**Venture Trust – Inspiring Young Futures**

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| **Specialist Support for: Jobless residents in Dundee aged 16-21 with multiple barriers** | |
| **What are we doing and how are we doing it?** | Outreach workers complete detailed needs assessments to ensure eligibility for the programme and engage clients on the programme. Stage 1 programme includes 1:to:1, group work sessions, phone and text to build a trusting relationship. Sessions focus on:  • Initial goal-setting – through 1-to-1 sessions plus referrer information, forms basis of personalised Action Plan  • Initial barrier removal – coaching to begin changing negative behaviours, plus inter-agency work/sign-posting where required (e.g. liaison with housing providers/teams to stabilise accommodation situation; with lawyers re. court dates/charges; with substance abuse services to stabilise or reduce drug/alcohol consumption).  • flexible 1-to-1 personal development sessions to develop aspiration, goal setting, & support initial barrier removal.  The objective is to prepare & progress clients towards Stage 2 services, either with Venture Trust or other providers, and/or to link clients into relevant services where longer-term barrier removal is required first. There is a flexible timeframe (4-12 weeks) reviewed regularly with each client, with intensity of support varied according to individual need, circumstances & pace of progression towards Stage 2.  With additional community-based 1-to-1 support & groupwork sessions by outreach teams, clients are prepared for an 8-day wilderness based personal development & coreskills training course. Each client leaves with a revised personal Action Plan for use at home, plus a personalised progress report shared with referral partners.  Upon return home, aftercare support (in the form of 1-to-1 mentoring, advice, pastoral support & encouragement from their designated outreach worker) is guided by a client’s original goals & Action Plan. Additional sign-posting & brokered access to a wide range of services, agencies & groups is undertaken according to individual need. Clients may also access our series of ‘Speak Up’ employability sessions, focusing upon verbal presentation in group settings, interview skills, & ‘speaking up’ in writing via covering letters, CVs or applications. |
| **Who’s Eligible?** | Young people aged 16-21 (young people who have been in care - up to age 25) & one or more of the barriers listed |
| **Target Audience:** | IYF particularly targets those struggling with/disengaged from mainstream services and facing one or more of the following issues: care-experienced background, involvement in offending / anti-social behaviour, history of substance misuse, homelessness, low academic achievement, fragmented family relationships, early stage social work involvement. |
| **When can we apply?** | Office hours |
| **Where will it be held?** | Outreach workers based in Dundee. Flexible community-based 1-to-1 support (Stage 1), & then Stage 2 which is a combination of 1:to;1 sessions, groupwork sessions, an intensive 8 day wilderness-based personal development residential journey, aftercare (1-to-1 advice, mentoring & support plus bespoke employability sessions & brokered opportunities appropriate to individual need). |
| **How do we refer?** | Referrals can be made by contacting either:   |  |  | | --- | --- | | Clare Dyer | Catrina Gourlay | | clare@venturetrust.org.uk | catrina@venturetrust.org.uk | | 07785619605 | 07791011614 | |
| **Contact Details** | Name: Gordon Thomson, Outreach Manager (Forth, Tay and North Hub)  Tel: 07557281803, Argyle House, Lady Lawson St, Edinburgh EH3 9DR , 0131 2287700, [www.venturetrust.org.uk](http://www.venturetrust.org.uk) |
| **Stages Covered** | 1, 2, 3 |
| Additional Information | |