

## **Independent Living – please spread the word about this new website**

The Independent Living Centre has a new online showroom, displaying many of the useful gadgets which can help people with disabilities live independently. The website has sections on cooking, eating, resting, sleeping, mobility, enjoying life and staying safe. There are links to useful local and national websites, a Further Learning section and an online form which people can use to get assessed.

Shared between Dundee & Angus, the website should make the Centre much more accessible to people who may struggle to find the time and transport to visit in person. Dundee Voluntary Action (DVA) produced the website; Creative Orange handled design and Broxden built it.

Alexis Chappell, Locality Manager with the Dundee Health & Social Care Partnership, said, "We really need people to spread the word about this new website, so that more people with disabilities can find out about the really good things on offer from the Centre. So please share the link on social media, and tell anyone you meet who might find the website useful."

The site is at [www.ilda.scot](http://www.ilda.scot)



### **Videoconsulting is catching on...**

Some outpatients may no longer need to attend Ninewells or other clinics for appointments if a Scottish Government initiative is adopted. Attend Anywhere provides swift and easy video calling using Google Chrome. Some clinicians in Tayside are already using this to avoid bringing people into clinics, and also cut out unnecessary travel (see video at <https://www.youtube.com/watch?v=wqD9qxJFaFo>)

NHS Highland is rolling out Attend Anywhere under the brand "NHS Highland Near Me", and there are stirrings of interest in this scheme within NHS Tayside. Voluntary organisations involved in care and healthcare can also use this system and Alzheimer's Scotland are early adopters.

Dundee Voluntary Action's Technology Enabled Care project has been promoting the idea locally, and says that there is a clear demand from those clinicians who do not require to examine patients physically. DVA has also been talking to community groups, and finding that most people would use video calling for consultations if confidentiality could be assured.



One potential problem is that some people will not have access to a computer, a tablet or a smartphone. Some may not have broadband or a mobile data connection. DVA is working positively with libraries, community centres and others to find solutions.

For more information about Attend Anywhere, email [jimmyblack@dva.scot](mailto:jimmyblack@dva.scot), or visit <https://sctt.org.uk/>