Scottish Mountain Bike Trails

DUNDEE: ROUTE NO.2

BALGAY TRAIL





STARTING POINT(S)

Join the loop at the entrance to Balgay Park off Glamis Road

SUMMARY

Climb to the top of Balgay on narrow woodland paths and tarmac roads.

MAX HEIGHT GAINED

40 m

LENGTH

2.2 km



Scottish Mountain Bike Trails DUNDEE: BALGAY TRAIL CYCLE DUNDEE'S GREEN SPACES

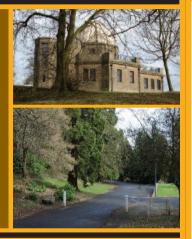
For more information on mountain biking in Dundee:

Ancrum Outdoor Education: www.ancrum.com www.developingmountainbikinginscotland.com Dundee Access Officer: www.dundeecity.gov.uk/outaccess



ROUTE DESCRIPTION

An off road path starts next to the Yew bushes at the gateway. The path follows the wall at the edge of Lochee Park. At the top, cross the road, passed the bollards to continue climbing. Turn right and keep to the right to go behind the observatory, following the track around the top of the hill. Turn right again at the gate to descend, keeping to the right at the bottom. Take the right turn at the old bandstand, going under the bridge to the starting point. Take a detour to the top of the Planet Trail for a great view. Balgay is easy to access from the Greenways cycle routes.



DO THE RIDE THING

One thing that helps make Dundee's green spaces great for mountain biking is Scotland's much respected access legislation. Here's some advice from the Scotlish Outdoor Access Code:

- Take responsibility for your own actions.
- Respect people's privacy and peace of mind.
- Help land managers and other work safely and effectively.
- Care for your environment.
 Do not disturb wildlife, leave the environment as you find it and follow the path or track.

We also ask:

- Keep off fragile tracks if they are wet and liable to erosion, try to stick to the line of the path.
- Please do your bit to keep our green spaces great.
- Be prepared to stop for other path users.

Route Specifics

- Traffic uses the road up to the observatory. Please be aware of cars.
- Balgay is very busy with dog walkers and family groups.
 Be prepared to stop if necessary.

BIKE SHOPS IN DUNDEE

Spokes 272 Perth Road, DD2 1AE. 01382 666644

The Bike Worx 18b Exchange Street, DD1 3DL. 01382 225354

Nicolsons Cycles 2-4 Forfar Road, DD4 7AR. 01382 461010

Halfords Kingsway West, DD3 8RX. 0871 4322565

Lanka House Group Barns of Claverhouse, DD4 9RA. 01382 505683 Cycle Stop Dewar House, Staffa Place, DD2 3SX 01382 322331

OTHER PLACES TO RIDE

Large selection of routes for all abilities – www.cyclehighlandperthshire.com

Tayside and Fife's technically challenging trail centre – **www.comriecroftbikes.co.uk**

Jump park, skills courses & singletrack – Lochore Meadows -

www.meediesmtbclub.co.uk

Forestry Commission Scotland manage mountain bike centres across Scotland with trails for all abilities.

www.forestry.gov.uk/mtbscotland





Discovery Junior Cycle Club is looking for new members and volunteers for Dundee's only mountain bike club. See www.discoveryicc.com for information.



