



The Corner health, information & peer-led services aims to work with young people in a manner which reflects the principles stated in the "UN Convention on the Rights of the Child". It strives to redress the inequalities experienced by young people through offering them assistance to develop skills and confidence, and support to move forward and make positive choices in their lives. The Corner offers a broad range of health, information and peer-led services for young people. This is carried out in partnership with other agencies. A wide range of reports and promotional resources can be accessed by contacting the Corner.

The Corner is based in the centre of Dundee and offers a wide range of Health & Peer-led services to young people aged 11-19 through the Drop-in centre and outreach work in local schools and communities. Services are free, informal and confidential and include;

- Range of contraception and pregnancy testing, sexually transmitted infection (STI) screening
- Information on a wide range of topics including drugs, housing and health promotion
- Individual Support and Support U+ (Counselling) on a range of issues relevant to young people, at their pace
- Support to access legal advice, training & employment services
- Access to PCs and internet
- Events and Support / Interest based opportunities focusing on a wide range of issues and needs
- Outreach with young people in schools, colleges and community bases
- Local base for LGBT Development Worker
- The Peer-led Service's Healthy Transitions Team trains S2 pupils in all High Schools to deliver a programme focussing on risk-taking behaviour to P7 pupils in the associated cluster schools
- Aim for Schools – eight newly appointment Health & Wellbeing Workers managed by The Corner work in partnership to provide early intervention (primarily S1–S2) to improve / maintain attendance and attainment levels of young people with emotional health and wellbeing needs focussing on anxiety issues

If you want to assist a young person to access any of The Corner services, contact staff on 01382 206060, visit our website www.thecorner.co.uk or encourage the young person to attend drop-in during opening hours. The Corner will strive to make special efforts to try to meet the needs of any individual or group, please contact staff to discuss. If you wish to request Corner input for Outreach or Inreach services please email office.corner@nhs.net.

Health and Wellbeing Workers at the Corner

As part of the Scottish Government's Attainment challenge, an exciting and innovative new project (fixed term-August 2017- December 2019) has been created in partnership with Children and Families service and supported by the Dundee HSCP.

Building on the existing AIM (anxiety in motion) offsite Citywide education provision, **Eight Health and Wellbeing Workers** (H&WB) have been recruited as part of the AIM for schools programme and are managed by the Corner to work in partnership with the eight secondary schools across Dundee.

This multi-profession team, who are based full time in schools, have a wealth of experience working with young people in a variety of settings, and work closely within a wider schools team. The key aim is to provide early intervention (primarily to S1-S2 school pupils) to improve / maintain attendance and attainment levels of young people with emotional health and wellbeing needs, focussing primarily on anxiety issues.

The workers also contribute to a whole school approach in raising awareness of anxiety with school pupils. They also work with school staff to identify and work with pupils displaying early signs of anxiety, as well as linking with City wide relevant support and health services.

This is a fantastic opportunity for young people and school staff to benefit from this additional support in schools.

The first full academic year 2017-2018 has seen great progress being made with the Health and Wellbeing workers integrating well in all secondary schools.

In each secondary school, the workers regularly provide 1:1 support to young people, complimented by groupwork, health drop-ins, and targeted work to increase the number of young people receiving support.

A 1st year report will be available from mid September.

For further information on this work or to get a copy of the report, please contact garyfinlayson@nhs.net.

Peer Led Services at The Corner

The process has begun to recruit 200 new peer educators to be trained and design resources to plan their health and wellbeing deliveries to each primary 7 class in the city. Senior peer educators are involved as peer trainers and in developing new initiatives in schools and communities. One example is **Douglas Positive Minds** – a community based peer led approach to young people's emotional health and well being. This 3 year project is delivered in partnership with the Dundee East Youth Team and Rocksolid Youth Project in Douglas. The pilot year which is

drawing to an end, has involved young people delivering emotional health and wellbeing sessions to their peers in small groups and at community events. They are currently planning a community based event focussing on emotional health, mindfulness and exercise. Some funding to support this initiative is provided by Our Place 2 as part of a wider Young Peoples Mental Health and Wellbeing Plan.

For further information contact leighglennie@nhs.net or Fiona Mcgrath f.mgrath@nhs.net

Dundee Community Art Project, Re-formation.

RE-FORMATION is a community art project celebrating and promoting young people's ideas, skills and achievements as part of Scottish Government's Year of Young People 2018. It is a large scale City wide partnership project, co-designed and delivered by young people from school and community groups across Dundee. The project plans to transform the pedestrianised part of Reform Street on 29th & 30th September, covering the cobbles with inspirational words, designs and images to create a vibrant and uplifting atmosphere for the wider community.

For further information about the project please contact Laura Cooney l.cooney1@nhs.net



Reformation Funders
Guide (3).pdf

Tackling Period Poverty

As part of the Scottish Government's commitment to tackling period poverty, from August the Corner is delighted to be a host centre by handing out free sanitary products within its City centre drop-in service.

The Corner has also supported Dundee Children and Families service by holding a consultation aimed at understanding what types of sanitary products young people would like to use, where they would like to access them, and how much knowledge they have about the types of sanitary products available.

For further information please contact Deborah.syme@nhs.net.