

Dundee Carers Centre – Coming soon to a community near you!

Carer Support staff and volunteers will be out and about in local communities in the next few months, getting to know carers, their families and communities to find out how we can best work with you to ensure that all the carers in Dundee are identified and receive the support they need, when they need it, whether that be in work life, family life, community life or balancing these aspects of life with a caring role.

We can't do this alone, and in Strathmartine & Coldsides we worked alongside local carers and community members to plan and develop the approach and developed new opportunities for carers in those communities alongside schools, churches, community centres, health & social care teams and other third sector agencies.

If you are a carer in Dundee and you would like to get involved with us in your community we'd love to hear from you – please get in touch on 01382 200422 and ask for Laura or Indigo or email centre@dundecarerscentre.org.uk

If you are a community organisation or group in Dundee that would like to hear more about Dundee Carers Centre and the opportunities for you to work with us to improve outcomes for carers in Dundee we would love to hear from you – please get in touch on 01382 200422 and ask for Laura or Indigo or email centre@dundecarerscentre.org.uk



"Through working with the Carers Centre I have a better understanding of who carers are and that many people who are carers and would be entitled to support, financial or otherwise, do not consider themselves to be carers." (Community Worker)

"I feel my knowledge and understanding has increased through working in partnership with the Carers Centre, as well as meeting and working with carers. As a result, am much more confident in identifying and supporting carers." (Keep Well Team)