD
OPERATING
PROCEDURES

April 2021

Standard Operating Procedures – Downhill Mountain Boarding

Definition and Scope of Activities

The activity involves the use of equipment to descend inclines mainly on grass surfaces.

Uplift is usually by walking.

Locations vary from prepared surfaces to purpose built trails.

Precautions to Minimise Hazards

It is essential that the Standard Operating Procedures are followed and that personnel leading the Group fully brief the group to pay attention to hazard warning information, remain in control of the activity and follow accredited tuition and activity progression.

The specific hazards identified are not exhaustive and additional hazards or combinations may arise during the course of an activity necessitating ongoing attention to minimise or control the risk(s) to a manageable level.

Seasonal Constraints

The activity can take place all year round

Location Constraints

Lochee Park/ Any small sloped hill with good run out can be used if Instructor is trained to ATBA level 1 / Core Instructor

Perth (Magdalene Hill) can be used if instructor is trained to ATBA level 2 / Centre Instructor or has received site specific training

Tuition Ratios

The tuition ratios are: 1 instructor to 10 participants maximum.

Participants requiring increased leader supervision or possessing certain disabilities may require additional staffing or reduced participant ratios.

A second adult should be present at the group location with participants under 18 years of age.

Tuition Leader Qualifications

Please see the following grid:

| Activity | Minimum Tuition Qualification | National Governing Body |
|---|---|--------------------------------|
| All | First Aid Accreditation (minimum 16 hour status) | Accredited first aid agencies |
| PLUS | | |
| Mountain Boarding (Lochee Park / other grassy slope with ample run out) | Level 1/Core Instructor | ATBA UK |
| Mountain Boarding (Perth Track) | Level 2/ Centre Instructor | ATBA UK |

Equipment - Participants

Participants must be adequately equipped for the activity and location in use.

The equipment must be well maintained, serviced and set to the individual operational needs of the participant by qualified instructors.

All participants must be helmeted and wear protective knee and elbow pads and wrist guards protection. Participants must wear long sleeves tops and full length trousers. Walking Boots or Boots with adequate ankle protection must also be worn.

All participants must have location access to windproof / waterproof / protective clothing as required.

Equipment – Group Safety

In addition, the Group requires easy location access to:

- Mountain Board Repair Kit
- First aid equipment

RISK ASSESSMENT

ASSESSMENT REF NO: Boarding 1

| Activity: Mountain Boarding | | | Location: Various | | | Assessor: DS, FO | | | | | | |
|---|----------------------|--------|-------------------|---|-------------|------------------|--------|---|----------------------|----------------|-----------------|-------------------|
| Hazard | Who might be harmed? | | | Existing controls What makes the hazard less risky? What makes these controls effective? | Risk | | | Further actions Avoid Control at source Take advantage of technology Protect all Make what you have more effective | Target date dd-mm-yy | Responsibility | Completion Date | New Residual Risk |
| | Public | Client | Leader | | Probability | Severity | Rating | | | | | |
| Protected from the elements | | x | x | Appropriate equipment given to group | 2 | 2 | 4 | None | | | | |
| Falling over | | x | x | Good progressive instruction, Surveying the terrain is also essential, group given Helmets, knee / elbow / wrist pads, boots to be worn | 5 | 3 | 15 | None | | | | |
| Collisions with obstacles | | x | x | Check area and lay out a controlled area | 2 | 4 | 8 | None | | | | |
| Collision with member of public / animal other group member | x | x | | Lay out controlled area, have designated boarding area, brief group on what to do if member of public / animal enters area. | 1 | 4 | 4 | None | | | | |

| | | | | | | | | | | | | |
|--|---|---|---|---|---|---|---|------|--|--|--|--|
| Injury from board | x | x | x | Board correctly fitted to participants/ group briefed on how to move boards, and store at top of hill | 2 | 3 | 6 | None | | | | |
| Equipment failure | x | x | x | Boards visually check by staff before each session. Regular checks by competent person | 1 | 4 | 4 | None | | | | |
| Foot coming out of bindings while boarding | | x | x | Robust safety brief, min shoe size 2. | 2 | 4 | 8 | None | | | | |
| Slip / trip / fall while walking to and from venue | x | x | | Good route choice appropriate equipment worn by participants | 2 | 2 | 4 | None | | | | |

| | | |
|-------------------------------------|-------------------|--------------|
| Further actions approved by: | Signature: | Date: |
|-------------------------------------|-------------------|--------------|

Urgency of Action = (20> *Very High*) (16-20 *High*) (9-15 *Moderate*) (4-8 *Low*) (1-3 *Very Low*)

Severity = 1. Damage 2. Minor Injury 3. +3 Days/Hospitalised 4. Major Injury/Permanent Disability 5. Fatality

Probability = 1. Very Unlikely 2. Unlikely 3. Fairly Likely 4. Likely 5. Very Likely

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| Review Date: April 2022 |
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