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| **Street League – Street Sports** |
| **Specialist Support for: Jobless residents in Dundee aged 16-30** |
| **What are we doing and how are we doing it?** | We deliver a structured programme of learning through sport, developing core employability skills that promote independence and help individuals make informed choices about their options for progression. We also provide young people with the skills, knowledge and experience to move into full time, sustainable, employment. We offer ‘Street Sport’ sessions with small groups or 1-1 registrations.Clients attend sport taster sessions and 1-1 ‘social or jobclub’ activity to meet staff and discuss support requirements and goals. Group and individual work focuses on confidence building, personal identity, self- awareness, barrier removal and motivation for change for each client.Our provision is tailored for each of our clients and we aim to provide an environment where young people can engage with Street League in an informal way and receive 1-1 support to update CV’s/apply for jobs or college etc. whilst attending as little as one sport session per week. There is the option of 1-1 in a coffee shop/library and/or sporting setting to receive workshop type activity and develop core employability skills that promote independence and help individuals make informed choices about their options for progression.We provide support by a dedicated key worker to each client for six months after they have left our programme.  |
| **Who’s Eligible?** | People aged 16-30 who are not in employment, education or training. |
| **Target Audience:** | Unemployed clients in Dundee aged 16 – 30. |
| **When can we apply?** | Anytime Mon - Fri 9am-5pm. |
| **Where will it be held?** | The service currently runs from multiple venues covering Dundee.Street League also base staff at/in community centres/halls etc. in several locations across the city and engage with clients in their local area where possible and relevant.We access libraries and utilise coffee shops and other hospitality settings for 1-1 activities as part of our programmes too – and this again allows for ease in providing true city-wide coverage.**Monday football taster 2-3pm Douglas Sports Centre- Baldovie Terrace, Dundee DD4 8TGWednesday football taster 1-3pm Menzieshill Community Centre- Orleans Place, Dundee DD2 4BH****Tuesday and Thursdays fitness tasters – Times by appointment Xercise4less- Wellgate Centre, Dundee, DD1 2DB** |
| **How do we refer?** | The referral process is very flexible – the intention is to meet with potential participants face to face to allow for an informal discussion.We welcome email or telephone contact in the first instance. Weekly taster sessions for those interested in joining our provision to attend and participate in free sport activity and get to meet our staff etc. People can attend these sessions regularly before registration to any ‘formal’ programme.The Street League website has the facility to enquire about accessing our services in local areas, and we have a strong social media presence. |
| **Contact Details** | Cheryl Jenkins, operations Manager 07826518462 cheryl.jenkins@streetleague.co.ukJordan McMahon, Progressions Co-ordinator 07789917205 jordan.mcmahon@streetleague.co.ukMisha Kelly, Progressions Co-ordinator 07580995463 misha.kelly@streetleague.co.ukSuite 16 Marketgait Business Centre, 152 West Marketgait, Dundee, DD1 1NJ [www.streetleague.co.uk](http://www.streetleague.co.uk) |
| **Stages Covered** | 1, 2, 3, 4, 5(a) |
| Additional Information |