

NOTE OF MEETING

Subject:North East Local Community Planning PartnershipDate:27 FEBRUARY 2023

Location: Finmill Centre

| Item | | Action |
|------|---|--------|
| | Present | |
| | Paul Fleming, Locality Leader | |
| | Natalie Mackland, DCC Community Empowerment | |
| | Sarah Barham, DCC Community Empowerment | |
| | Alan Fraser, DCC Community Empowerment | |
| | Bailie Sawers, DCC | |
| | Cllr Steven Rome, DCC | |
| | Wilma Barbour, comm volunteer | |
| | Chris Bonnar, SF&RS | |
| | Angela Bradley, comm volunteer | |
| | Gillian McFarlane, Dundee Carers Centre | |
| | Sandy Boyd, DCC Environment | |
| | Carrie Livie, DCC Youth Work | |
| | In attendance Dominic Venditozzi | |

| | Apologies | |
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| | Cllr Jax Finnegan, DCC | |
| | David Gray, DCC City Development | |
| | Lynsey Jackson, Police Scotland | |
| | Alison MacAulay, DCC youth work | |
| | Jud Clark, DVVA | |
| | Christine Dallas, DCC Community Health Team | |
| | Pamela McLaughlin, Whitfield Community Hub | |
| | David Baker and Louise Barclay, Roundhouse | |
| | Lesley Elder, Braeview Academy | |
| | Lydia Banks, Angus HA | |
| | Bobbie Lawson We Are With You | |
| | Jenny Hill, H&SCP | |
| | | |
| 1 | Introductions – Paul Fleming | |
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| | Paul welcomed all to the meeting. | |
| | | |
| 2 | Together to Thrive – Dominic Venditozzi, Project Manager | |
| | | |
| | Dominic shared information about the Dundee Together to Thrive test and learn project which is running | |
| | from Sept 2022 until Feb 2024. | |
| | | |
| | The overarching goal of the project is to improve the mental health and wellbeing of children (aged 5-11) | |
| | with neuro developmental needs, by adopting and redirecting specialist interventions and support to | |
| | community-based settings. In essence, with lengthening waiting lists for specialist services, the project will | |
| | see community-based organisations trained by experts in the field around a number of specific support areas | |
| | including sleep, sensory, adverse childhood experiences/child brain development, relationships and develop | |
| | an online resource of support material. | |
| | | |

| | Support and training will then be offered to up to 10 families from each of the cluster primary schools associated with Craigie HS, Braeview and Baldragon Academy's within the community. There will be a mix of formal and informal learning, group support and 1-2-1 support offered. It is expected that half of the families will already have a referral to specialist services and the others will have been identified as likely benefitting from access to support. | | | | | |
|---|--|--|--|--|--|--|
| | The Community Empowerment Team are connected with the project to help identify and make available community venues from which to deliver sessions, to support and engage with the families, encouraging attendance, helping to identify and address any barriers to engagement and supporting any longer term peer support needs. | | | | | |
| | Dominic was thanked for his input and agreed to provide further updates to the LCPP as the project develops. | | | | | |
| 3 | Minute of Last Meeting and Matters Arising | | | | | |
| | Amendment – the meeting was hosted at Finmill Centre, not MoM Community Hub. | | | | | |
| | Anti-Social Behaviour at NEC - The severity and number of incidents in that vicinity have lessened. | | | | | |
| | 5 nights youth provision is available across the ward every week with food provided and numbers attending are increasing. | | | | | |
| | A number of specific responses have been undertaken/developed. Targeted group work with partners including youth work, Angus Housing Association and Community Wardens. | | | | | |
| | Youth provision has returned to the NEC in the last week, 40-50 young people accessing Tuesday and Friday evenings. | | | | | |
| | A Partnership has developed with DFC, looking to expand provision with football coaches on a Friday evening. | | | | | |
| | Youth team are also delivering tea time provision at Fairfield on Thursday nights at the 3G pitch. | | | | | |

| | Pupil support worker at Braeview and will be coordinating a community safety event in Braevire in due course. | |
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| | With thanks to Community Regeneration Funding, 70 young people from the north east ward attended panto and 45 received coats. | |
| 4 | Local Community Plan Update | |
| | Going forward, it was agreed that the Local Community Plan will be shared in advance of each Partnership meeting to allow those responsible for progressing action to update the document. | NM |
| | It was further noted that there is much work happening, and in development, across the ward which is delivering towards the LCP and that we should look to trap all progress I the LCP update each quarter. | |
| A | Cost of Living Crisis: | |
| | Improving mental health and wellbeing theme: | |
| | Seated exercise, dancefit, ladies only self-defence and hoping to introduce drama therapy. Spoken with | |
| | SAMH regarding their new programme achieving active lives. Hopeful it will lead to some partnership | |
| | working to improve the lives of men across the ward. | |
| | Improve accessibility and use of community facilities and spaces Whitfield | |
| | Partnership working with DVVA to deliver community budget cooking sessions within the crescent kitchen. | |
| | Partnership working with Angus housing for greet, eat and meet project and training on community cook it | |
| | provided as a result of this partnership. Attended You're not alone on a Saturday to chat with locals and | |
| | actively promoting this group across the ward as they are a source for food provision on a Saturday. | |
| | Improve the lives of children and families by embedding the What Matters To You Approach | |
| | A planning meeting is scheduled for w/c 6 th March with local families who attended a recent cost of living | |
| | sub group meeting. The families are all keen to create family activities within the finmill centre as there are | |
| | currently no available groups. They would be keen to have food involved too as a means to help all involved | |
| | with the current cost of living crisis. | |
| | Creating support local hubs across the ward where services offer financial, legal and employability advice and | |
| | support in the community | |

Connect money advice team are now based in the centre every Wednesday between 11-2pm We held a pop up energy / financial advice session with scarf, Abertay housing, angus housing and connect all had a stall and spoke to 28 members of the community.

B Climate Change

Theme Group:

Initial contact has been made with a number of individuals and organisations resident or operating in N.E. sounding them out in regard to the establishment of this group which will be tasked with taking forward the Climate Change LCP action. Responses have been positive and invitations will be going out in the near future to an in initial meeting.

Green space matters:

Litter and fly-tipping are ongoing problems which make it hard for people to take pride in the area or value the great spaces that exist. There are mechanisms for citizens to become active in this regard through the instigation of litter abatement orders. Collaboration among local orgs could help to alleviate this problem.

North East Playparks, following a significant response to a social media post re playparks. Comm Empowerment Team in collaboration with Angus Housing Association and others are facilitating a playpark consultation with the aim of establishing an action group to progress the rehabilitation and upgrading of playparks in the area focussing initially on the one on Longhaugh Rd beside the nursery.

Fintry Community Garden, this group is making progress again with support from Comm Empowerment Team with construction of raised beds continuing and completion of polycrub structure underway. Participants are attending weekly sessions to undertake work required in preparation for imminent growing season.

An event is being planned for the Easter Holidays facilitated by Discovering Families and supported by 3rd year Comm Ed student on placement with Comm Empowerment Team.

Roundhouse Growing Space, Roundhouse (Signpost) have established a fantastic growing space at their premises with some support from Comm Empowerment Team in terms of advice and funding from CRF.

Whitfield Greenspace Group, is now a constituted group merging the former Root & Branch project with The Old Bowling Green Community Garden Group. The group are in the process of opening a bank account and will be applying for funding from appropriate bodies as opportunities arise to further its aims.

- Recent activities have included construction and placement of Bat-boxes at Middleton Wood in collaboration with Community Environment Officer
- Pruning trees and coppicing Hazel within the wood
- Litter-picking within the wood
- Making amphibian ladders

The group have also highlighted the chronic fly-tipping problem at the Burnside of Duntrune Road entrance and are liaising with Community Safety Wardens to monitor the situation.

The Old Bowling Green Community Garden is also progressing with raised beds being constructed within the polytunnel and basic groundwork continuing. Collaboration with Ballumbie P.S. continues with a group from the school visiting weekly to undertake a variety of activities currently being facilitated by 3rd year Comm Ed student and School and Family Support Worker

Health and Wellbeing

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<u>Alcohol and Drugs Partnership</u>: decentralised funding to improve health and wellbeing for people affected by substance use, there has been an evaluation of process to date.

Across the city, sub groups have been established to make decisions about how an allocation of £10,000 Alcohol and Drugs Partnership (ADP) Funding should be spent to support those impacted by substance use.

The main findings were improved partnership working in local areas, increased community involvement in sub groups including many individuals with lived experience, funding stimulated a range of new initiatives to improve health.

There is a recommendation that substance use services improve links with the sub groups and community supports and that the ADP should continue with further funding next financial year, see funding update below for north east developments.

Theme group:

The ADP sub group in the north east is taking forward the action contained within the health, wellbeing and recovery section of the Local Community Plan. The group met on 22nd February and agreed to broaden membership, identifying additional partners who can drive implementation.

Opportunities for people experiencing poor mental health or who are in recovery to participate in their community

Support to Resolve and Evolve Recovery Friendly Drop In Finmill, Tuesday 13.00-15.00, providing peer support, soup and hot rolls etc. SMART meeting - Monday 10-12pm - We Are With You/Crossreach - Roundhouse Building, hillwalking programme - April 2023 / 9 weeks - Ancrum Outdoor Centre. NHS Keepwell

Improve and develop links and referral routes for people experiencing poor mental health or addiction into community supports

Ran peer mentor training to support positive mental health at Finmill, group ended xmas 2022. We Are With You - access to 1:1 structured support, brief interventions or Pathways 2 Recovery (Residential/Community Rehabilitation) - self referral.

Programmes to reduce stigma

Health Issues in The Community Finmill 13.00-15.00 (closed group). Family/Concerned other Group work -Tuesday 10am -12pm (blocks 6 weeks) -We Are With You/Carers Centre/Scottish Families Affected by Drugs -Roundhouse Building.

D Empowering Communities

Theme Group:

It was intended that the North East 3rd Sector Network would lead this theme. Unfortunately, the community planning lead at Dundee Volunteer and Voluntary Action who chaired that grouping will not be funded going forward and the future of the network is unclear.

The update to be shared in advance of next meeting will show progress made.

| 5 | Funding Update | | | | |
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| A | Community Regeneration Fund: | | | | |
| | Much of the recent CRF funding has gone to projects or initiatives addressing cost of living crisis needs. These include refurbishment of the kitchen by OPFS at Grampian Gardens. This allows them to prepare food for children and families thereby alleviating budget strain. This also applies in youth work settings where CRF has provided funding for Christmas hampers and warm jackets as well as fun activities not otherwise available to cash strapped families. Libraries have been funded to provide warm spaces and hot drinks. The Community Empowerment Team have also been active in this by using a funding bid to provide domestic items which can provide warmth and reduce energy bills. Similarly, Fintry Out of School Care have also provided hampers to families experiencing financial difficulties. With the onset of spring it is to be hoped applications will begin to address other needs. Applications for annual provision are in for the coming financial year and will be considered at the next forum meeting on March 1 st . This will be a very busy meeting, Decision tables and budgets available. | | | | |
| | The recent DCC budget confirmed a reduction of £7,500 revenue funding available to CRF in the North East. Across the City, additional expenditure has been made available for a number of social responses, including supporting Dundee's food network, tackling social inequality, community support and youth diversionary activities and community environmental improvements. | | | | |
| | Alcohol and Drugs Partnership Funding: | | | | |
| В | Since the LCPP last met a proposal from the NHS Keep Well team to offer Stepping Stones and Mind Matters courses was submitted, and approved by members of eth sub group via email. | | | | |
| | The aim of these courses is to improve mental wellbeing to participants and allow them to develop coping strategies and skills. Activity | | | | |

| Courses are designed to run one | after the other | | | | | | |
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| • Stepping Stones (SS) is attended first with progression on to Minds Matters (MM) | | | | | | | |
| • SS last for 10 weeks and MM 12 v | | | | | | | |
| Both courses have allocation for 10 participants | | | | | | | |
| Topics covered include stress, anxiety, relaxation, mindfulness, food and mood etc | | | | | | | |
| Expected outcomes | | | | | | | |
| Increase knowledge of mental he | | ognising signs and s | ymptoms | | | | |
| Increase in ability to cope with str | | | | | | | |
| Build confidence in an informal, r | | | | | | | |
| Increase confidence and belief in | , | | | | | | |
| Improve confidence to attend fut | | | | | | | |
| Provide structure to participants' day | | | | | | | |
| | | | | | | | |
| Total costs approved £1430 | | | | | | | |
| Total costs approved £1430 | | | | | | | |
| | Total | 1 | | | | | |
| Total costs approved £1430 | Total | | | | | | |
| Total costs approved £1430 £10,000 allocated to North East Ward in | Total Amount Authorised | Amount Spent | Amount Left | | | | |
| Total costs approved £1430 | | Amount Spent | Amount Left | | | | |
| Total costs approved £1430 £10,000 allocated to North East Ward in | | Amount Spent £1,685.00 | Amount Left 0 | | | | |
| Total costs approved £1430 £10,000 allocated to North East Ward in Project | Amount Authorised £1,685.00 | | | | | | |
| Total costs approved £1430 £10,000 allocated to North East Ward in Project Jewellery Making Project | Amount Authorised £1,685.00 | £1,685.00 | 0 | | | | |
| Total costs approved £1430 £10,000 allocated to North East Ward in Project Jewellery Making Project | Amount Authorised £1,685.00 £231.99 | £1,685.00 | 0 | | | | |
| Total costs approved £1430 £10,000 allocated to North East Ward in Project Jewellery Making Project We are With You (Table Tennis Table) | Amount Authorised £1,685.00 £231.99 | £1,685.00 £231.99 | 0 0 | | | | |

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| | Art Project - Reduce Stigma for Substance | £2,000 | £2,000 | 0 | |
| | Resolve and Evolve | £1,340.47 | £764.20 | £576.27 | |
| | NHS Keep Well Mind Matters and Stepping Stones | £1430 | £200 | £1230 | |
| | Tota | £8427.46 | £6621.19 | £3378.81 | |
| | Consideration has been given to possible future proposals : drive nights to promote recovery groups, opportunities to engage, integrate recovery into community life etc, alternatively, open air event(s) at the bowling green possible peer worker / buddy scheme at We Are With You | | | | |
| 6 | AOCB | | | | |
| | Cllr Rome and Sandy Boyd of Environment shared information about a proposed community clean up in the ward, this follows on from other successful events in other wards. Dates and specifics yet to be determined, community empowerment team keen to be involved. | | | | |
| | Chris Bonar of Scottish Fire and Rescue Service thanked those who played a part in the cost of living crisis xmas toy appeal which saw 200 gifts were. This will become an annual fundraising and coordination activity for SF&RS. | | | | |
| | There have been a number of sporadic/sma has been created in response to this. Liasing stepped up. | | - | | |
| | Gillian McFarlane of Dundee carers Centre s fund. | nding available through | the winter assistance | | |

| 7 | DONM 23 rd May at 6pm in Michelin Scotland Innovation Parc 24 th Aug 6pm 28 th Nov 2pm | |
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